



Uso appropriato degli antifungini

Małgorzata MIKULSKA, MD, PhD

Associate Professor of Infectious Diseases

University of Genoa, Dipartimento di Scienze della Salute (DISSAL) and Ospedale Policlinico San Martino

Genoa, Italy



Università degli Studi di Genova
Dipartimento di Scienze della Salute (DISSAL)
Genoa, Italy

Clinica Malattie Infettive
Ospedale Policlinico San Martino
Genoa, Italy



OSPEDALE POLICLINICO SAN MARTINO
Sistema Sanitario Regione Liguria
Istituto di Ricovero e Cura a Carattere Scientifico

Disclosures

Lecture fees and board meeting fees from:

- Gilead
- Janssen
- MSD
- Mundipharma
- Pfizer

Uso appropriato degli antifungini

The need for antifungal stewardship

- High morbidity
- High mortality, particularly in immunocompromised patients
- Increasing incidence
 - increase in at risk populations (age, devices)
 - outbreaks of fluco-R *C. parapsilosis*, *C. auris*



- Substantial economic burden on the health system
- High rates of adverse drug reactions
- Significant drug–drug interactions
- Emergence of antifungal resistance

Uso **appropriato** degli antifungini

Correct indication

Indication for prophylaxis
Indication for treatment (and type of treatment: empirical, targeted)
Evaluation of patient's risk and correct diagnosis

Correct antifungal

Drug with the best efficacy and lowest toxicity
Drug recommended and licenced for this indication (off label?)
Consider the risk of DDIs and cumulative toxicities

Correct dose

BMI, renal clearance, site of infection
Challenges in the ICU (RRT, ECMO)

Correct lenght of treatment

Early discontinuation if empirical
Step down oral therapy if possible
Criteria for ending treatment

Uso appropriato

- Six studies have evaluated the appropriateness of antifungal prescribing, either solely or predominantly in the cancer setting
 - Overall rate of appropriate antifungal prescribing **29.4% - 56.5%**
- Key areas for improvement identified
 - **prolonged duration of antifungal prescribing for both prophylactic and empiric therapy**
 - inappropriate choice of antifungal agent
 - incorrect loading and maintenance dosing
 - suboptimal management of drug–drug interactions
 - poor utilisation of antifungal therapeutic monitoring (TDM)

Table 1 – A scoring system for the evaluation of antifungal prescription adequacy.

Parameter	Question	Points
Indication	Does the patient need an antifungal?	Yes (2); No (0)
Selection	Is the agent active against the disease and is the first choice?	Yes (1) No (0)
Dosage	Correct dosage for indication, weight, renal function, hepatic function, drug interactions?	Yes (1) No (0)
Microbiologic adjustment	Has prescription been adjusted according to laboratory results?	Yes (2) No (0)
Route	If started with IV, changed to oral if possible?	Yes (1) No (0)
Duration	Correct duration?	Yes (2) No (0)
IV = intravenous		

Evaluation of appropriate use

Patient's risk and **correct diagnosis**

- Diagnosis
 - Availability of diagnostic methods
 - Correct application to specific settings
 - Pre-test probability for evaluation of PPV and NPV
 - Correct interpretation of the results

The Role of Diagnostics-Driven Antifungal Stewardship in the Management of Invasive Fungal Infections: A Systematic Literature Review

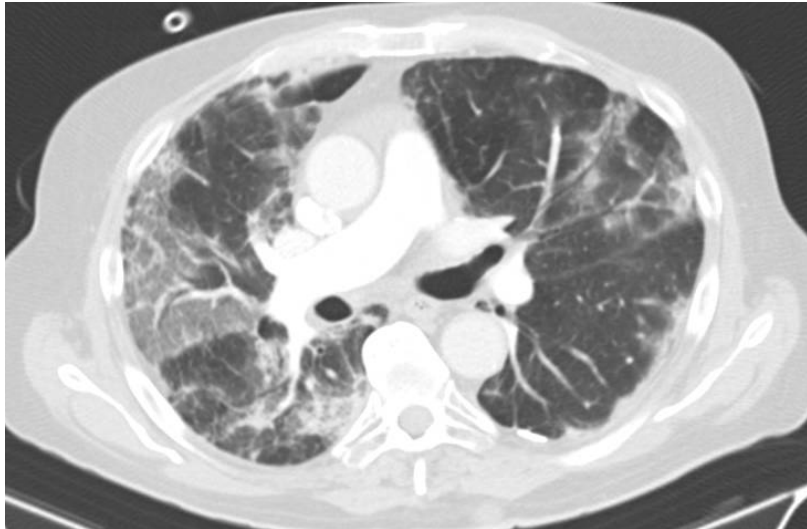
Arunaloke Chakrabarti,^{1,✉} Naglaa Mohamed,² Maria Rita Capparella,³ Andy Townsend,⁴ Anita H. Sung,² Renee Yura,⁵ and Patricia Muñoz^{6,7,8,9}

- Systematic literature review evaluated the impact of diagnostics in AFS programs
- Diagnostic approaches included
 - serum β -1–3-D-glucan test (7/17), galactomannan test (4/17), computed tomography scan (3/17), magnetic resonance (2/17), matrix-assisted laser desorption and ionization time-of-flight mass spectrometry (MALDI-TOFMS; 2/17), polymerase chain reaction (1/17), peptide nucleic acid fluorescent in situ hybridization (PNA-FISH) assay (1/17), and other routine methods (9/17)

Decreased

- Time to species identification with using MALDI-TOF and PNA-FISH (n =2)
- Time to targeted therapy and **length of empiric therapy (n=3)**
- **Antifungal consumption by 11.6%–59.0% (7/13)**
- **Cost-savings ranged from 13.5% to 50.6% (5/10)**
- Mortality rate (13/16) and length of stay (6/7)

Diagnosi nel setting giusto: Beta-D-glucano sierico



PCP in immunocompromised
Very high PPV
Positive BDG confirms diagnosis if
clinically suspected PCP



IA in hematology
Low PPV 50%
Negative result does not exclude IA

Patient in ICU?

Used to start
antifungal?

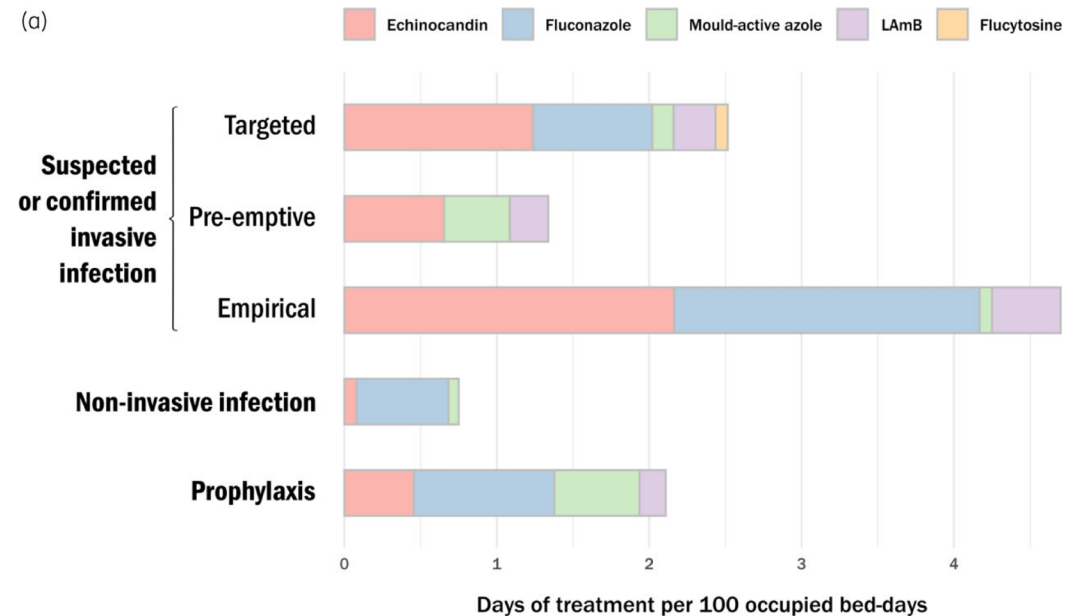
Used to stop
antifungal?

Candidemia in ICU
Higher sensitivity than blood
cultures
High NPV

Target the most prevalent antifungal use

Prophylaxis was most frequently prescribed in oncology and haematology units (40%)

Logan *et al.*



(b)

ORIGINAL



(1 → 3)-β-D-Glucan-guided antifungal therapy in adults with sepsis: the CandiSep randomized clinical trial

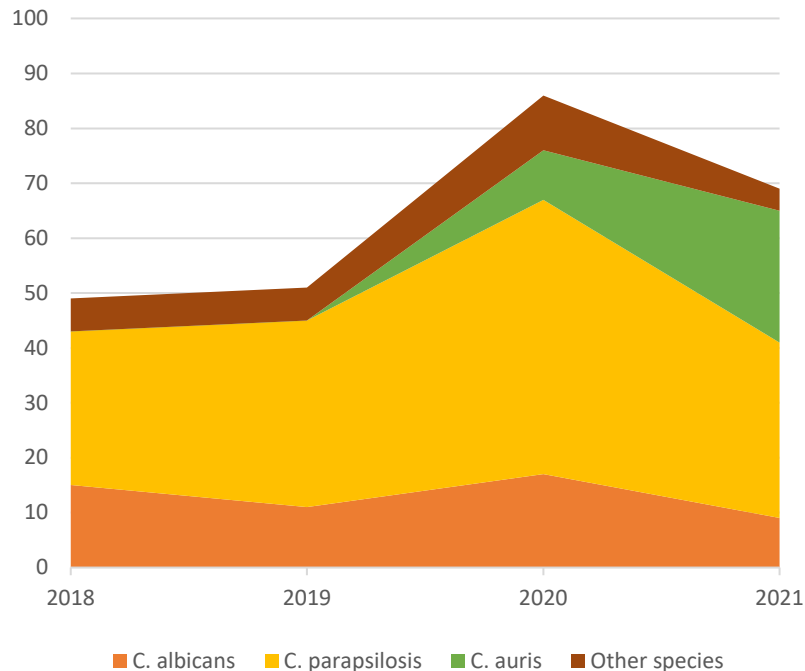
Frank Bloos^{1,2*}, Jürgen Held³, Stefan Kluge⁴, Philipp Simon^{5,12}, Klaus Kogelmann⁶, Geraldine de Heer⁴

BDG to start treatment (to improve early diagnosis and reduce the mortality)

- **Aim** : investigate whether BDG-guidance shortens time to antifungal therapy and thereby reduces mortality of sepsis patients with high risk of invasive Candida infection (ICI).
- **Methods**: Multicenter, randomized, 2016 – 2019 in 18 ICUs enrolling adult sepsis patients at high risk for ICI.
- Patients in the control group received targeted antifungal therapy driven by culture results.
- In addition to targeted therapy, **patients in the BDG group received antifungals if at least one of two consecutive BDG samples taken during the first two study days was ≥ 80 pg/mL.**
- Empirical antifungal therapy was discouraged in both groups. Primary endpoint - 28-day-mortality.
- **Results**: 339 patients; ICI was diagnosed in 48 patients (**14.2%**) within the first 96 h after enrollment.
- In the BDG-group, **48.8% (84/172)** patients received antifungals during the first 96 h after enrollment and 6% (10/167) patients in the control group.
- Death until day 28 occurred in 58 of 172 patients (33.7%) in the BDG group and 51 of 167 patients (30.5%) in the control group (relative risk 1.10; 95% confidence interval, 0.80–1.51; $p = 0.53$).
- Median time to antifungal therapy: 1.1 (IQR 1-2.2) in BDG group and 4.4 (IQR 2.0–9.1, $p < 0.01$) days in the control group.

Conclusions: Serum BDG guided antifungal treatment did not improve 28-day mortality among sepsis patients with risk factors for but unexpected low rate of IC was observed. This study cannot comment on the potential benefit of BDG-guidance in a more selected at-risk population.

BDG to stop antifungals in ICU? Not everywhere



Mikulska M, Magnasco L, Signori A, et al. J Fungi 2022

- Retrospective study: ICU 2018–2021
- Aim - investigate the sensitivity of serum BDG for the diagnosis of candidemia stratified according to causative *Candida* species in ICU patients.
- All 146 episodes of candidemia with a determination of BDG available within 3 days before or after positive blood culture were recorded

<i>Candida</i> Species (Total Number of Episodes = 146; Total Number of BDG Samples = 187) §	Sensitivity (95% CI)
For all samples ($n = 187$)	51.3% (44.1–58.5%)
For all episodes ($n = 146$)	47.3% (39.0–55.0%)
For <i>C. albicans</i> ($n = 40$) samples	65.0% (48.7–78.4%)
For <i>C. albicans</i> ($n = 29$) episodes	62.1% (42.8–78.2%)
For <i>C. parapsilosis</i> ($n = 105$) samples	48.6% (39.1–58.2%)
For <i>C. parapsilosis</i> ($n = 84$) episodes	44.0% (33.7–54.9%)
For <i>C. auris</i> ($n = 26$) samples	42.3% (24.5–62.4%)
For <i>C. auris</i> ($n = 21$) episodes	42.9% (23.0–65.3%)
For other species ($n = 16$) samples *	50.0% (25.6–74.4%)
For other species ($n = 12$) episodes **	41.7% (16.4–72.2%)

Intensive Care Antifungal Stewardship Programme Based on T2Candida PCR and Candida Mannan Antigen: A Prospective Study

Anders Arendrup^{6,8,9}, Jannik Hahnke¹, Jörg Löffler², Birthe Riis Olesen⁷, Mathias Soderlund¹ and Maiken Cavlin

- 219 patients with 504 T2Candida/MAG samples
- IC proven in 29 (13.2%), likely in 7 (3.2%) and possible in 10 (5.5%) patients
- Sensitivity/specificity/PPV/NPV values, for proven/likely versus unlikely IC
- 47%/100%/94%/90% for BC alone
- 50%/97%/75%/90% for T2Candida alone
- 39%/96%/67%/88% for MAG alone
- 70%/90%/63%/93% for the combination of T2Candida/Mag taken 3 days after AFT initiation
- **No reduction in overall use of AFT during the study period compared with the previous year was observed.**
- **An AFSP based on T2Candida and MAG screening contributed to a reduction of unnecessary treatment, but not overall AFT use.**
- The diagnostic performance of T2Candida was lower than previously reported, but increased if T2Candida was combined with MAG.

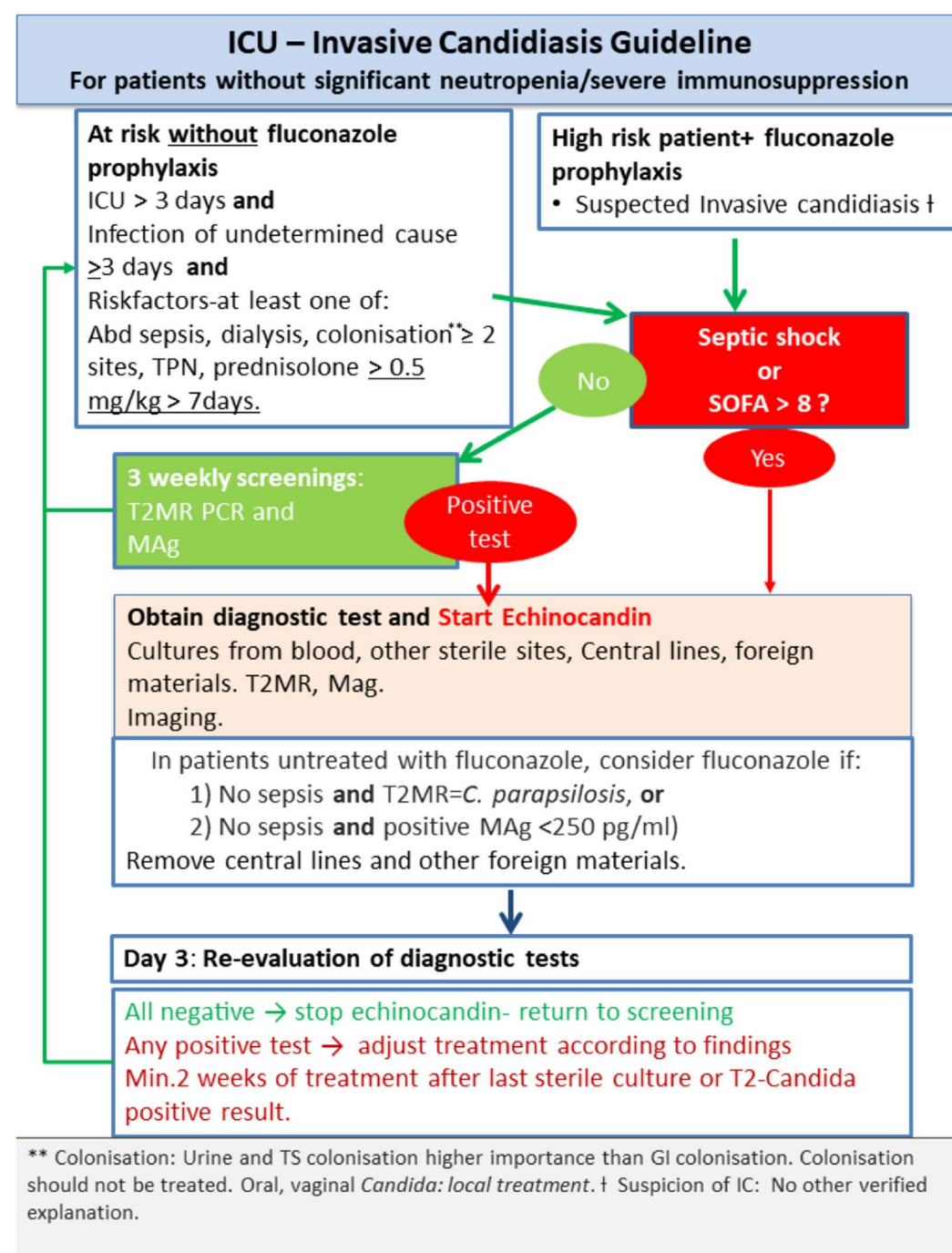


Figure 1. Antifungal Stewardship Programme flowchart algorithm.

Uso **appropriato** = Diagnosi Essere motivati



- Ottobre 2022
- Paziente di 47 anni con LLA, inviata al nostro centro per eseguire allo-HSCT
- Asintomatica, PCR neg
- TC pre-HSCT: nodulo spiculato



Anamnesi:

- Profilassi con posaconazolo **soluzione orale** durante la chemioterapia iniziale (no TDM)
- Due episodi di neutropenia febbrile durante le chemioterapie successive, trattati con successo con la terapia antibiotica e anche la terapia empirica con L-AmB

Quel profilassi durante allo-HSCT?

BAL: negativo, incluso GM e colturale aspergilli

Biopsia polmonare:

- GM positivo > terapia antifungina
- colturale aspergilli negativo
- esame istologico
- chemioterapia di condizionamento

..... ife > indicazione alla profilassi secondaria

Lenght of therapy

Received: 2 January 2020 | Revised: 24 January 2020 | Accepted: 28 January 2020
DOI: 10.1111/myc.13056

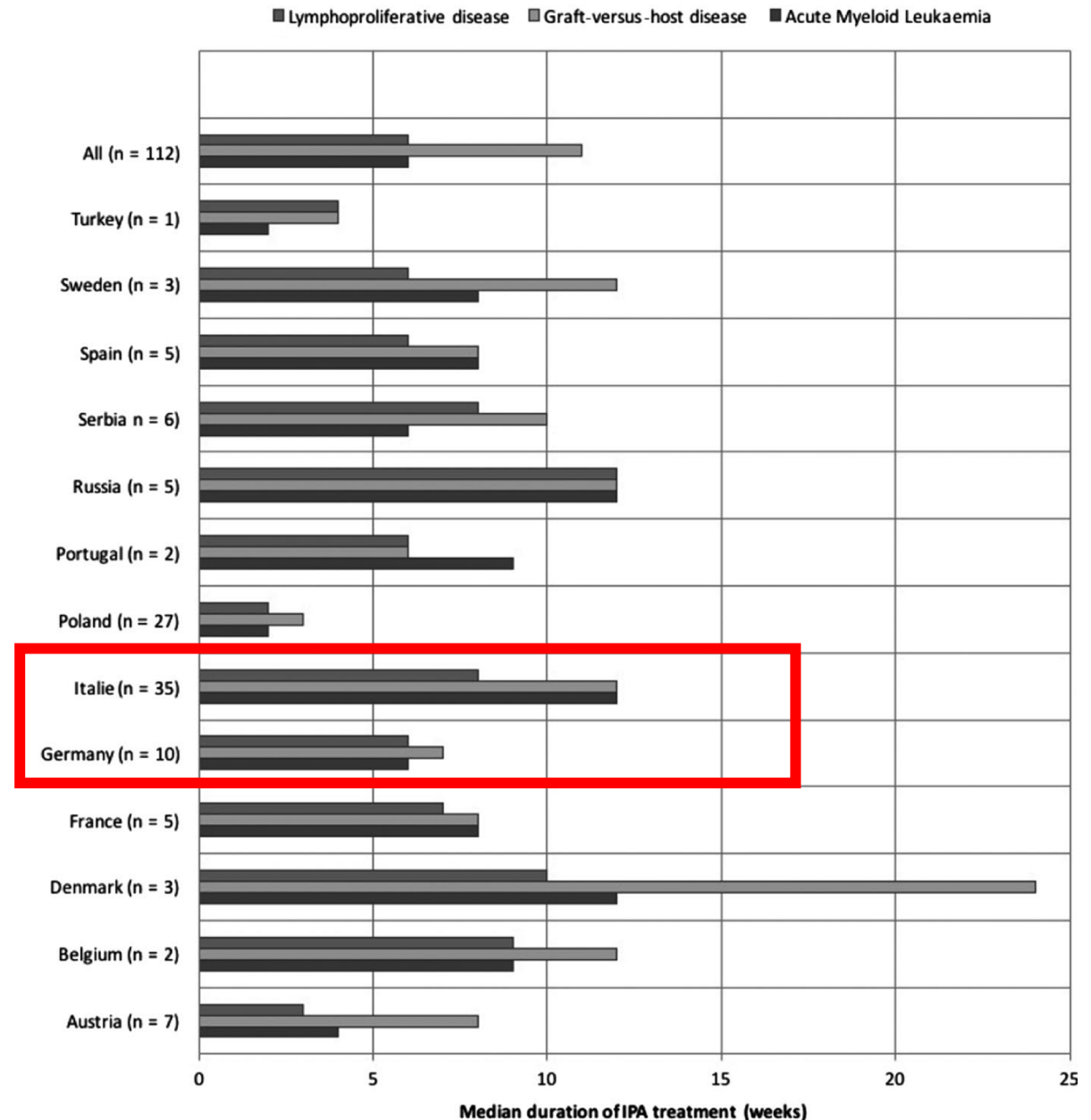
ORIGINAL ARTICLE

mycoses WILEY

Invasive pulmonary aspergillosis treatment duration in haematology patients in Europe: An EFISG, IDWP-EBMT, EORTC-IDG and SEIFEM survey

Fanny Lanternier^{1,2} | Danila Seidel^{3,4} | Livio Pagano^{5,6,7} | Jan Styczynski⁸ |
Malgorzata Mikulska⁹ | Celine Pulcini¹⁰ | Johan Maertens^{11,12} | Patricia Munoz¹³

- **Optimal duration of antifungal treatment for IA unknown, no guidelines**
- In 2017 112 physicians from 14/16 countries answered
- Treatment duration differed between haematological malignancies, with a median duration of
 - 6 weeks [IQR 3-12] for patients with AML,
 - 11 weeks [4-12] for patients with alloHSCT and GvHD
 - 6 weeks [3-12] for patients with lymphoproliferative disease
- Treatment duration significantly differed according to country



Uso **appropriato?**

What in case of discordant guidelines or recommendations based on very old studies?

Example: The lenght of treatment in candidemia



- All consecutive adult patients with **uncomplicated** *Candida* BSI 1/09/18-31/08/20
- Included if:
 - treated with an antifungal
 - follow-up blood cultures performed q48h
 - alive at the end of treatment
- 114/420 patients
- Prolonged course 14 d (IQR 14-16) was not associated with lower rate of recurrence or lower 1 year mortality vs. short course 9d (IQR 7-11)

RCT?

Conclusioni

- Uso appropriato degli antifungini non è un compito facile (è non è così frequente come ci piace pensare)
- Programmi di antifungal stewardship sono fondamentali, e devono includere
 - Pre-authorization (line guida interne),
 - **Postprescription review and feedback (PPRF)**
 - Prescriber education
- Disponibilità delle metodiche diagnostiche e loro corretto utilizzo sono fondamentali
- Durata della terapia antifungina rimane un argomento da studiare
- Sono necessari metodi automatizzati per il monitoraggio delle terapie antifungina (rate di infezione, rate di test diagnostici eseguiti, prescrizioni, dosi e durate)

