



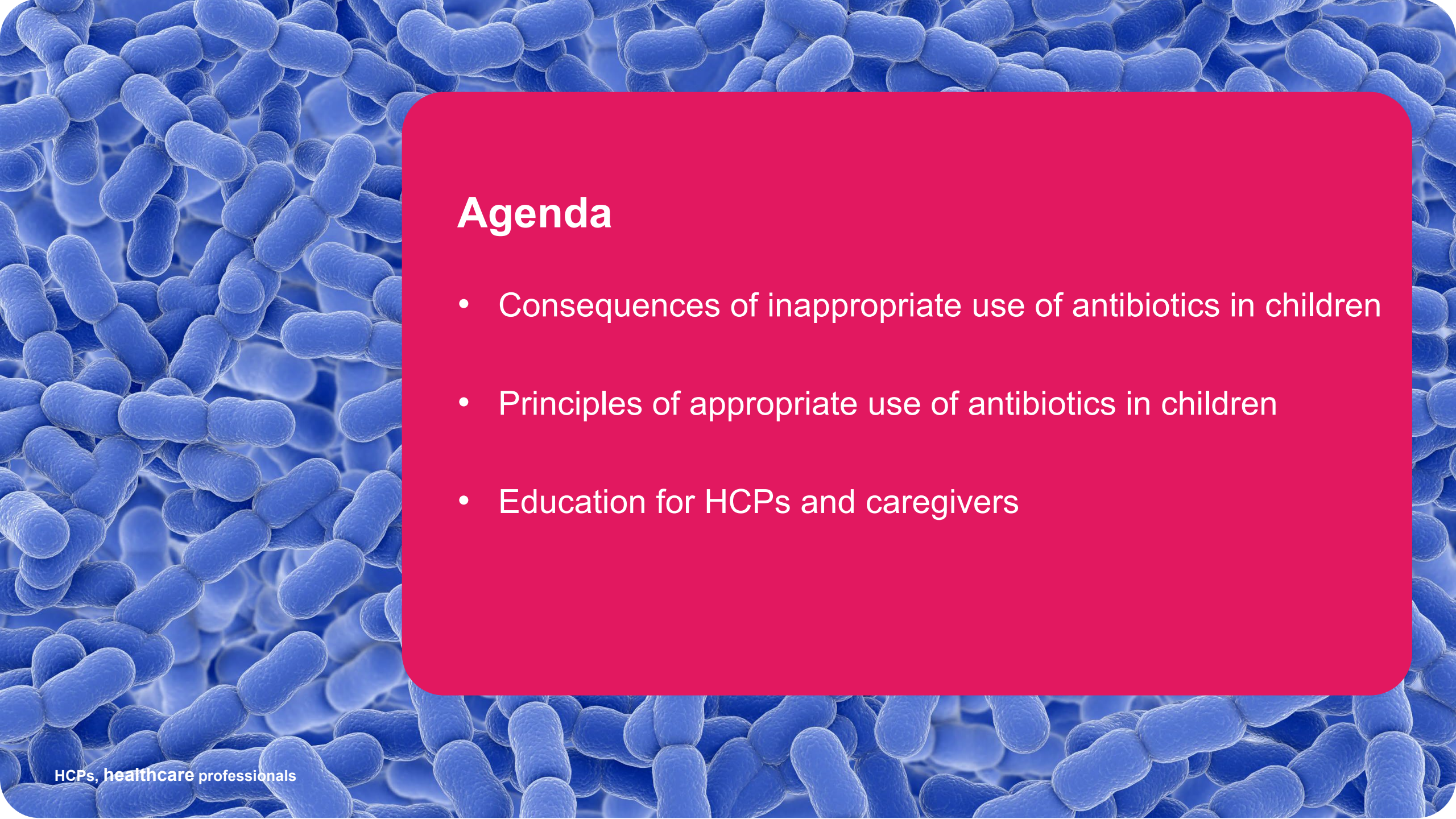
Si utilizzano i nuovi antibiotici in pediatria? Quali e perché?

Susanna Esposito

Clinica Pediatrica

Ospedale dei Bambini Pietro Barilla

Università di Parma, Parma

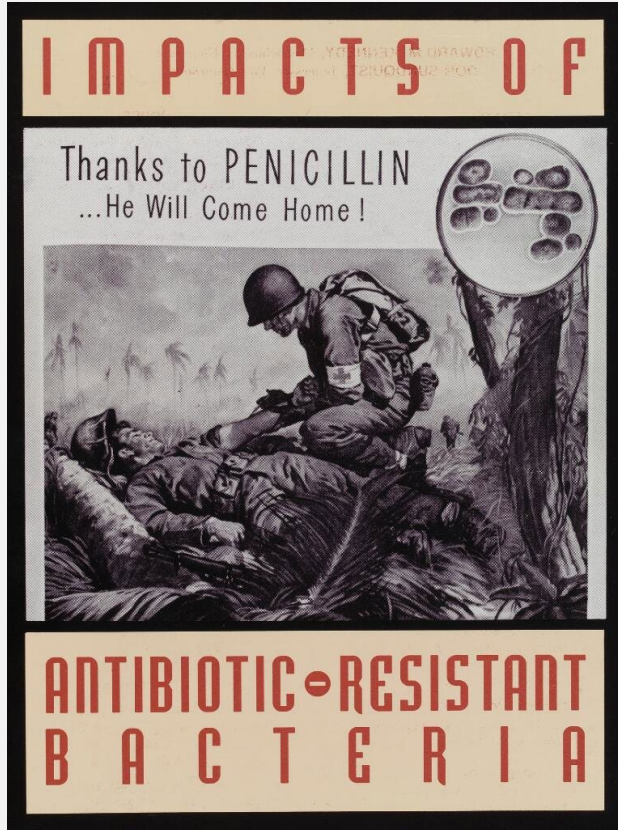


Agenda

- Consequences of inappropriate use of antibiotics in children
- Principles of appropriate use of antibiotics in children
- Education for HCPs and caregivers

A very short life-span

1944



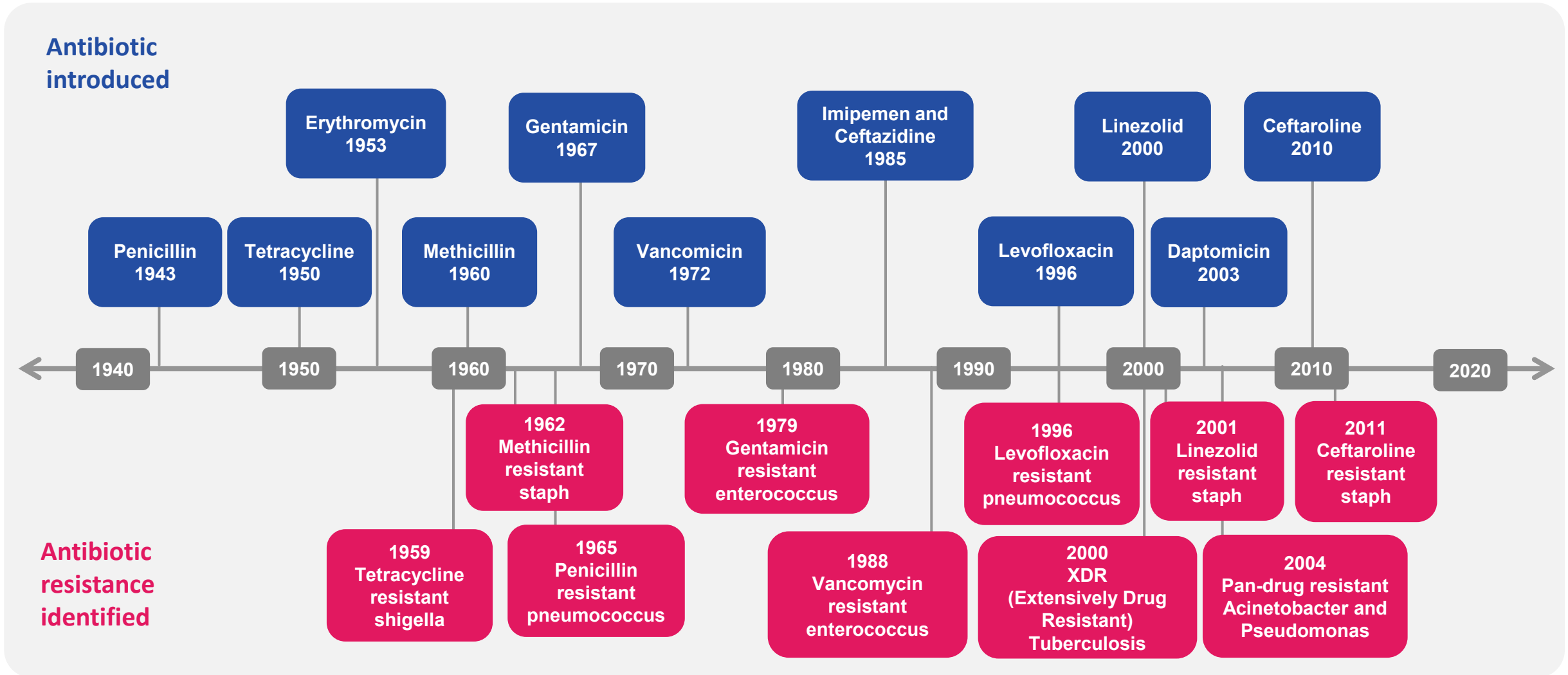
Wellcome Collection. Available at:
<https://wellcomecollection.org/works/hvnh4r46>. Accessed October 2022

2016

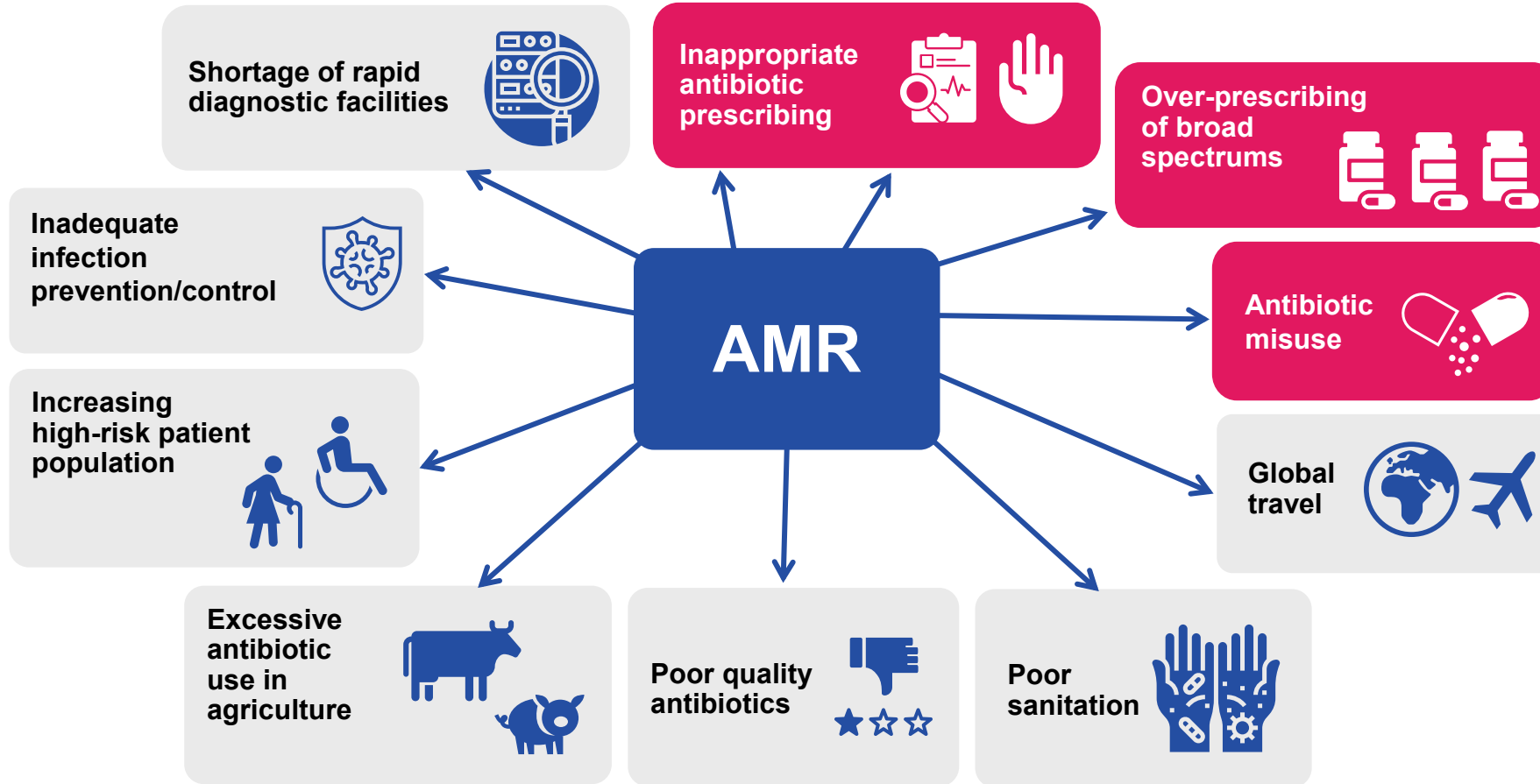


The Economist: May 21st 2016. Available at:
<https://www.economist.com/weeklyedition/2016-05-21>. Accessed October 2022

Antibiotic use drives resistance



Major drivers of the development and spread of AMR¹⁻³



The world urgently needs to change the way it prescribes and uses antibiotics. Even if new medicines are developed, without behaviour change, antibiotic resistance will remain a major threat'

WHO 2020⁴

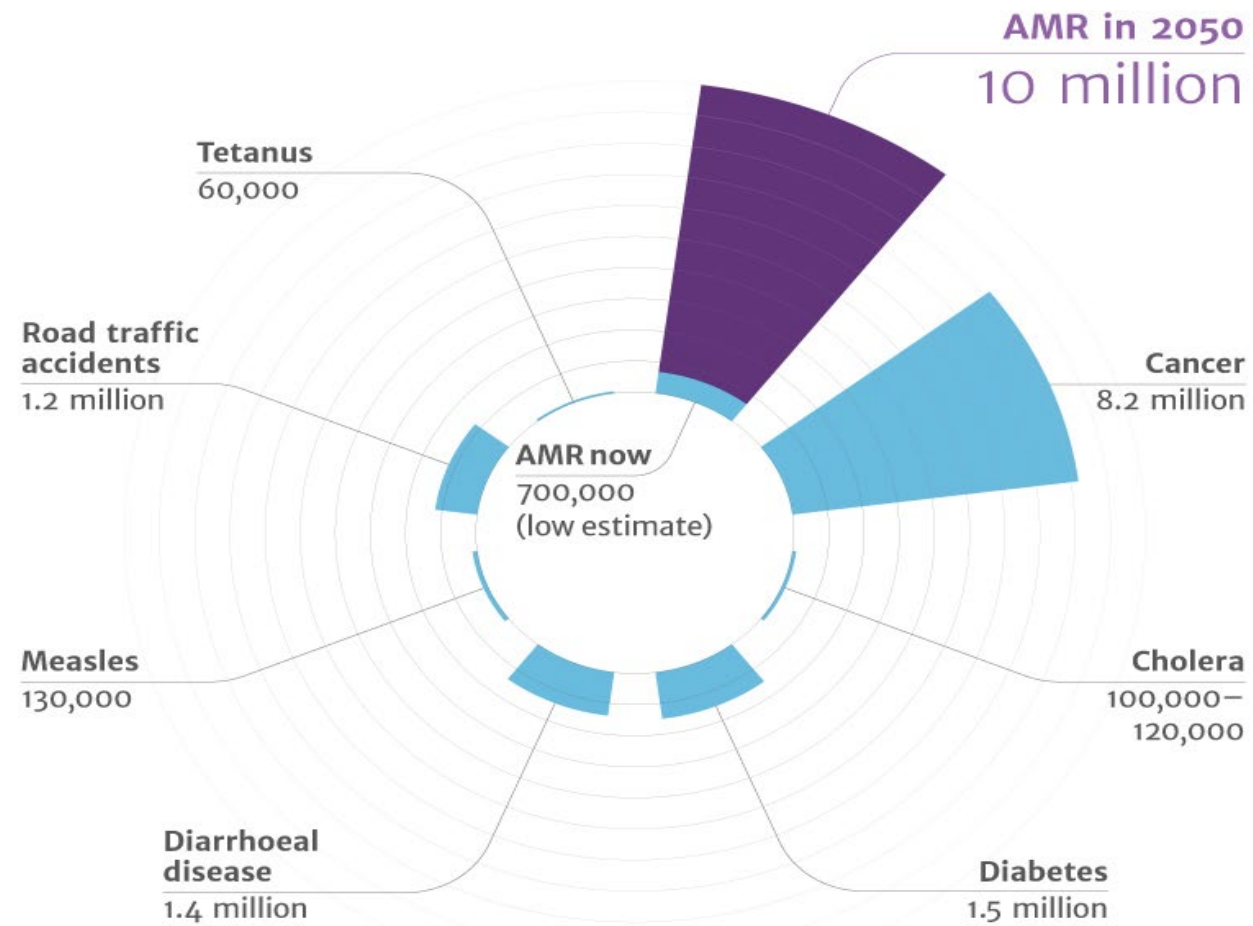
AMR, antimicrobial resistance; WHO, World Health Organization.

1. Watkins RR, et al. *Infect Dis Clin N Am* 2016;30:313–22. 2. Laxminarayan R, et al. *Lancet Infect Dis* 2013;13(12):1057–98.

3. ECDC Surveillance of antimicrobial resistance in Europe 2017. <https://www.ecdc.europa.eu/sites/portal/files/documents/EARS-Net-report-2017-update-jan-2019.pdf>. Accessed 03/10/2022.

4. WHO antibiotic resistance Fact sheet July 2020. <https://www.who.int/news-room/fact-sheets/detail/antibiotic-resistance>. Accessed 10/10/2022.

La resistenza antimicrobica è una delle 10 minacce alla salute globale che l'umanità deve affrontare



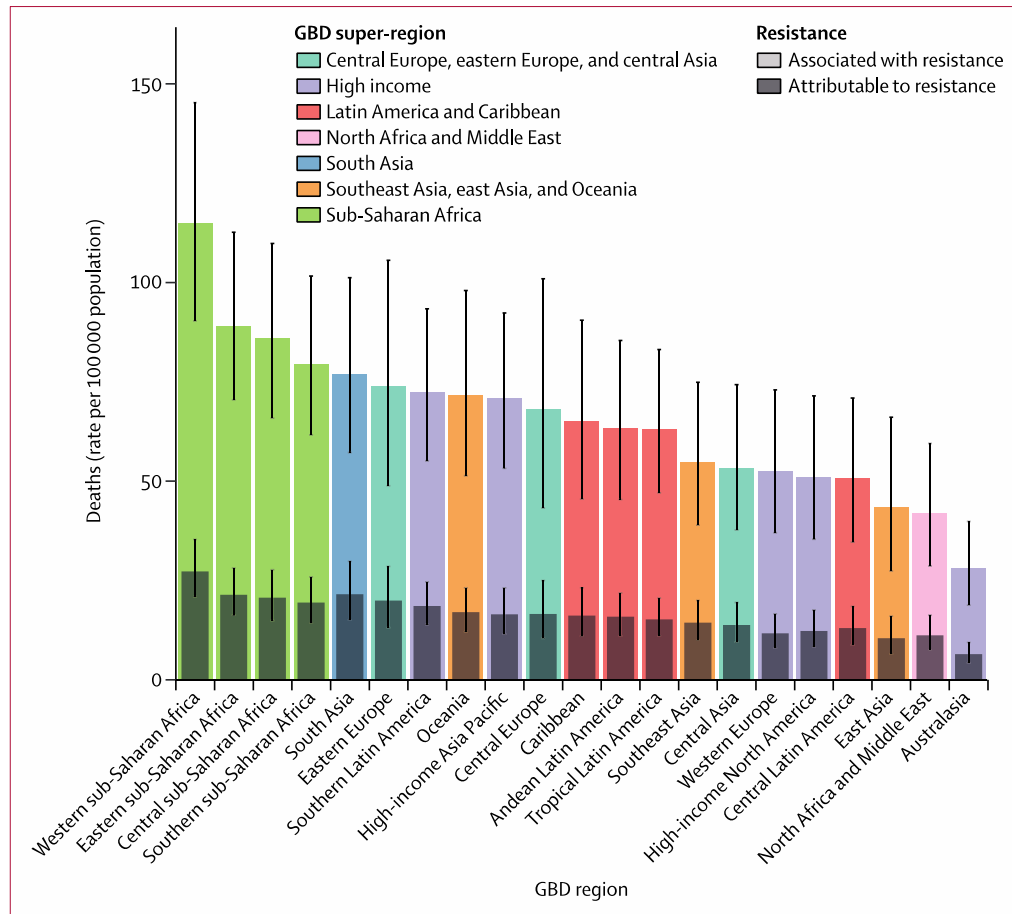
ttamento

Mortality rate
24%

10
istant
SA

AMR non è un problema solo del futuro....ma un problema attuale

Morti globali attribuibili e associate ad AMR, 2019



- 4.95 milioni di morti **associate** ad AMR
- 1.27 milioni di morti **attribuibili** ad AMR

Tasso di mortalità attribuibile ad AMR :

- **Più alto nell’Africa sub-sahariana occidentale** (27.3 morti per 100 000)
- **Più basso in Australia** (6.5 morti per 100 000).

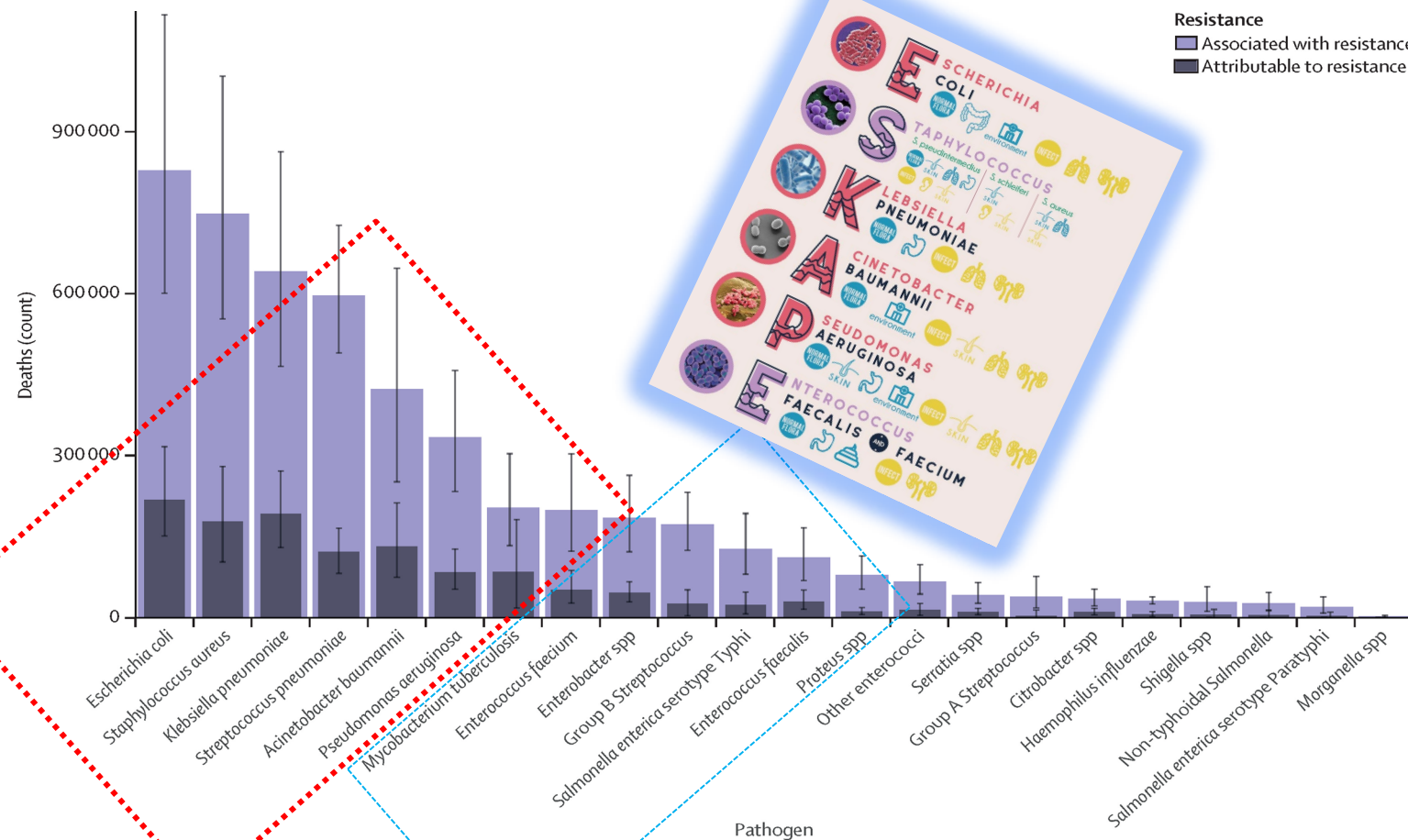
Infezioni delle basse vie respiratorie, batteriemie e infezioni intra-addominali rappresentano il **78.8%** (95% UI 70.8–85.2) delle morti

❑ **Sei patogeni** sono responsabili di più di 250.000 morti.

❑ *Escherichia coli*, *Staphylococcus aureus*, *K pneumoniae*, *S pneumoniae*, *Acinetobacter baumannii*, and *Pseudomonas aeruginosa*

❑ Altri **sei patogeni** sono responsabili di 100.000 – 250 000 morti associate ad AMR

❑ *Mycobacterium tuberculosis*, *Enterococcus faecium*, *Enterobacter spp*, *Streptococcus agalactiae* (group B *Streptococcus*), *S Typhi*, and *Enterococcus faecalis*



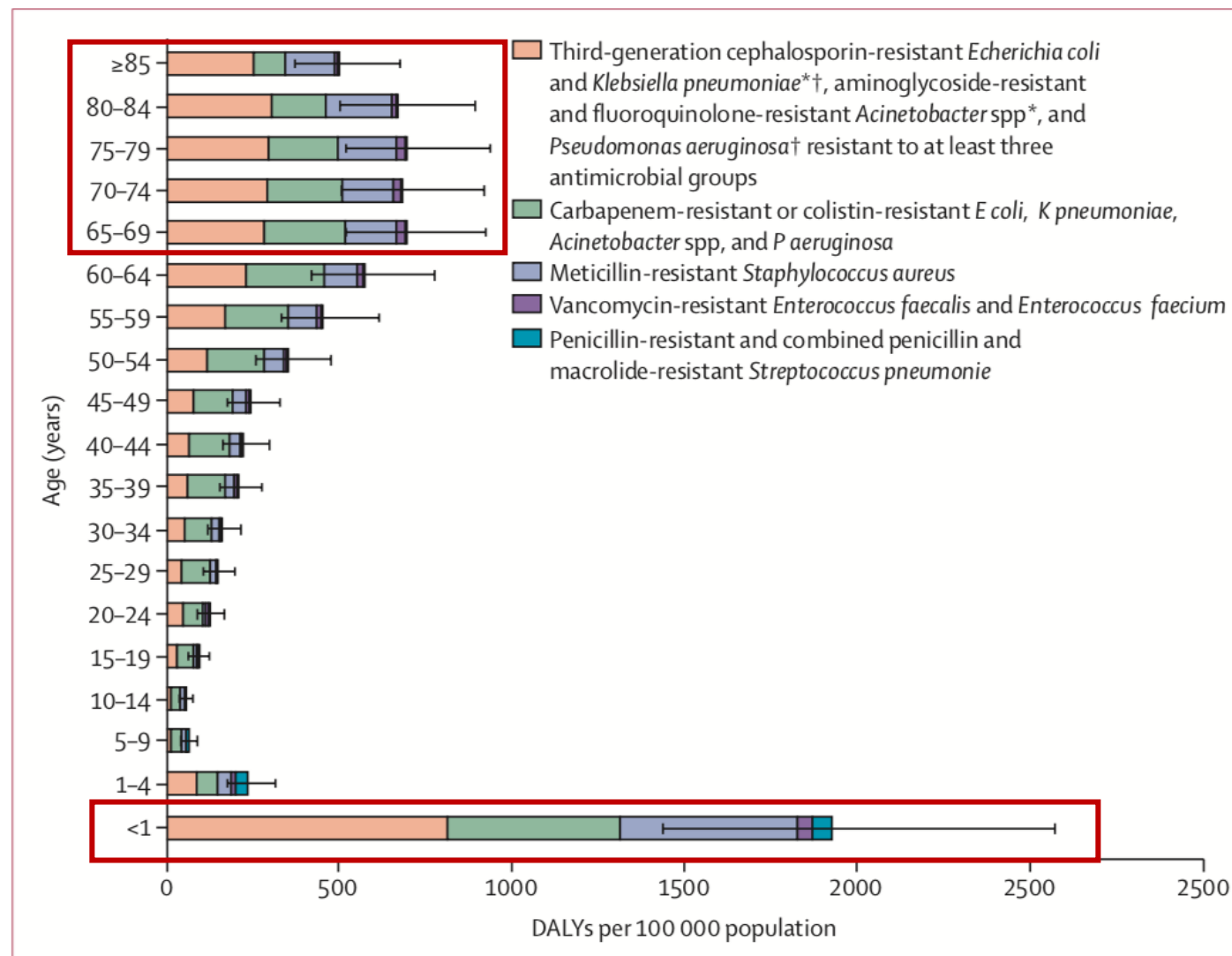
AMR – Non è un problema solo degli adulti

Attributable deaths and disability-adjusted life-years caused by infections with antibiotic-resistant bacteria in the EU and the European Economic Area in 2015: a population-level modelling analysis

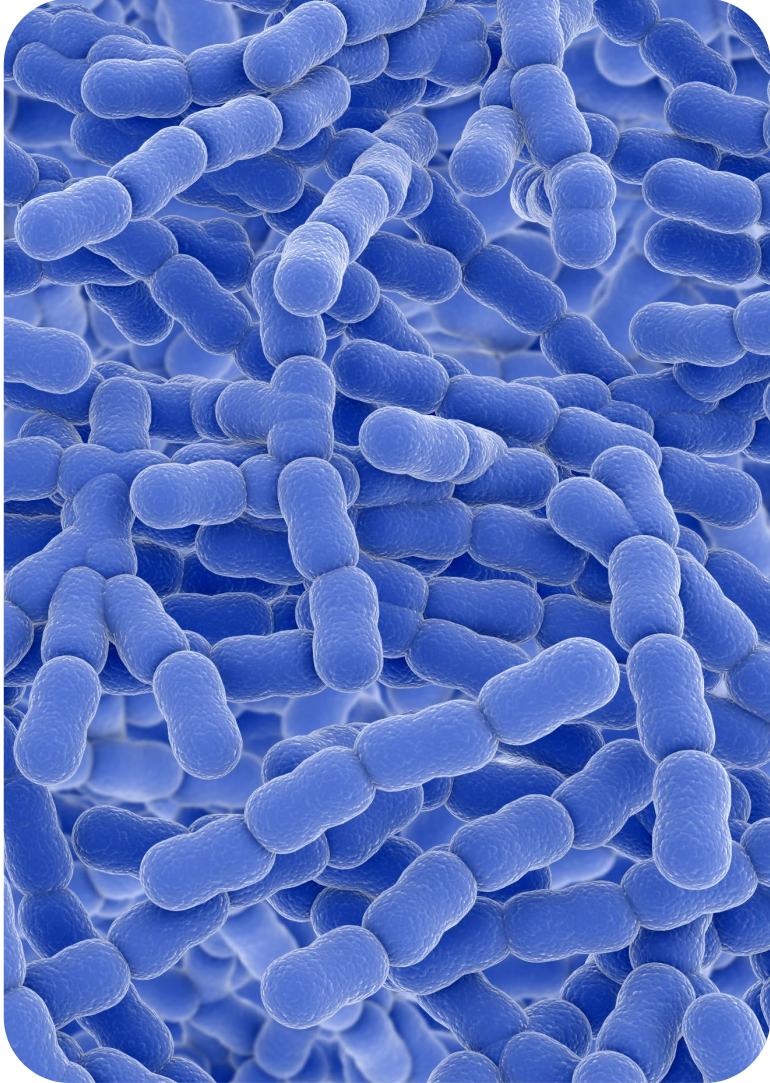
Alessandro Cassini, Liselotte Diaz Högberg, Diamantis Plachouras, Annalisa Quattrocchi, Ana Hoxha, Gunnar Skov Simonsen, Mélanie Colomb-Cotinat, Mirjam E Kretzschmar, Brecht Devleeschauwer, Michele Cecchini, Driss Ait Ouakrim, Tiago Cravo Oliveira, Marc J Struelens, Carl Suetens, Dominique L Monnet, and the Burden of AMR Collaborative Group*



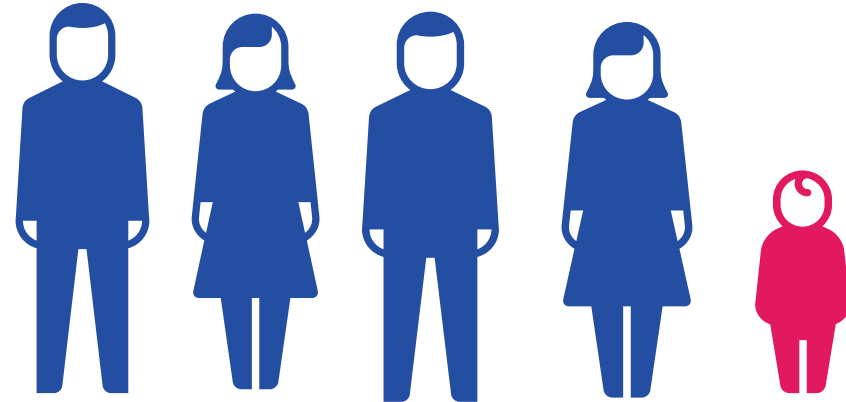
Maggiormente colpiti i
lattanti (<1 anno di età)
e gli adulti > 65 anni



AMR and child death



In 2019, 1 in 5 people who died due to AMR were **children under 5 years old**

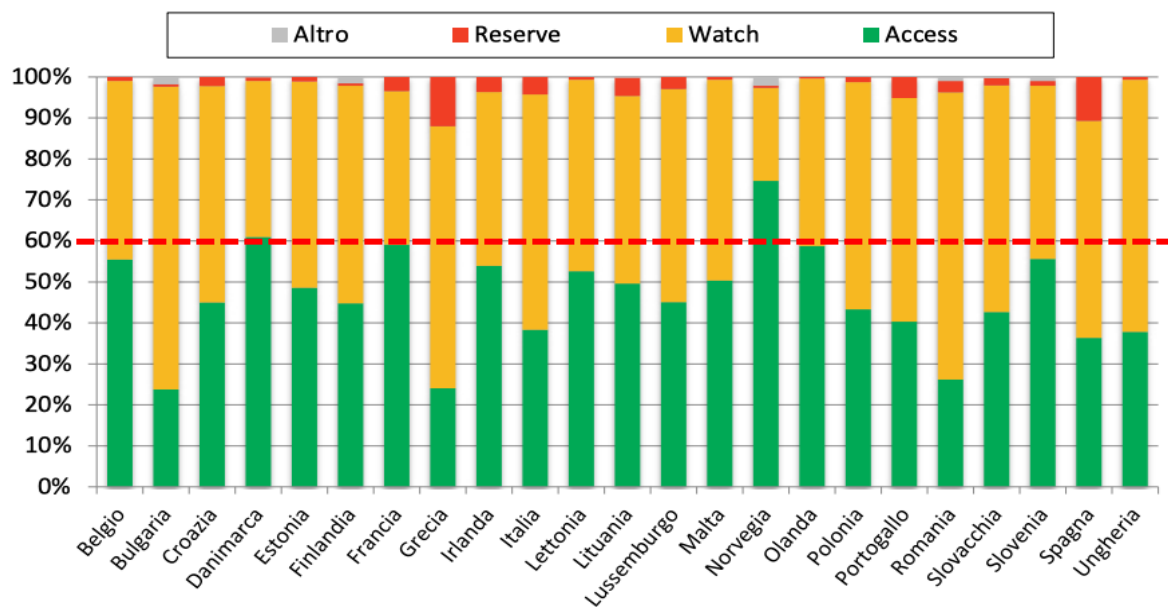


AMR, antimicrobial resistance

Consumo di antibiotici in Europa secondo AWaRe

Elevato consumo ospedaliero di antibiotici Watch

Figura 7.4 Variabilità per Paese del consumo ospedaliero (DDD/1000 ab *die*) degli antibiotici sistemici (J01) dell'OMS nel 2020



Maggior consumo territoriale di antibiotici Access

Figura 7.2 Variabilità per Paese del consumo territoriale (DDD/1000 ab *die*) degli antibiotici sistemici (J01) dell'OMS nel 2020

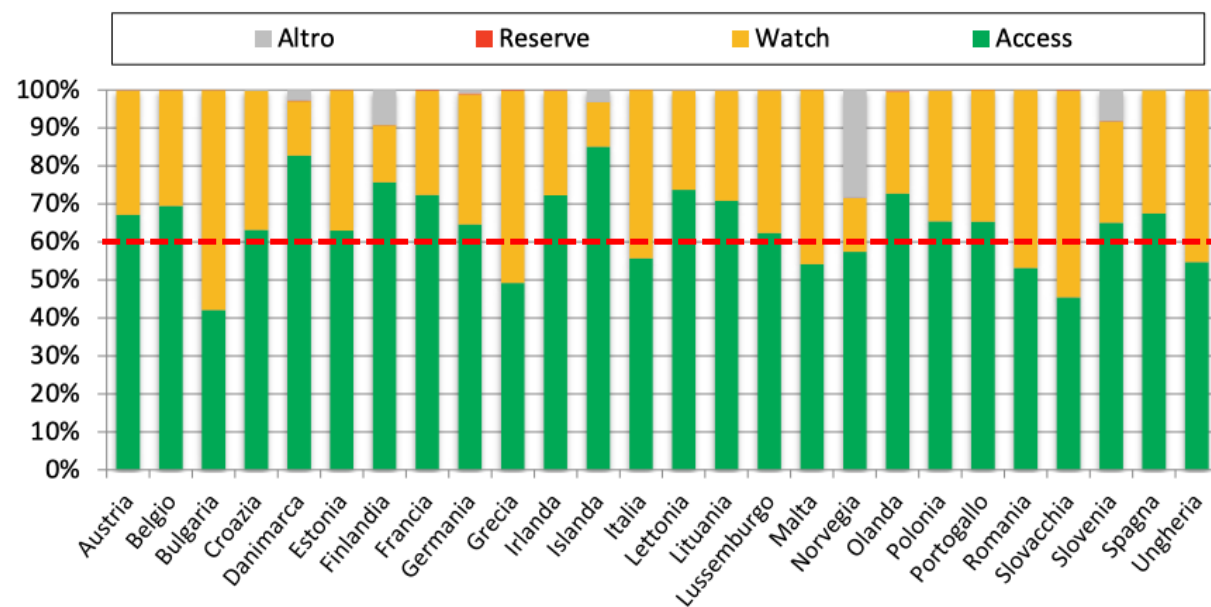


Tabella 1.5.4 Primi 20 principi attivi per consumo in età pediatrica nel 2021

ATC I	Principio attivo	Confezioni (per 1000 ab.)	Δ % 21-20	Δ % 20-19	Consumi (%)*		Inc. cum**%
					maschi	femmine	
J	amoxicillina/acido clavulanico	179,1	-5,8	-46,6	53,7	46,3	17,4
A	colecalfiferolo	84,2	22,0	-5,7	49,3	50,7	25,6
H	betametazone	81,1	30,6	-42,3	57,5	42,5	33,5
J	azitromicina	71,5	19,4	-35,5	54,0	46,0	40,4
R	beciometasone	70,5	30,5	-38,3	55,3	44,7	47,3
J	amoxicillina	70,0	-7,5	-53,1	53,0	47,0	54,1
R	salbutamolo	60,7	15,7	-39,6	60,5	39,5	60,0
R	cetirizina	57,0	3,7	-5,0	61,8	38,2	65,5
R	budesonide	56,9	48,9	-42,8	56,2	43,8	71,1
J	cefixima	53,4	2,8	-44,7	50,2	49,8	76,3
N	acido valproico	51,5	-1,3	0,2	66,8	33,2	81,3
J	claritromicina	29,8	-23,5	-49,7	54,5	45,5	84,2
R	fluticasone	26,5	-0,9	-27,4	63,6	36,4	86,7
R	salbutamolo/ipratropio	25,8	40,2	-47,9	55,2	44,8	89,3
R	montelukast	24,0	-19,9	-14,1	63,9	36,1	91,6
J	cefpodoxima	21,1	-10,8	-51,9	53,2	46,8	93,6
H	somatropina	21,0	-5,3	3,9	60,6	39,4	95,7
H	levotiroxina	15,5	1,9	-0,4	38,7	61,3	97,2
N	carbamazepina	14,9	4,1	3,4	56,1	43,9	98,6
P	mebendazolo	14,1	-6,1	-9,8	48,1	51,9	100,0
Totale		1028,4	6,6	-37,2	55,6	44,4	100,0

* calcolati rispetto al totale dei consumi della molecola in età pediatrica

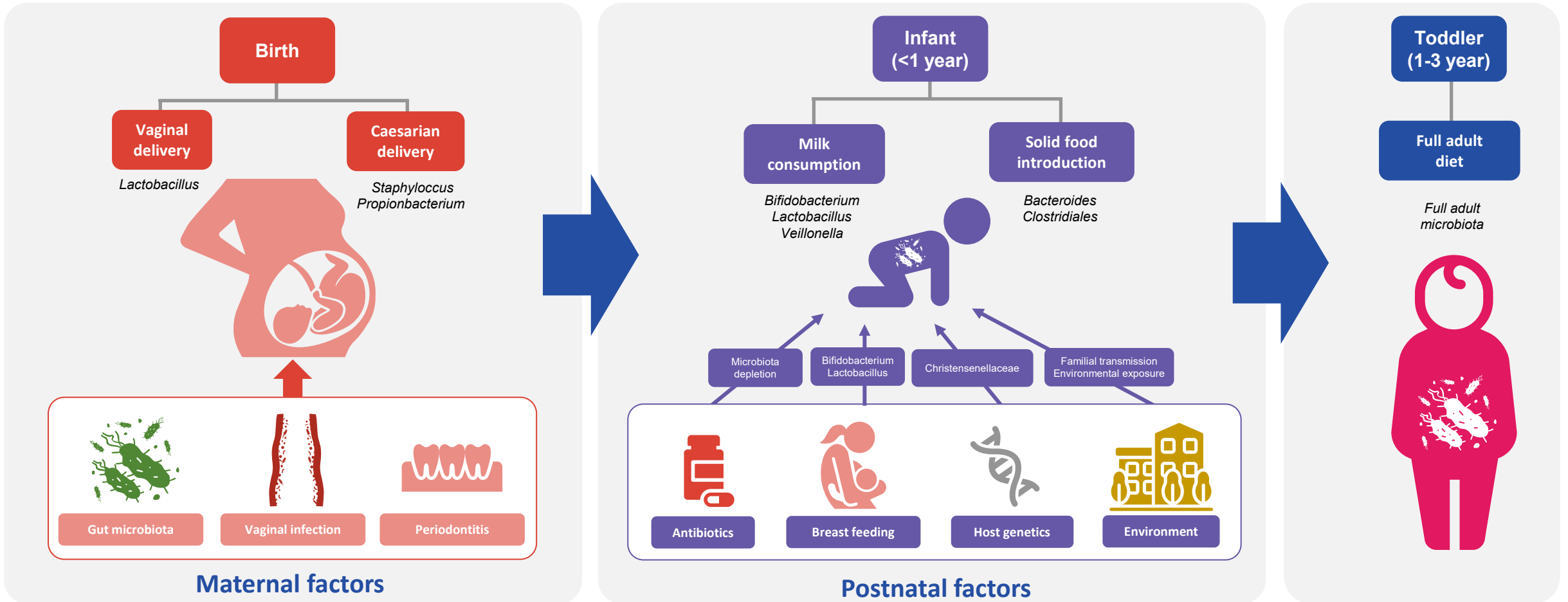
** calcolata su consumi totali in età pediatrica

Guardando all'età
pediatrica...

L'uso dei
Farmaci
in Italia

Rapporto Nazionale
Anno 2021

Summary of the origin and transmission of the microbiome



Potential effect on beneficial bacteria

Antibiotic overuse: Stop the killing of beneficial bacteria

Blaser; Nature, 2011, Vol 476: 393-394

Evidence is accumulating that our welcome residents do not recover completely from antibiotics or are replaced in the long term by resistant organisms

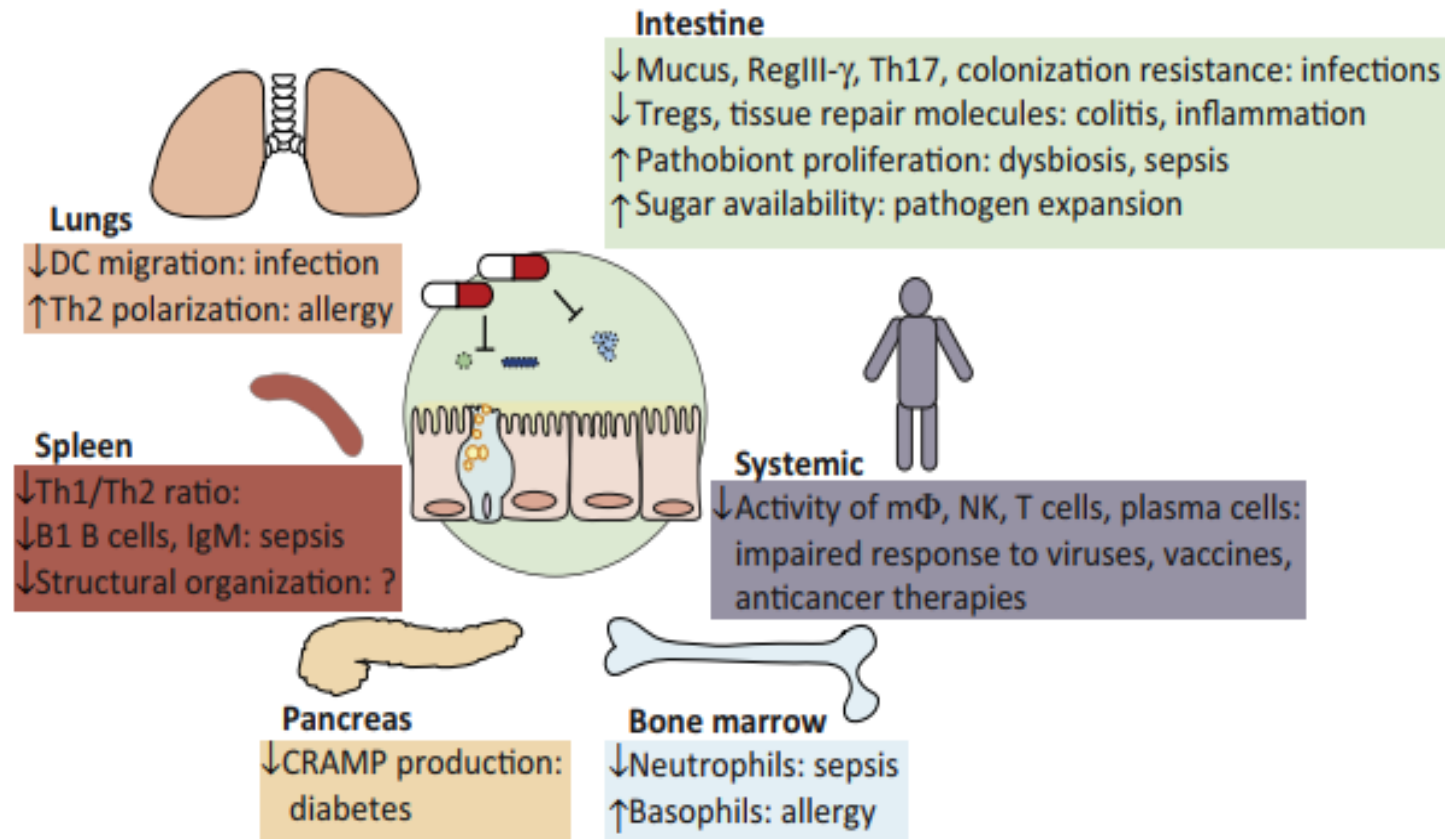
Overuse of antibiotics could be fueling the dramatic increase in conditions such as obesity, type 1 diabetes, inflammatory bowel disease, allergies and asthma, which have more than doubled in many populations



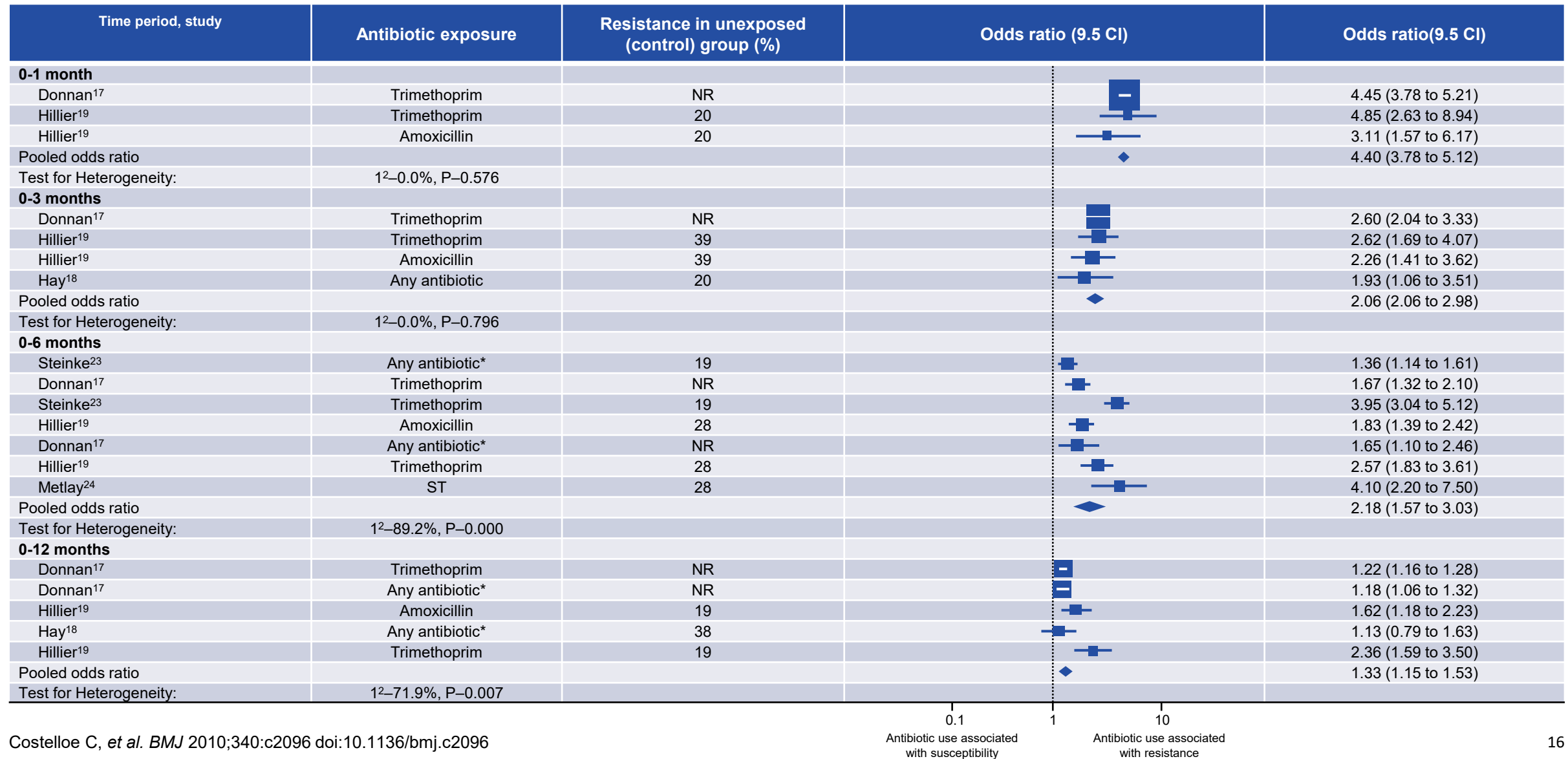
Stop the killing of beneficial bacteria

Concerns about antibiotics focus on bacterial resistance – but permanent changes to our protective flora could have more serious consequences

Antibiotic-mediated microbiota depletion causes disease in multiple organs



Effect of antibiotic prescribing in primary care on antibiotic resistance



Antibiotics in Italian hospitalized children with lower respiratory tract infections

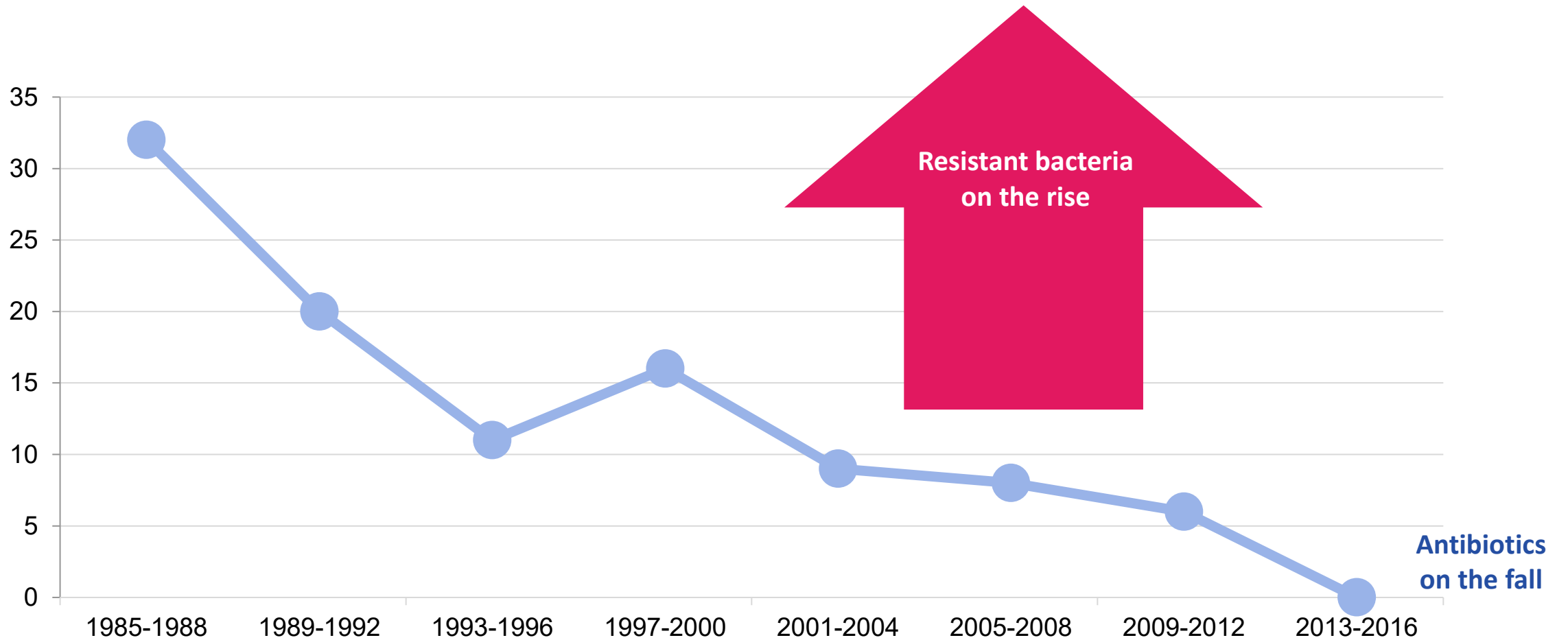
	Bronchitis		Wheezing		Pneumonia	
	2-4 y	> 5 y	2-4 y	> 5 y	2-4 y	> 5 y
Cephalosporins	19.3	9.8	11.3	20.6	50.7	25.8
Cephal+macrol	6.4	9.7	7.4	6.8	15.2	24.8
Macrolides	40.3	43.1	41.3	27.5	14.7	25.9
Amino+inhibit	22.5	9.8	15	3.4	13.8	9.5
No antibiotic	9.6	21.5	22.6	37.9	1.9	2.3

Unintended consequences of antibiotic use: adverse events

- Adverse events range from minor to severe
- 140,000 emergency department visits occur nationally per year from antibiotic-associated adverse events
- Antibiotic use associated with allergic, autoimmune, and infectious diseases likely through disruption of the normal microbiome



Antimicrobial development



Guidelines for the Diagnosis and treatment of Acute Subacute Rhinosinusitis in Children

S. Esposito

Updated Guidelines for the Management of Acute Otitis Media in Children by the Italian Society of Pediatrics

Paola Marchisio *et al*

Management of Acute Pharyngitis in Children: Summary of the Italian National Institute of Health Guidelines

Elena Chiappini *et al*

Guidelines for the Management of Acute Sore Throat

ESCMID Sore Throat Guideline Group

C. Pelucchi *et al*

British Thoracic Society guidelines for the management of community acquired pneumonia in children: update 2011

Michael Harris *et al*

Antibiotic use for community-acquired pneumonia in neonates and children: WHO evidence review

Shrey Mathur *et al*

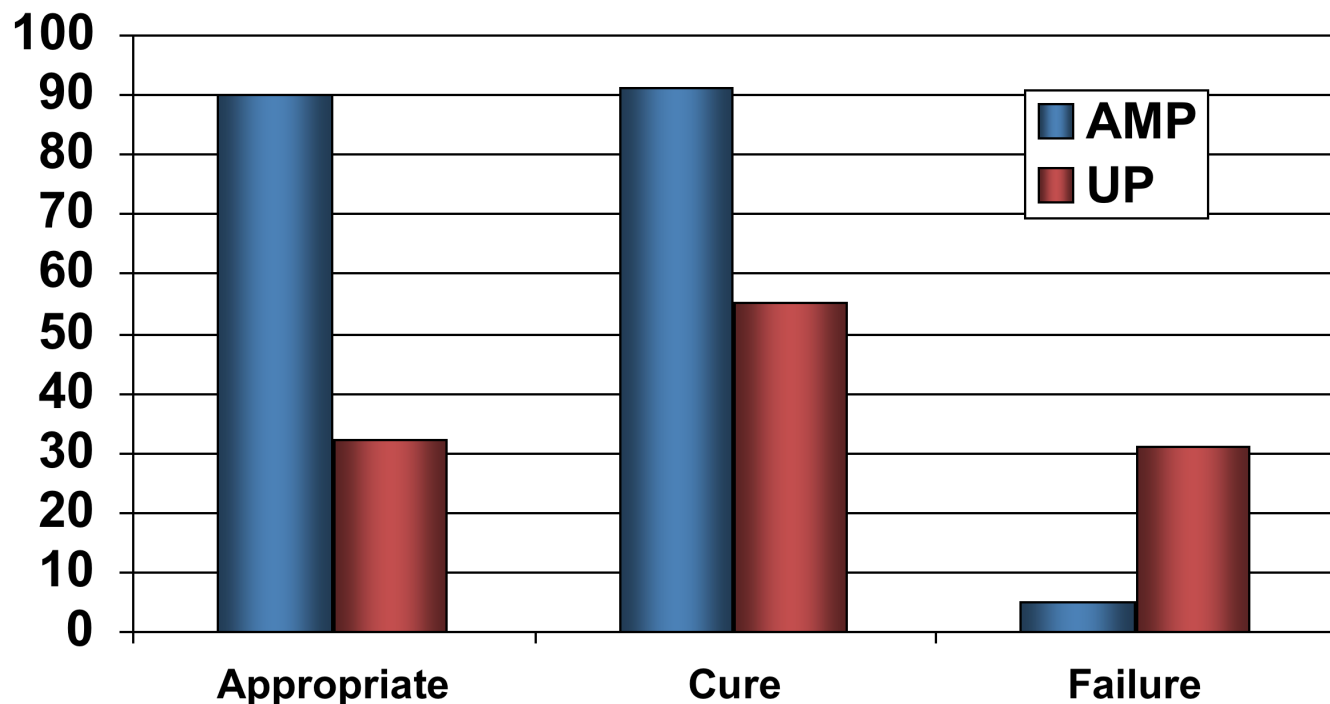
OTTIMIZZARE L'OUTCOME DEL PAZIENTE

ASPs hanno dimostrato di migliorare l'outcome del paziente

Studio randomizzato controllato

Pazienti trattati da gruppi in cui è stato implementato un progetto di stewardship (AMP) e da gruppi in cui viene applicata la pratica usuale (UP)

Pazienti trattati da gruppi in cui è stato implementato un programma di stewardship antibiotica hanno un più **alto tasso di appropriatezza della terapia, di successo di cura e un più basso tasso di fallimento terapeutico**

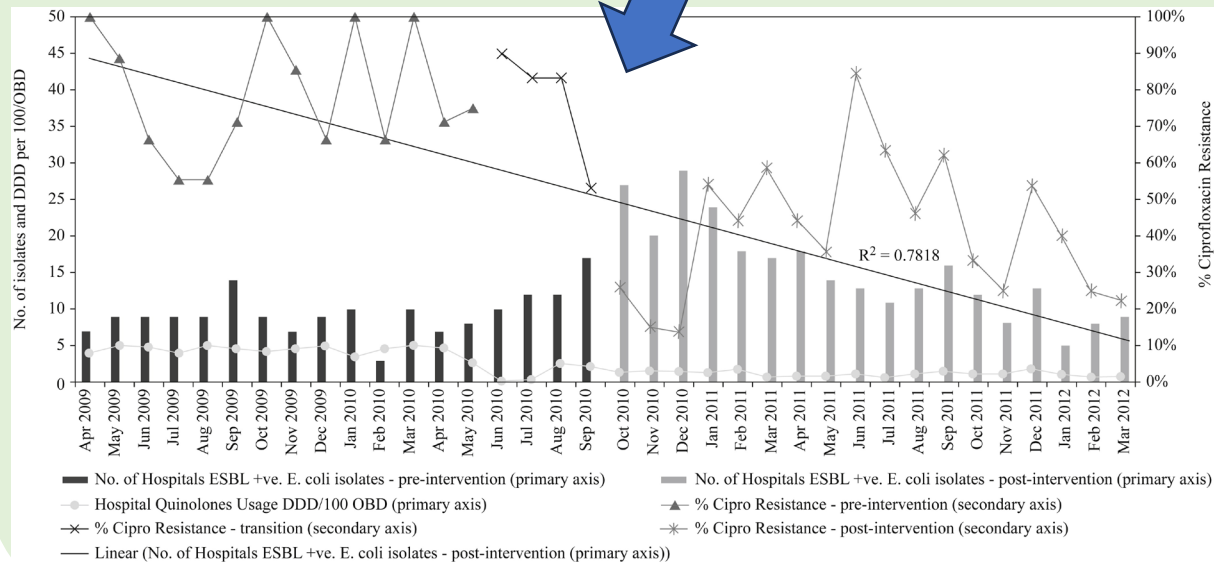


Adapted from Fishman N. Antimicrobial stewardship. Am J Infect Control. 2006 Jun;34(5 Suppl 1):S55-63; discussion S64-73. doi: 10.1016/j.ajic.2006.05.237. PMID: 16813983.

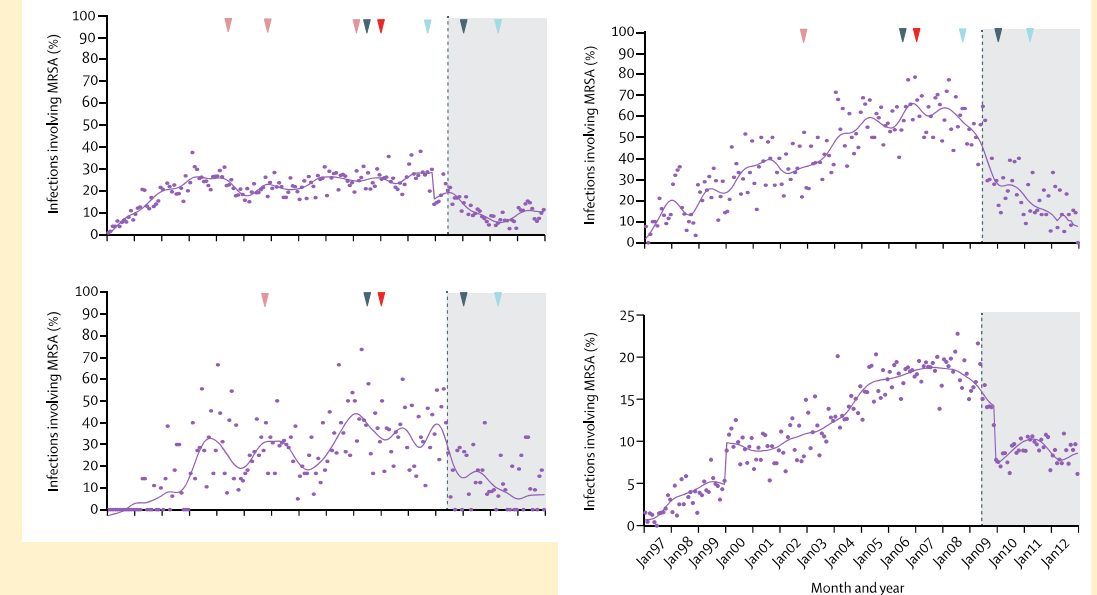
RIDUZIONE DELLE RESISTENZE

ASPs hanno dimostrato di ridurre le resistenze

Effetto della restrizione delle fluorochinoloni (dal 2007 al 2012) sulle Enterobacteriaceae resistenti: analisi della serie temporale interrotta.



Effetto delle strategie nazionali di gestione degli antibiotici e di controllo delle infezioni sulle infezioni da *Staphylococcus aureus* meticillino-resistente



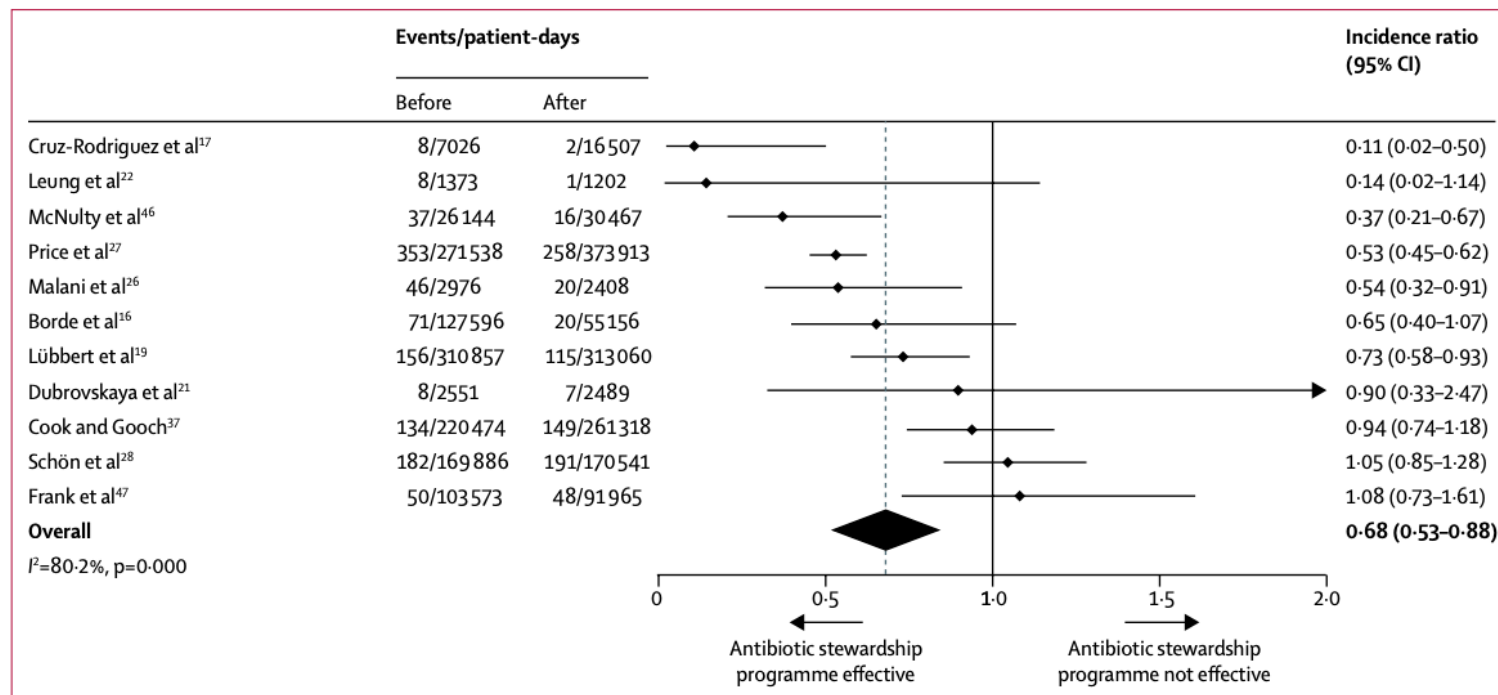
RIDUZIONE DELLE RESISTENZE

...e le infezioni da C. difficile

Effect of antibiotic stewardship on the incidence of infection and colonisation with antibiotic-resistant bacteria and *Clostridium difficile* infection: a systematic review and meta-analysis

L'implementazione di programmi di stewardship antibiotica è associata ad una significativa riduzione nell'incidenza di infezioni da C. difficile nei pazienti ospedalizzati

David Baur*, Beryl Primrose Gladstone*, Francesco Burkert, Elena Carrara, Federico Foschi, Stefanie Döbele, Evelina Tacconelli

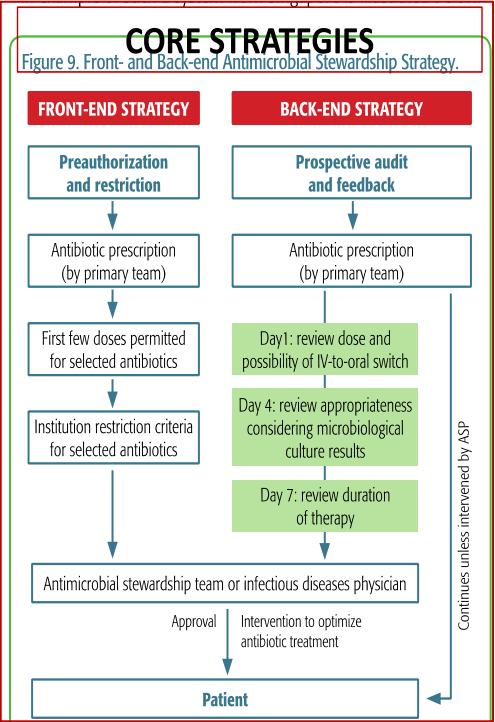


Si segnala importante eterogeneità tra gli studi (>80%)

Figure 4: Forest plot of the incidence ratios for studies of the effect of antibiotic stewardship on the incidence of *Clostridium difficile* infections

RIDUZIONE O CONTROLLO DEI COSTI

ASPs hanno dimostrato un risparmio fino ad 800,000\$/anno



Strategia	Tipo di istituto	Risparmio annuale
Approvazione pre-prescrizione	Ospedale universitario territoriale	\$803,910
	Ospedale di III livello	\$302,400
Revisione post-prescrizione	Ospedale di III livello	Riduzione costo antibiotici per paziente (\$1287 vs. \$1873, p<0.04)
	Ospedale territoriale (175 letti)	\$200,000-250,000
	Ospedale territoriale (120 letti)	\$177,000
	Ospedale argentino (250 letti)	\$913,236

White AC et al. Clin Infect Dis. 1997;25:230-239. Fishman N. Am J Med. 2006;119:S53-S61.
Fraisier GL et al. Arch Intern Med. 1997;157:1689-94. Gentry CA et al. Am J Health Syst Pharm. 2000;57:268-74.
LaRocco A. Clin Infect Dis. 2003;37:742-3; Bantar C et al. Clin Infect Dis. 2003;37:180-6.
Carling P et al. Infect Control Hosp Epidemiol. 2003;24:699-706.

Sepsis in children

CLINICAL REVIEW

Adrian Plunkett *consultant paediatric intensivist*¹, Jeremy Tong *consultant paediatric intensivist*²

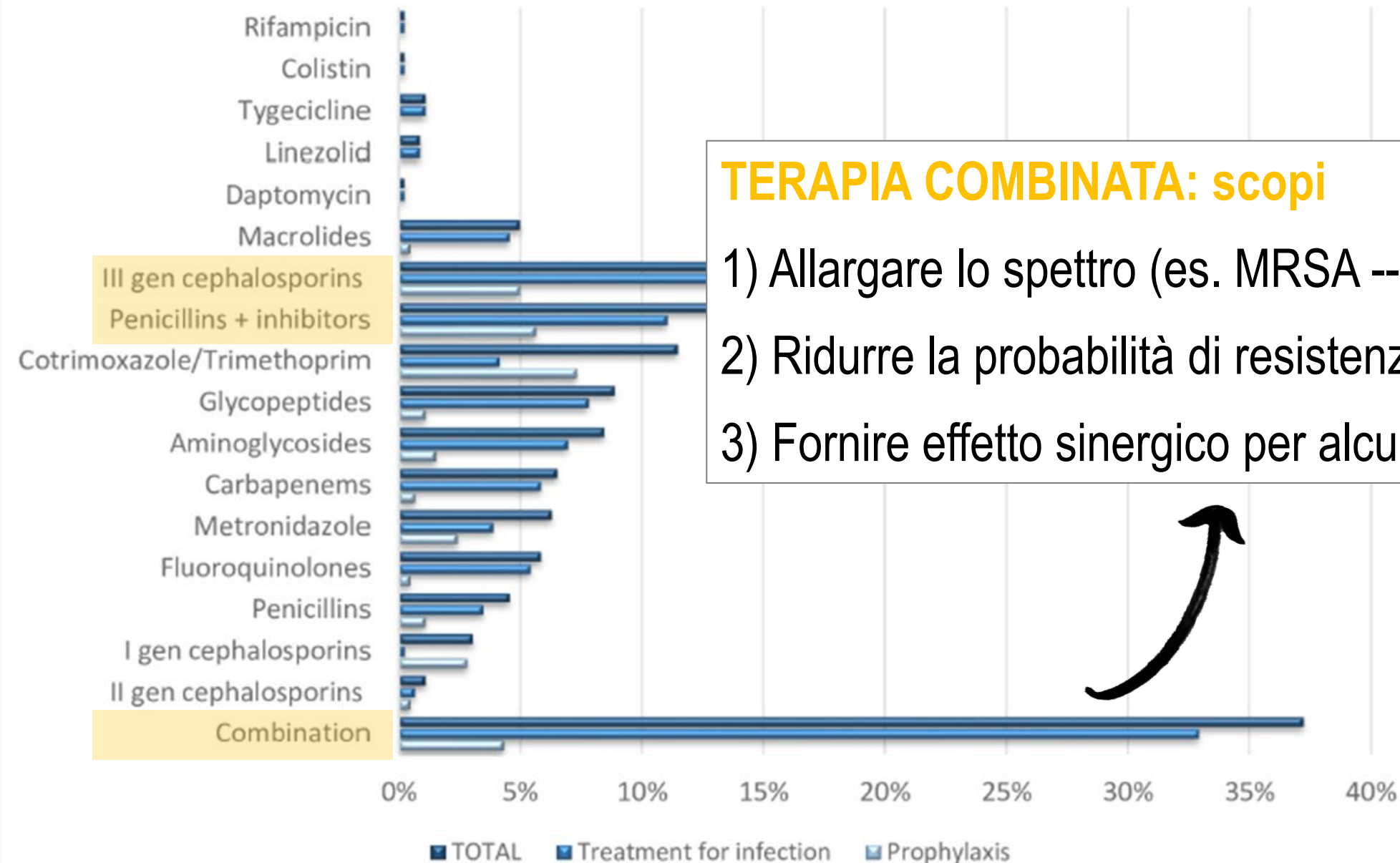
For infants and young children, empirical antibiotic regimens should include cover for the most common prevailing organisms (such as *Staphylococcus*, *Streptococcus*, *Neisseria meningitides*, and *Haemophilus influenzae*). For community acquired infection, a third generation cephalosporin (such as cefotaxime or ceftriaxone) is a suitable first line option. For hospital acquired

[illegible]

Non tutte le cefalosporine sono uguali

	CEFOTAXIME	CEFTRIAXONE	CEFTAZIDIME
E. fecalis	-	+/-	-
S. Aureus (MSSA)	+	+	-
S. Aureus (MRSA)	-	-	-
CoNS	+	+	-
Group A Strepto	+	+	+
S. Pneumoniae	+	+	+
Neisseria Meningitidis	+	++	+
Haemophilus Influenzae	++	++	+
M. catarrhalis	+	+	+
Salmonella	+	+	+
E.coli	+	++	+
Pseudomonas	-	-	++
Campylobacter	-	-	-

Terapia antibiotica in Ospedali Italiani (dati ARPEC)

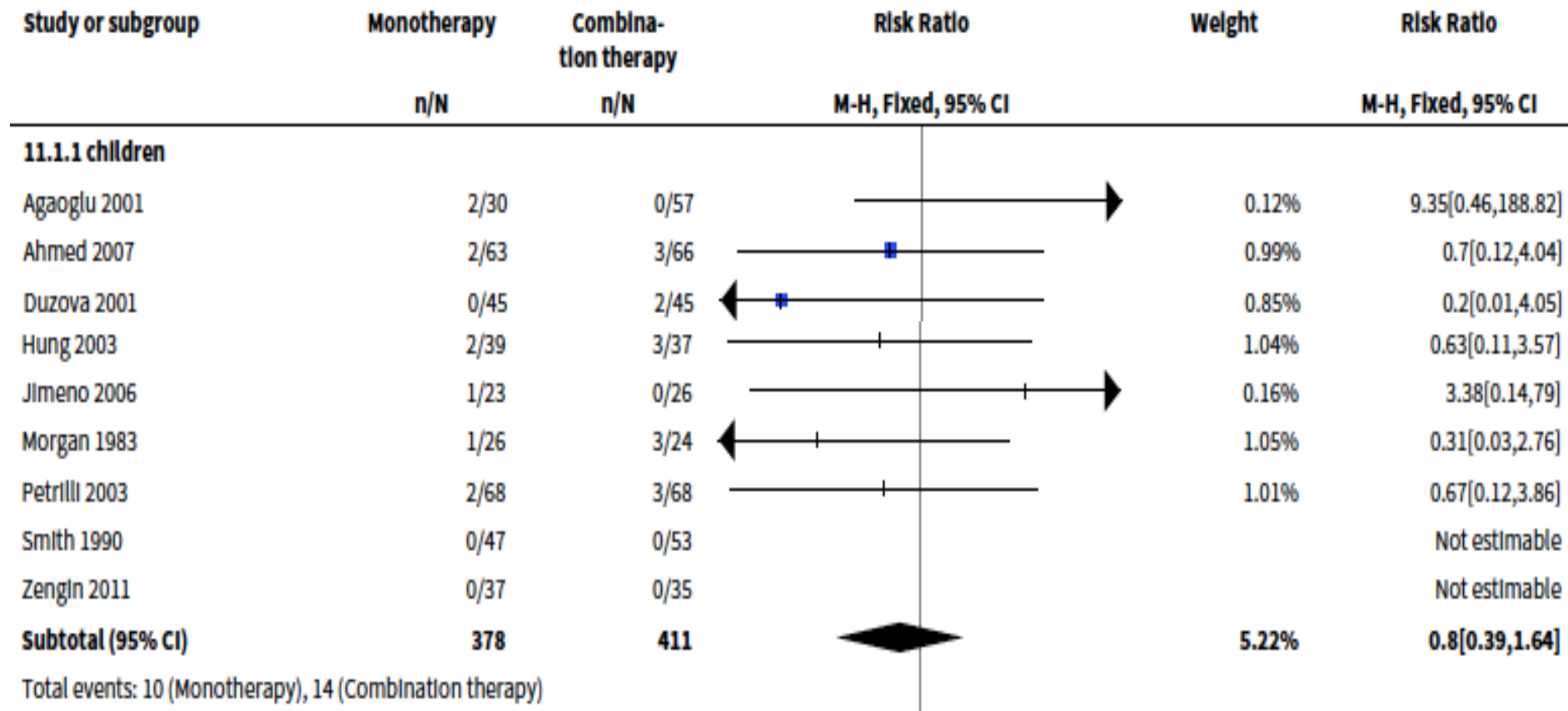


TERAPIA COMBINATA: scopi

- 1) Allargare lo spettro (es. MRSA --> Vanco)
- 2) Ridurre la probabilità di resistenza di singoli agenti
- 3) Fornire effetto sinergico per alcuni patogeni

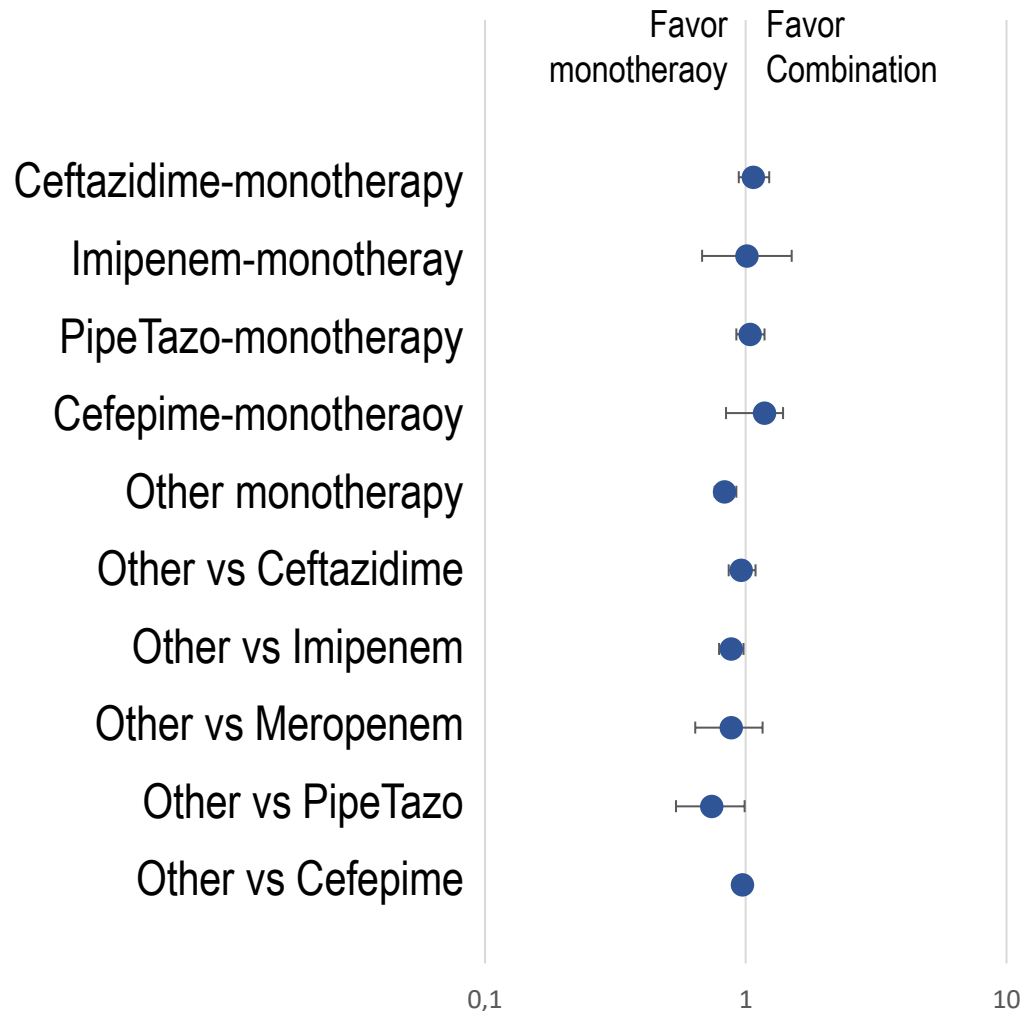
Monoterapia o associazione?

Betalattamici + / - aminoglicosidi nella sepsi del bambino oncologico



Monoterapia o associazione?

Betalattamici + / - aminoglicosidi nella sepsi del bambino oncologico



Combinazione **associata** a:

- Maggiori effetti collaterali (NNH = 4)
- Maggiore nefrotossicità
- Maggiore sovra-infezione fungina
- Maggiore interruzione di terapia

Linee guida Sepsì 2020



10) In children without immune compromise and without high risk for multidrug-resistant pathogens, we suggest against the routine use of empiric multiple antimicrobials directed against the same pathogen for the purpose of synergy (weak recommendation, very low quality of evidence).



11) In children with immune compromise and/or at high risk for multidrug-resistant pathogens, we suggest using empiric multi-drug therapy when septic shock or other sepsis-associated organ dysfunction is present/suspected (weak recommendation, very low quality of evidence).

Scenari clinici: Terapia empirica ragionata

PAZIENTE	1° LINEA	Altri fattori	2° LINEA / ADD ON
Paziente immunodepresso	PIPERACILLINA/TAZOBACTAM CEFEPIME / CEFTAZIDIME	Neutropenia o Trapianto	Vedi ICA
Paziente ospedalizzato Sepsi correlata all'assistenza	PIPERACILLINA/TAZOBACTAM + VANCOMICINA	- Neutropenia o Trapianto - Immunodepresso o Steroidi - Pregressa Candidemia	Se in shock settico + ECHINOCANDINE Altri rivalutare a 48-72 h
Paziente con CVC	PIPERACILLINA/TAZOBACTAM + VANCOMICINA		Se in shock settico + ECHINOCANDINE Altri rivalutare a 48-72 h
Paziente post intervento addominale o con probabile localizzazione addominale	CEFTRIAXONE O CEFOTAXIME + METRONIDAZOLO/CLINDA + GENTA/AMIKACINA PIPERACILLINA/TAZOBACTAM + GENTA/AMIKACINA	- Ricovero in rianimazione - Pregresso da Gram neg MDR - Colonizzazione Gram neg MDR	MEROPENEM + GENTAMICINA/AMIKACINA
Paziente sottoposto a chirurgia ortopedica o neurochirurgia	CEFTAZIDIME + VANCOMICINA		

Nuovi e vecchi farmaci... per le infezioni gravi da batteri multi-resistenti

Anti GRAM Neg

Ceftazidime-Avibactam
(Zavicefta®)



Intra-addominali complicate

Bradley - PIDJ 2019

IVU complicate

Bradley - PIDJ 2019

Klebsiella MDR

Iosifidis - PIDJ 2019

Ceftolozane-Tazobactam
(Zerbaxa®)



Intra-addominali complicate

Larson – Antim Age Chemother 2019

IVU complicate

Larson – Antim Age Chemother 2019

Pseudomonas

Larson – Antim Age Chemother 2019

Ceftaroline
(Zinforo®)



Cute & tessuti molli

Yim - Infect Dis Ther 2017

Polmonite complicata

Yim - Infect Dis Ther 2017

Tigeciclina
(Tygacil®)



Intra-addominali complicate

Mastrolia - Ex Rev Anti Inf Ther. 2017

Ye - Eur J Pediatr. 2018

Sharland – PIDJ 2019

Cute & Tessuti molli

Colistina

Enterobacteriaceae ESBL & CRE

Anti GRAM Pos

Daptomicina
(Cubicin®)



Cute & tessuti molli

Bradley Pediatrics 2017, Syrogiannopoulos PIDJ 2017

Batteriemia SA, Endocarditi

Arrieta PDIJ 2018

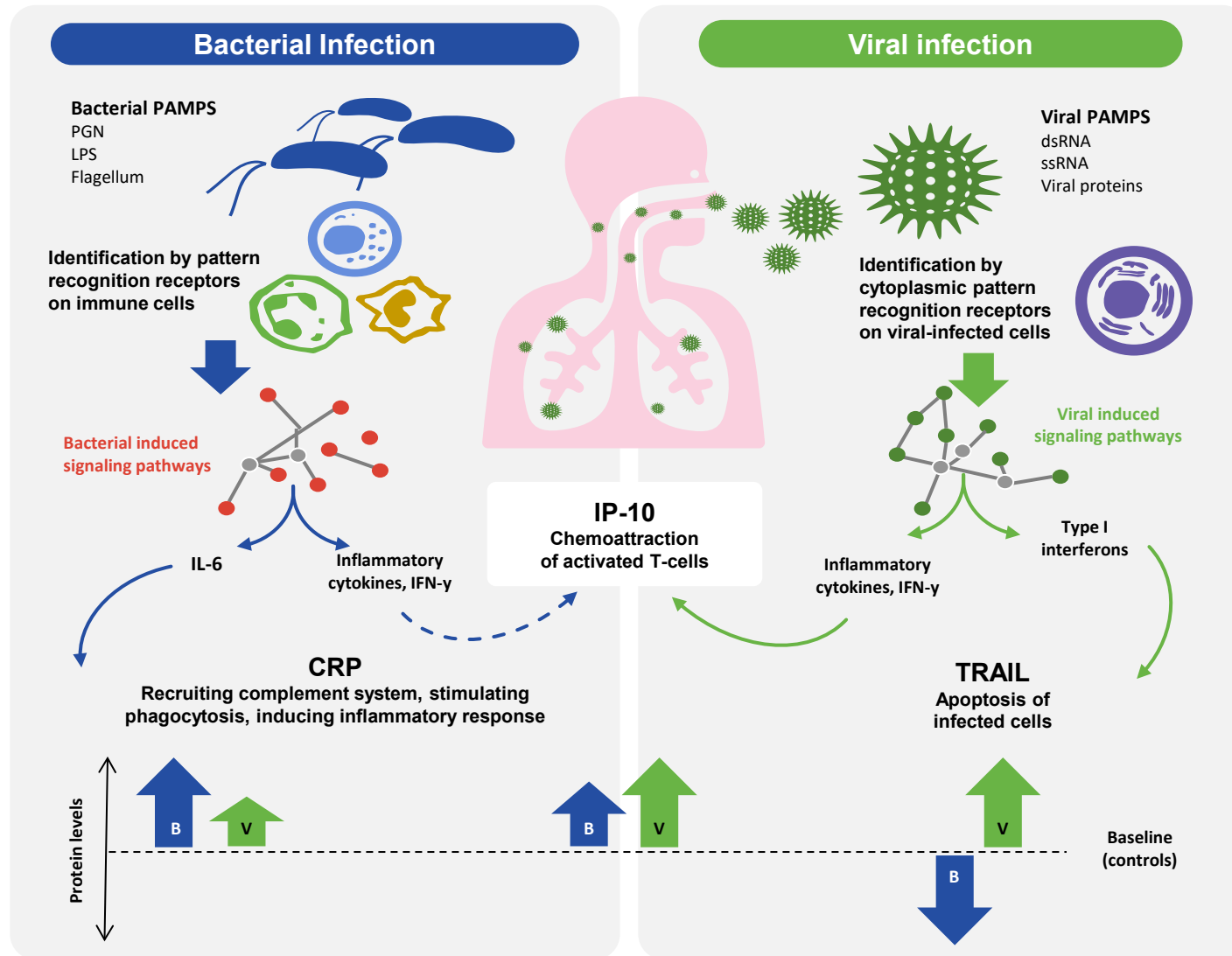
Telavancin
(Vibativ®)



Fosfomicina

Enterobacteriaceae ESBL & CRE

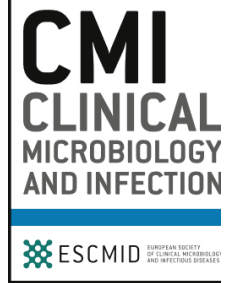
Novel host-immune signature for distinguishing between bacterial and viral infections



How to differentiate between viral and bacterial infections?

Estimated impact of the signature on misuse and antibiotic overuse types across different cohorts. Current practice overuse was defined as viral patients receiving antibiotics, underuse as bacterial patients not receiving antibiotics or receiving delayed treatment

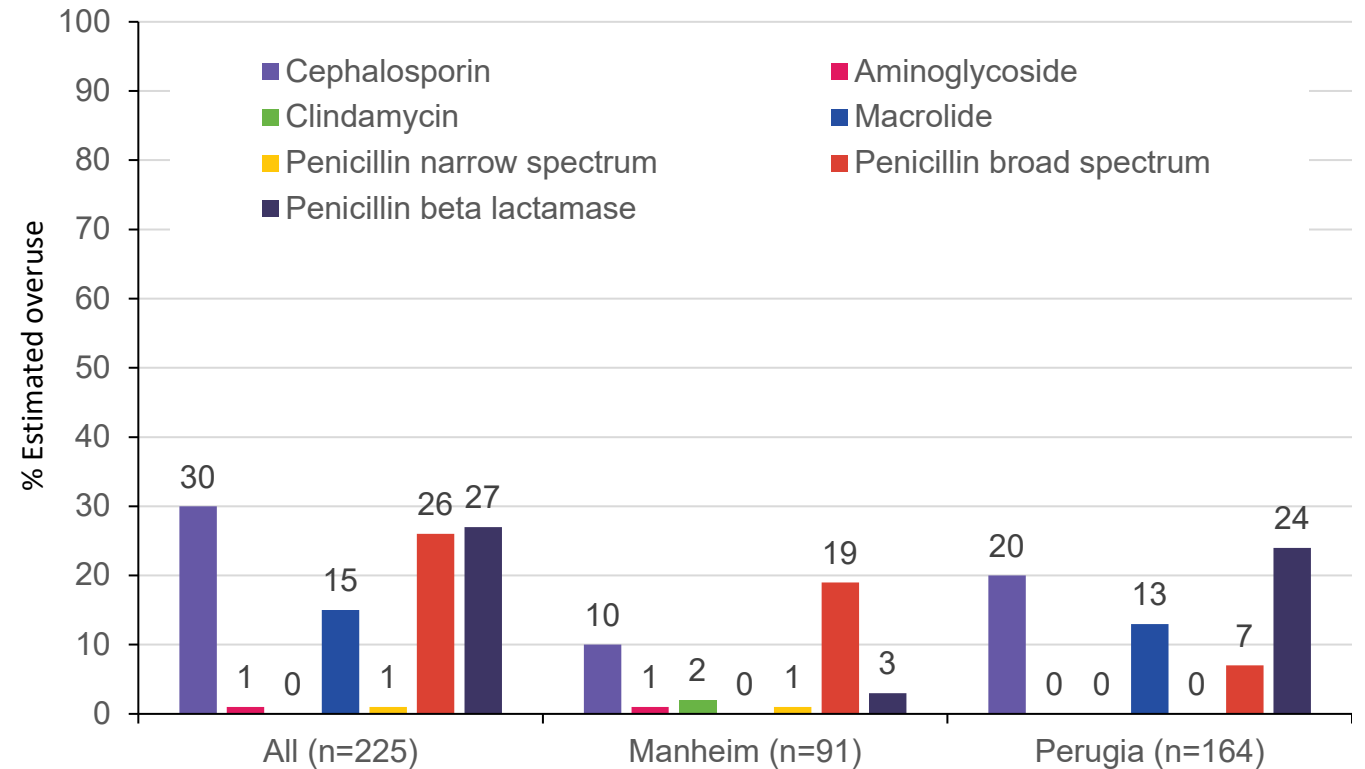
	Overuse (Viral=628)	Underuse (Bacterial=104)
Current practice	30%	9%
Current practice (index test)	9%	7%



Original Article

A host signature based on TRAIL, IP-10, and CRP for reducing antibiotic overuse in children by differentiating bacterial from viral infections: a prospective, multicentre cohort study

Cihan Papan^{1,2,†}, Alberto Argentiero^{3,†}, Marian Porwoll¹, Ummaya Hakim¹, Edoardo Farinelli³, Ilaria Testa³, Maria Bruna Pasticci³, Daniele Mezzetti³, Katia Perruccio³, Liat Etshtein⁴, Niv Mastboim⁴, Einat Moscoviz⁴, Tahel Ilan Ber⁴, Asi Cohen⁴, Einav Simon⁴, Olga Boico⁴, Liran Shani⁴, Tanya M. Gottlieb⁴, Roy Navon⁴, Eran Barash⁴, Kfir Oved⁴, Eran Eden⁴, Arne Simon⁵, Johannes G. Liese⁶, Markus Knuf⁷, Michal Stein⁸, Renata Yacobi⁸, Ellen Bamberger^{9,10}, Sven Schneider¹¹, Susanna Esposito^{12,§}, Tobias Tenenbaum^{1,*,§}



PK/PD concepts and dose rationale

Determinants of the antibacterial activity and clinical response

A. Dose:

Formulation properties, administration route and regimen

B. Exposure:

Pharmacokinetic processes and parameters:

A - Absorption (e.g. bioavailability)

D - Distribution (e.g. volume of distribution, C_{max})

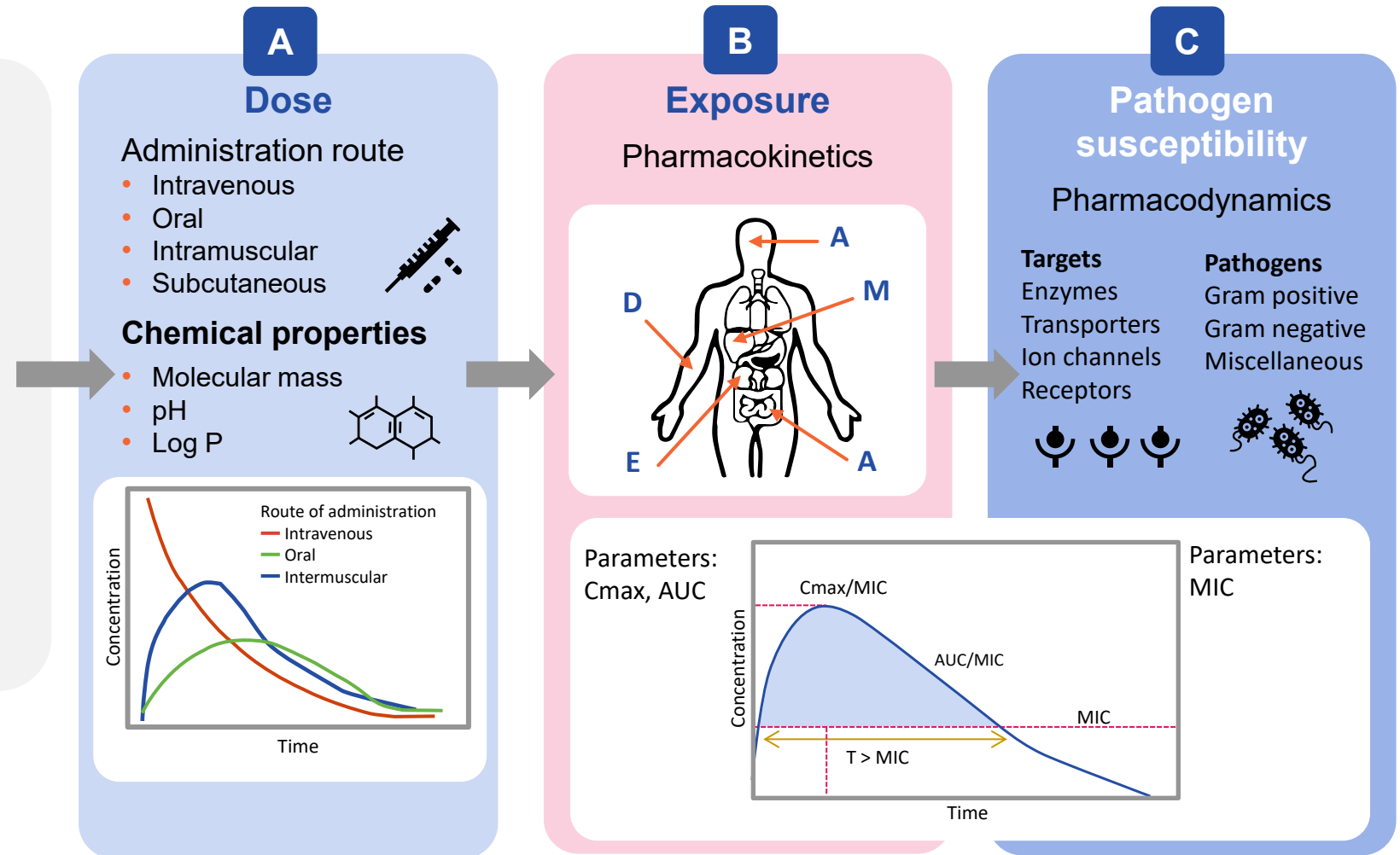
M - Metabolism (e.g. clearance, AUC)

E - Excretion (e.g. clearance, AUC)

C. Etiological agent:

Susceptibility of pathogens to the drug

C_{max} , peak concentration; AUC, area under the concentration-time curve; MIC, minimal inhibitory concentration; $T > MIC$, time above MIC; PK, pharmacokinetics; PD, pharmacodynamics.



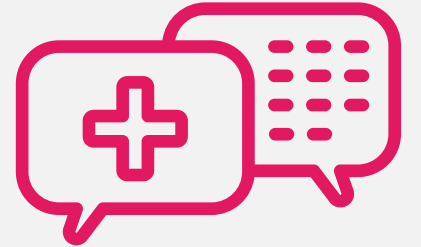
Education

- Provide regular updates on antimicrobial prescribing, antibiotic resistance, and infectious disease management
- Address both national and local issues
- Choose format based on receptiveness at your institution:
- Didactic presentations
- Posters. flyers. newsletters, emails
- ASP website
- Review de-identified cases where changes in antimicrobial therapy could have been made

Antibiotic awareness for caregivers

6 Smart facts about antibiotics

1. Antibiotics are life-saving drugs
2. Antibiotics only treat bacterial infections
3. Some ear infections do not require an antibiotic
4. Most sore throats do not require an antibiotic
5. Green coloured mucus is not a sign that an antibiotic is needed
6. There are potential risks when taking any prescription drug



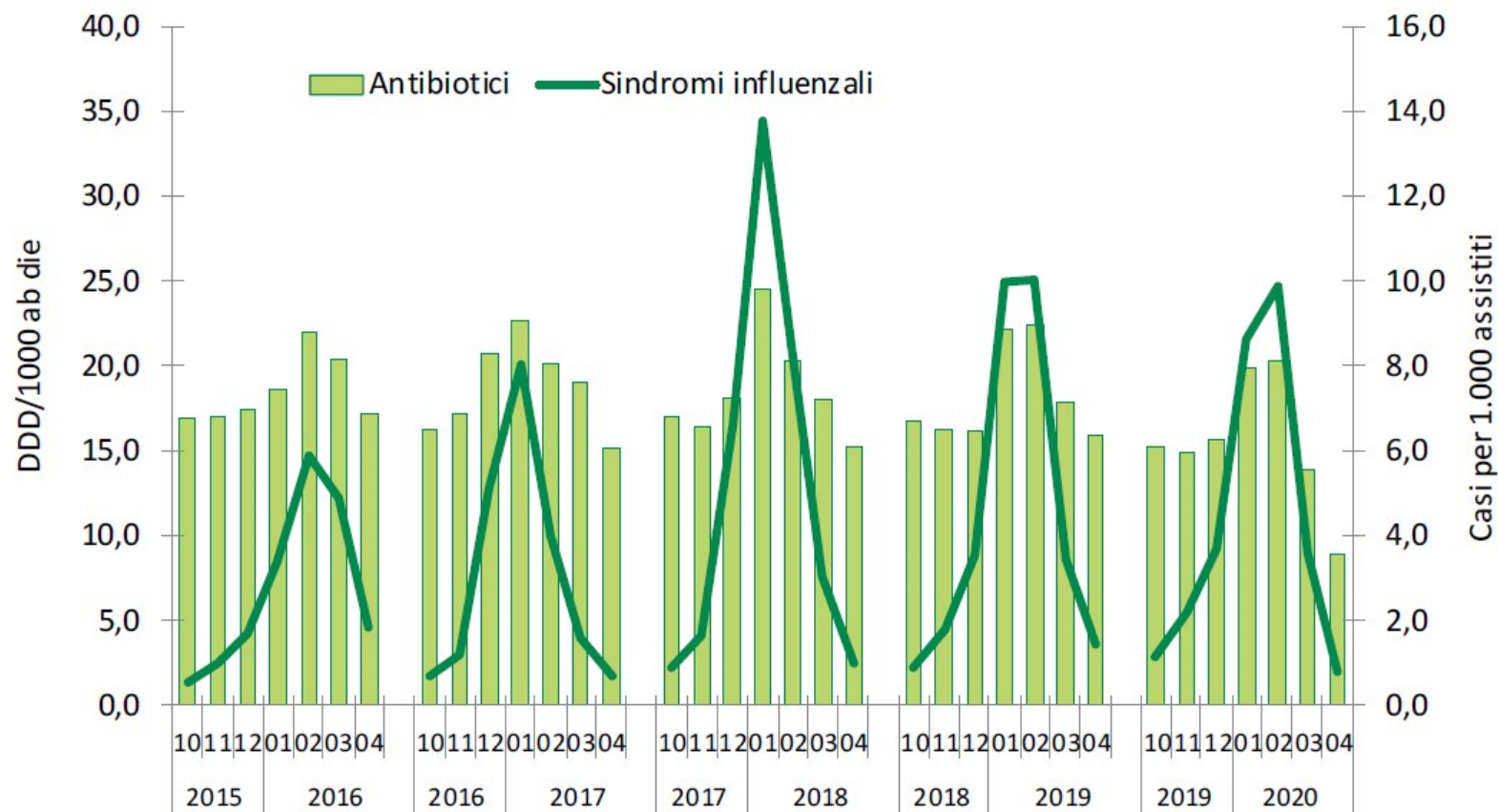
Talk to your healthcare provider about when and how to safely use antibiotics

6. Contrastare le infezioni e le ICA attraverso la vaccinazione	6.1 Favorire il raggiungimento degli obiettivi di copertura vaccinale nella popolazione generale e nei gruppi a rischio e predisporre interventi specifici dedicati a chi opera nei servizi di assistenza e cura e agli operatori del settore veterinario	MdS, NITAG, Regioni/PPAA, Società scientifiche	Per tutta la durata del Piano	NAZIONALE Secondo gli obiettivi del PNPV
---	---	--	-------------------------------	---



Piano Nazionale di Contrasto all'Antibiotico-Resistenza (PNCAR) 2022-2025

Correlazione tra consumo (DDD/1000 ab *die*) di antibiotici sistemici (J01) in assistenza convenzionata e incidenza di sindromi influenzali (casi per 1000 assistiti) nel periodo 2015-2019, in Italia



Role of artificial intelligence in fighting antimicrobial resistance

AI application in fighting antimicrobial resistance	Advantages	Limitations
AI, health industry and antibiotics		
1. Antimicrobial peptides 2. Discovery of new antibiotics	• low risk of resistance development; • multiple antimicrobial mechanisms of action; • ease of synthesis thanks to AI. • ability to develop new molecules with targeted and broad-spectrum bioactivity; • reduced time and labor costs for development.	• high toxicity to eukaryotic cells; • high cost of large-scale production; • initial appearance of cross resistance associated with widespread use; • onset of allergic reactions. • need for training libraries to contain molecules with physicochemical properties consistent with those of antibacterial drugs yet • sufficiently diverse; • need for selection of the most appropriate approach compound development and minimizing toxicity.
AI, pediatric practice and infectious diseases		
Prediction of antibiotic resistance	• ability to exploit genomic information to predict the bacterial phenotype (VAMPr); • ability to help the clinician select the correct antibiotic	• lack of complete genotypes in the NCBI database for each microorganism • need for integrating large amounts of data (laboratory, clinical, geographical)
Appropriate prescription of antibiotics	• automated decision support systems for the review of antimicrobial prescriptions at hospital level; • ability to receive feedback for automatic and continuous improvement • guideline-based operation	• lack of staff in systems management; • need for available health funds.
Prediction of infection severity	• ability to distinguish infectious diseases, including sepsis, from non-infectious diseases • provision of decision support for the doctor; • ability to reduce mortality	• need for accurate and complete data collection; • inability to obtain laboratory data from the beginning of illness.

Take-home messages

- Use of new anti-infective drugs should be based on the careful analysis of well-conducted clinical studies in pediatrics
- To fight antimicrobial resistance represents a priority that requires a multi-level commitment
- To implement multidisciplinary antimicrobial stewardship programs for hospital and community setting is mandatory also in pediatrics
- Synergism between scientific society & political/institutional level is mandatory to fight antimicrobial resistance
- AI-driven health interventions could lead to improved health outcomes in pediatric infectious diseases management
- High vaccination coverage is extremely important to reduce antimicrobial resistance



Children are the only
future the human race has.
Treat them well!