

Le infezioni pandemiche virali

Michele Bartoletti

Humanitas University
-Department of Biomedical Sciences -





Outline

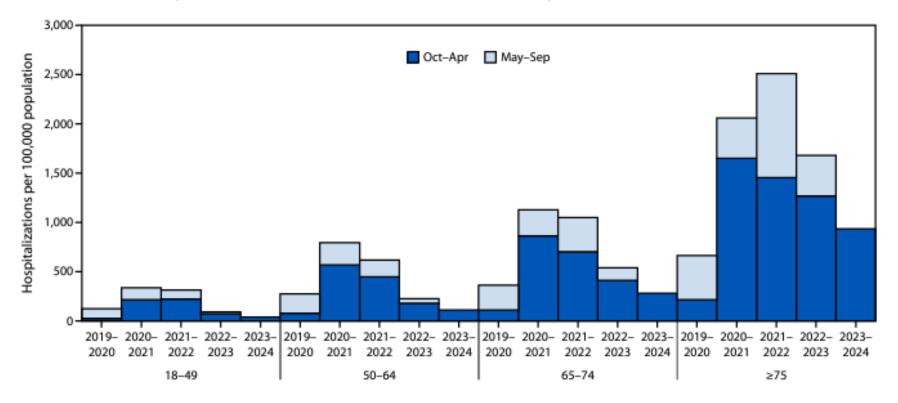
- Update on
 - COVID-19
 - RSV
 - Influenza



COVID-19–Associated Hospitalizations Among U.S. Adults Aged ≥18 Years — COVID-NET, 12 States, October 2023–April 2024

Morbidity and Mortality Weekly Report

FIGURE 1. Cumulative* COVID-19–associated hospitalization[†] rates among adults aged ≥18 years, by age group and surveillance season[§] — COVID-19–Associated Hospitalization Surveillance Network, 12 states, ¶ March 2020–April 2024

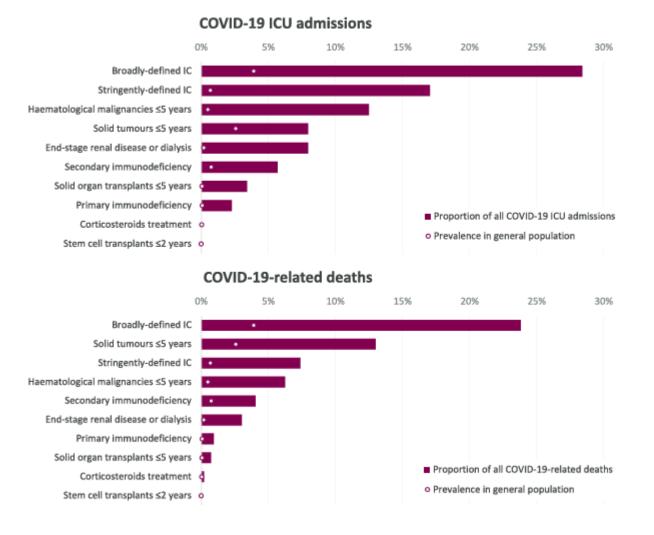




Impact of COVID-19 on immunocompromised populations during the Omicron era: insights from the observational population-based INFORM study

Evans R et al. Lancet Reg Health Eur 2023 Oct 13:35:100747

- Broadly defined IC = 3.9% of the overall population
- Stringently-defined 0.7% the overall population vs 8.0% of COVID-19 hospitalisations,16.5%of ICUadmissions, and7.4% of deaths



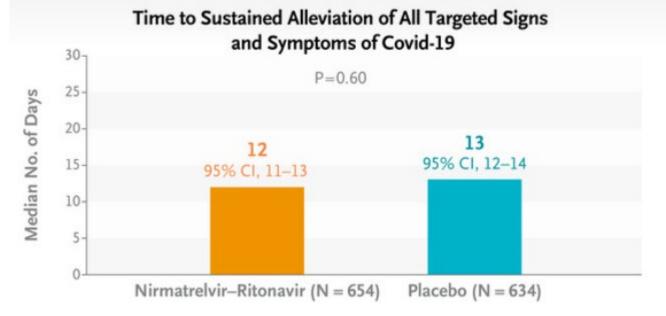


Nirmatrelvir for Vaccinated or Unvaccinated Adult Outpatients with Covid-19

Hammond J et al. N Engl J Med 2024 Apr 4;390(13):1186-1195

1296 patients randomized to receive nirmatrelvir-ritonavir or placebo every 12 hours for 5 days

The primary end point was the time to sustained alleviation of all targeted Covid-19 signs and symptoms. Covid-19—related hospitalization and death from any cause were also assessed through day 28.



Hospitalizations or deaths

- Nirmatrelvir-ritonavir 5/654 participants (0.8%)
- Placebo 10 /634 (1.6%)
- difference of -0.8 percentage points (95% confidence interval [CI], -2.0 to 0.4)



The US NIH COVID-19 treatment guidelines reflect a multifaceted approach for COVID-19 management

Patients hospitalised for COVID-19

High risk, not on supplemental O₂

Low-flow O₂

High-flow O₂ or NIV

IMV or ECMO

Preferred therapies:

Remdesivira

Recommends against the use of dexamethasone or other systemic corticosteroids^b

Please refer to local authority guidance and recommendations for the treatment of COVID-19. Baricitinib, infliximab and abatacept are not approved for use in COVID-19 in either the UK or EU. Please refer to local prescribing information of individual medicines before prescribing

Minimal O₂ requirement:

Remdesivir^{a,c}
Most patients:

Dexamethasone plus remdesivir^{b,c}

Dexamethasoned

Patients receiving dexamethasone who have rapidly increasing O₂ requirements add:

IV tocilizumabe

or PO baricitinibe

Alternatives: IV abatacept or IV infliximab

Preferred therapies:

Dexamethasone plus PO baricitinib^f

Dexamethasone plus IV tocilizumab^f

Preferred therapies:

Dexamethasone plus PO baricitinibe,f

Dexamethasone plus IV tocilizumabe,f

Dexamethasone

Add remdesivir to 1 of the above options in immunocompromised patients, those with ongoing viral replication or symptoms lasting ≤10 days

The safety and efficacy of remdesivir in immunocompromised patients have not yet been established. Only limited data are available



December 2021-April 2023

Remdesivir + dexamethasone was associated with a significant reduction in mortality risk vs dexamethasone in patients hospitalised with COVID-19



RDV + DEX (n=33,037)

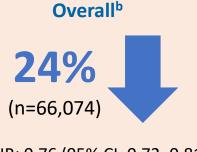
DEX (n=33,037)



Primary outcome

14-day and 28-day all-cause mortality^a

Mortality relative risk reduction at Day 28 for RDV + DEX vs DEX alone



aHR: 0.76 (95% CI, 0.72–0.81) p<0.0001

No supplemental oxygen



aHR: 0.80 (95% CI, 0.74–0.88) Unadjusted ARR: 0.5% p<0.0001

Low-flow oxygen



aHR: 0.74 (95% CI, 0.68–0.81) Unadjusted ARR: 1.6% p<0.0001

High-flow oxygen/NIV



aHR: 0.71 (95% CI, 0.65–0.78) Unadjusted ARR: 3.1% p<0.0001

Remdesivir in combination with dexamethasone was associated with an overall decreased risk of mortality



RSV



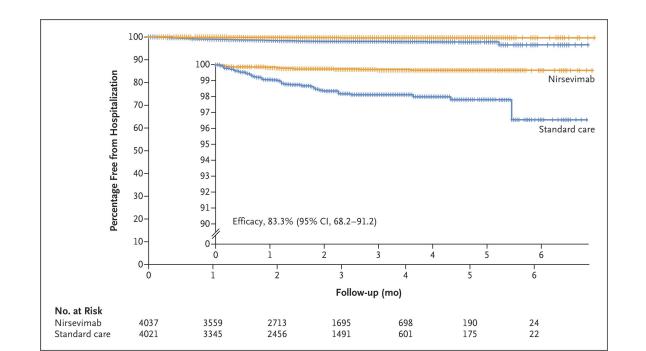
Nirsevimab for Prevention of Hospitalizations Due to RSV in Infants

Drysdale SB, et al. N Engl J Med. 2023

POPULATION and INTERVENTION

Infants who were 12 months of age or younger, had been born at a gestational age of at least 29 weeks, and were entering their first RSV received Nirsevimab (single dose) or placebo
PRIMARY ENDPOINT

The primary end point was hospitalization for RSV-associated lower respiratory tract infection





Efficacy and Safety of a Bivalent RSV Prefusion F Vaccine in Older Adults Walsh EE, et al. N Engl J Med. 2023

POPULATION:

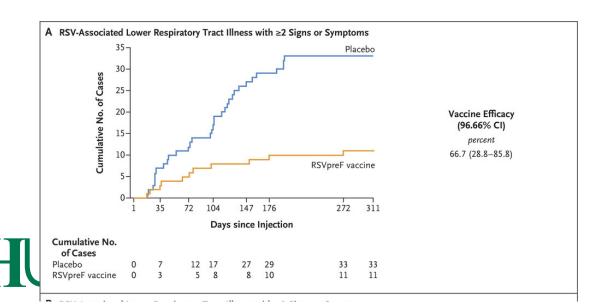
adults (≥60 years of age)

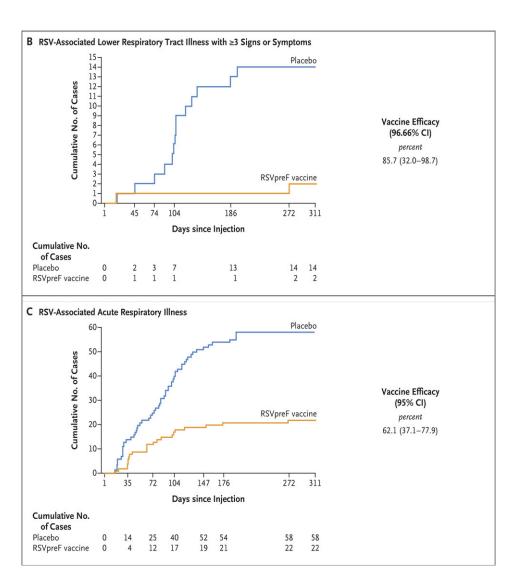
INTERVENTION:

- a single intramuscular injection of RSVpreF vaccine at a dose of 120 μg (RSV subgroups A and B, 60 μg each)
- placebo.

ENDPOINT:

 The two primary end points were vaccine efficacy against seasonal RSV-associated lower respiratory tract illness

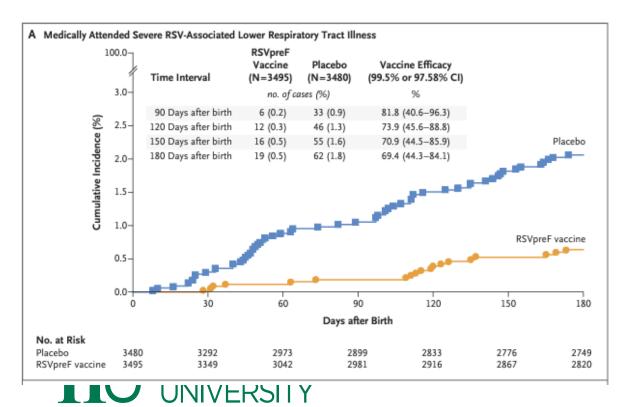


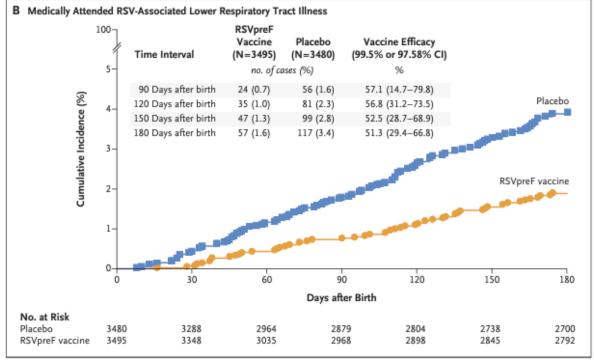


Bivalent Prefusion F Vaccine in Pregnancy to Prevent RSV Illness in Infants

Kampmann B N Engl J Med. 2023 Apr 20;388(16):1451-1464

Pregnant women at 24 through 36 weeks' gestation to receive a single intramuscular injection of 120 μg of a bivalent RSV prefusion F protein-based (RSVpreF) vaccine or placebo







ClinicalTrials.gov



Study of Obeldesivir to Treat Nonhospitalized Adults With Acute Respiratory Syncytial Virus (RSV) Infection

ClinicalTrials.gov ID NCT06585150

Sponsor (1) Gilead Sciences

Information provided by (i) Gilead Sciences (Responsible Party)

Last Update Posted 1 2024-10-21

A Phase 2 Randomized, Placebo-controlled Study of the Safety and Efficacy of Obeldesivir to Treat Nonhospitalized Adults With Acute Respiratory Syncytial Virus (RSV) Infection



INFLUENZA



Safety and efficacy of onradivir in adults with acute uncomplicated influenza A infection: a multicentre, double-blind, randomised, placebo-controlled, phase 2 trial

- Onradivir (ZSP1273) is a novel anti-influenza A virus inhibitor.
- Participants were randomly assigned (1:1:1:1) into four groups by an interactive web response system:
 - onradivir 200 mg twice per day group,
 - onradivir 400 mg twice per day group,
 - onradivir 600 mg once per day group,
 - placebo group
- The median difference between the onradivir 600 mg once per day group and the placebo group was -22.82 h (p=0.0330). The most frequently reported treatment-emergent adverse event was diarrhoea (71 [42%] of 171),



TABLE 3 Influenza drugs in clinical trials

| | | IC ₅₀ | 100% Protection | Adverse | | Clinical | |
|-----------------|----------------|---------------------------------|-----------------------|-------------------|-------------|------------|--------------|
| Name | Target | ₍ μg/mL ₎ | In vivo | event | Usage | study | References |
| | | | Peptides and small mo | lecule drugs | | | |
| | | | Target the ho | ost | | | |
| | | 0.04-0.9 | Pre: 0.3 U/treat/day | | | | |
| DAS181 | Sialic acid | nM | Post: 30 U/treat/day | Elevated ALP | Inhalation | 1, 11 | (87-89) |
| Nitazoxanide | HA | 0.31-1 μM | 120 mg/kg/day | Headache | Oral | 1, 11, 111 | (90-99) |
| | | | Target the vir | us | | | |
| | | | | Nausea, vomiting, | | | |
| Ribavirin | PB1 | 5.1 | - | diarrhea | Oral | 1, 11 | (8, 100-105) |
| Pimodivir | PB2 | 0.13-3.2 nM | 20 mg/kg twice daily | Diarrhea | Oral | 1, 11, 111 | (106-110) |
| nisamium lodide | RNA polymerase | - | - | - | Oral | II, III | (111, 112) |
| Atorvastatin | Envelope | - | - | - | | II | (113, 114) |
| Naproxen | NP | 16.7–19.2 μM | 10 mg/kg/day | No | Oral | IIb/III | (115, 116) |
| C221 | - | - | - | - | | 1, 11 | - |
| INJ4796 | HA stalk | 0.012-3.24 μM | 10 mg/kg twice daily | | Oral | - | (117) |
| | | | Monoclonal antibo | dy drugs | | | |
| CR6261 | HA stalk | 0.12-14.87 | Pre: 5 mg/kg | - | Intravenous | 1, 11 | (118–122) |
| | | | Post: 15 mg/kg | | | | |
| R8020 HA stalk | HA stalk | 1.1–13.1 | Pre: 3 mg/kg | - | Intravenous | 1,11 | (119) |
| 2110020 | 101 Stant | | Post: 15 mg/kg | | | | |
| /IS410 | HA stalk | 0.3-11 | Post: 2.5 mg/kg | Mild diarrhea | Intravenous | I, II | (123–126) |
| MHAA4549A | HA stalk | 1.3-45.1 | Post: 100 and 900 µg | Headache | Intravenous | I, II | (127–130) |
| | | | Pre: 1 mg/kg | Headache, | | | |
| MEDI8852 | HA stalk | 0.064 | | hypoglycemia, | Monotherapy | 1, 11 | (131, 132) |
| | | | Post: 10 mg/kg | bronchitis | | | |
| TCN-032 | M2 | - | - | - | Monotherapy | I, II | (133, 134) |
| 1G01 | NA | 0.01-2 | Pre: 0.3 mg/kg | - | - | - | (135) |
| | | | Post: 5 mg/kg | | | | (133) |





H5 Bird Flu: Current Situation

Confirmed human case summary during the 2024 outbreak, by state and exposure source

Exposure Source

| State | Cattle | Poultry | Unknown | State Total |
|--------------|--------|---------|---------|-------------|
| California | 27 | 0 | 0 | 27 |
| Colorado | 1 | 9 | 0 | 10 |
| Michigan | 2 | 0 | 0 | 2 |
| Missouri | 0 | 0 | 1 | 1 |
| Oregon | 0 | 1 | 0 | 1 |
| Texas | 1 | 0 | 0 | 1 |
| Washington | 0 | 11 | 0 | 11 |
| Source Total | 31 | 21 | 1 | 53 |

