



Clinica delle Malattie Infettive e Tropicali

Università degli Studi dell'Insubria – ASST-Sette Laghi, Varese

“Second Opinion” Infettivologica Centro Nazionale Trapianti, ISS, Roma



Il rischio infettivo e la profilassi delle infezioni opportunistiche nel pre e post-trapianto di organo solido

Paolo Antonio Grossi



Conflict of interest

I have the following conflict(s) of interest to declare:

Consultant for: MSD, BIOTEST, GILEAD, ALLOVIR, TAKEDA,
ASTRA-ZENECA

Speaker's bureau for: MSD, GILEAD, BIOTEST, TAKEDA, ASTRA-
ZENECA

EUROPEAN UNION DATA

NEWSLETTER TRANSPLANT 2023

Kidney Transplants	Liver Transplants	Heart Transplants	Lung Transplants	Pancreas Transplants	Small Bowel Transplants	Organs Transplanted
16 794 (18% LD)	6 804 (3% LD)	2 076	1 815	449	14	27 952

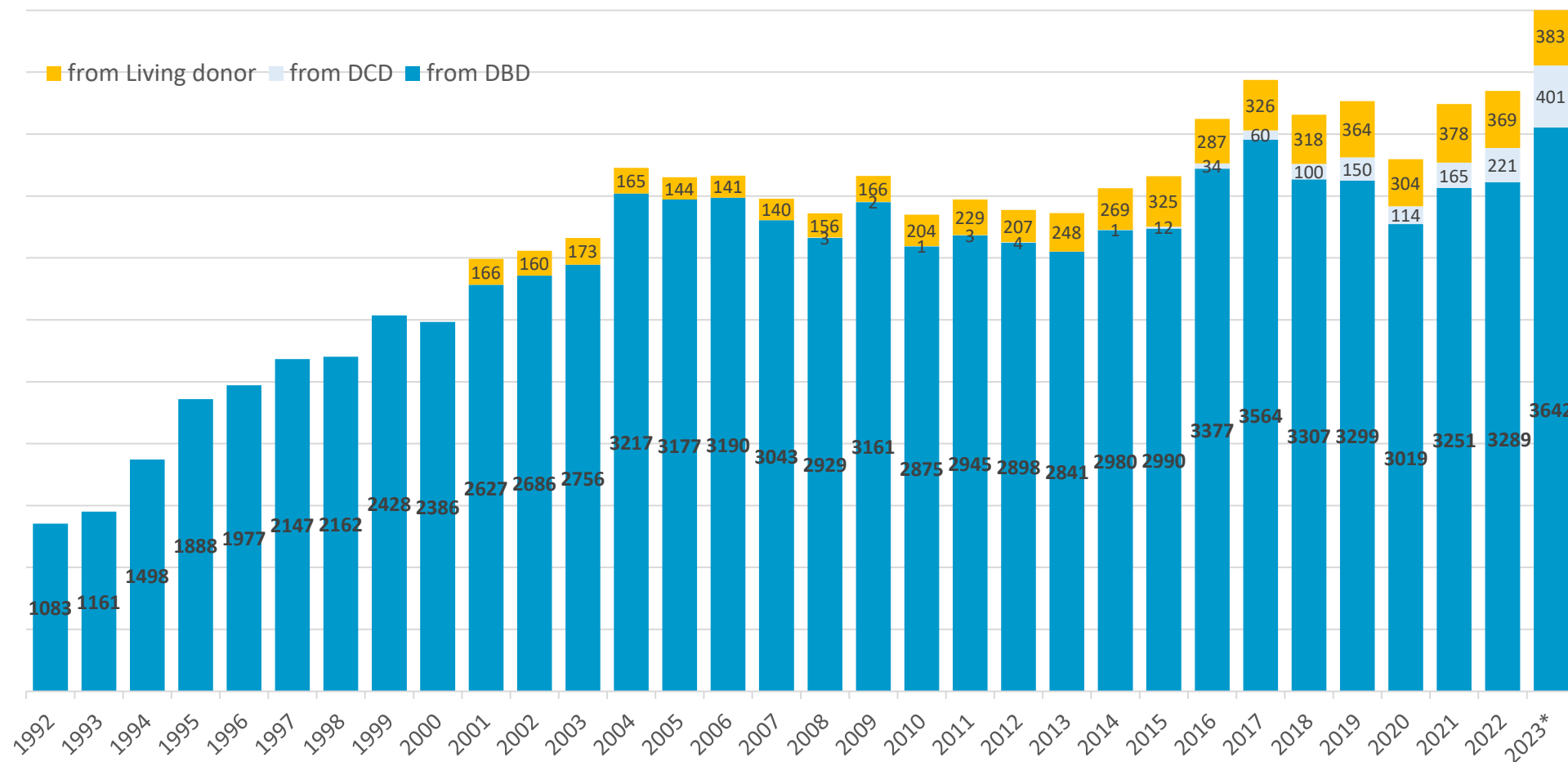
9 305 ACTUAL DECEASED ORGAN DONORS (7 551 DBD and 1 754 DCD)

2022 data

N= 27 COUNTRIES (445.0 million inhabitants)



National Transplantation activity 1992– 2023



Tx from Deceased (DBD & DCD) + Living donor

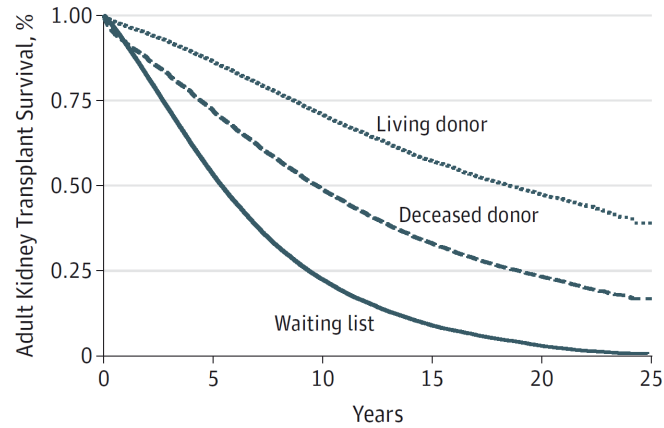
numbers

*Data projections for the year (updated 30/06/2023)

Data source: **SIT and TCs**

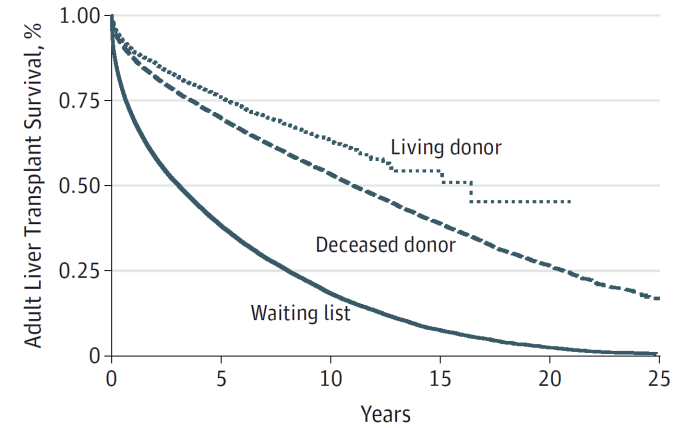
Survival Benefit of Solid-Organ Transplant in the United States

A Adult kidney transplantation



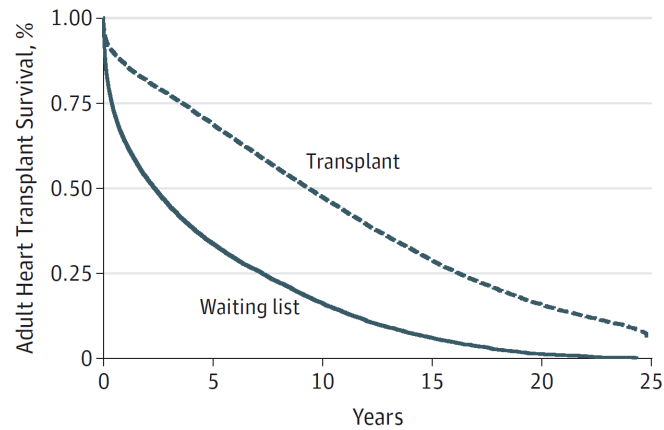
No. at risk	0	5	10	15	20	25
Waiting list	239162	43202	7083	1472	275	32
Deceased donor	148292	74561	27850	8576	1859	16
Living donor	87387	50125	19255	5275	1115	8

B Adult liver transplantation



No. at risk	0	5	10	15	20	25
Waiting list	69193	11764	2705	473	76	16
Deceased donor	72817	35986	15434	5339	1096	13
Living donor	2616	1426	446	16	3	0

C Adult heart transplantation



No. at risk	0	5	10	15	20	25
Waiting list	23945	3332	1070	265	39	1
Transplant	41763	23272	11378	4080	902	12



QUALITÀ DEI TRAPIANTI



SOPRAVVIVENZA*
del **PAZIENTE**
ad un anno dal trapianto



SOPRAVVIVENZA*
dell'**ORGANO**
ad un anno dal trapianto



PAZIENTI
CHE LAVORANO**
o sono in condizioni di farlo

TRAPIANTI DI **RENE**

Periodo di riferimento
2000-2015

97,3%



92%



93%



TRAPIANTI DI **FEGATO**

Periodo di riferimento
2000-2014

86,5%



81,9%



85,5%



TRAPIANTI DI **CUORE**

Periodo di riferimento
2000-2015

80,9%



80,9%



90,1%



TRAPIANTI DI **POLMONE**

Periodo di riferimento
2002-2015

69,6%



68,1%



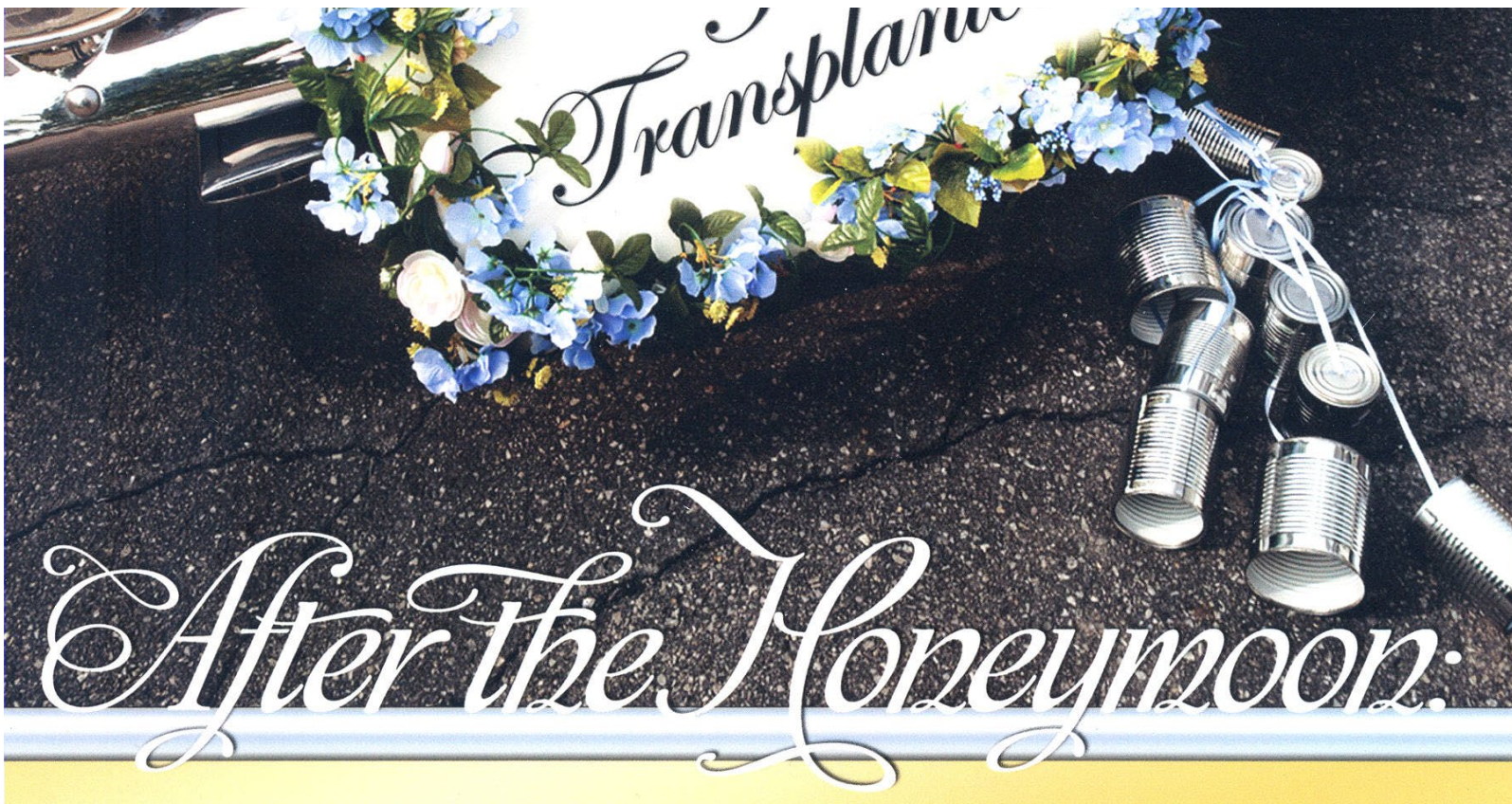
80,16%



* I dati si riferiscono ai trapianti da donatore deceduto su pazienti adulti e pediatrici - ** i dati si riferiscono al 70% circa dei trapianti analizzati



Organ transplantation has many potential post-transplant complications with infection being a major contributor



Risks of transplantation

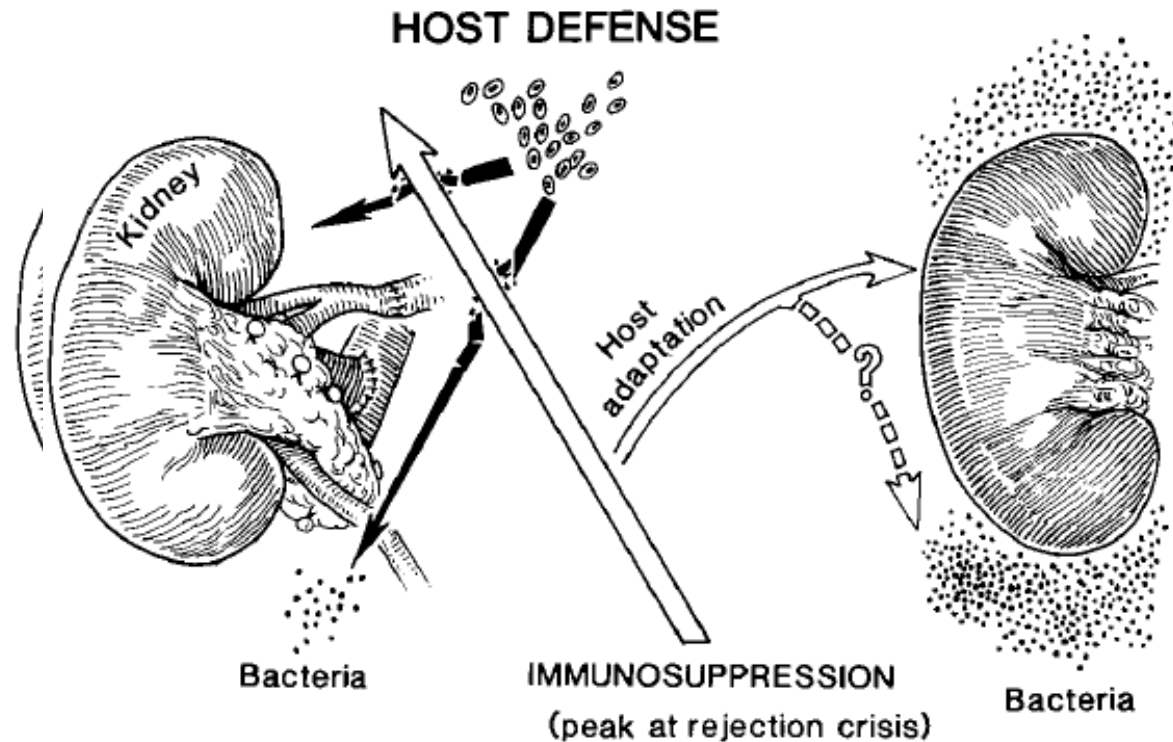
- Transplantation, whether of organs, tissues or cells, **is not without risk.**
- Transplantation carries the risk of the operative procedure itself, the risk of donor-derived disease transmission and the risk of the lifelong immunosuppressive therapy necessary in organ transplantation.
- **However, the most important risk factor in transplantation is not to get an organ in time.**

RISK FOR INFECTION IN SOT RECIPIENTS

The risk of infection for the recipient at any point in time after transplantation is a function of two factors:

1. The **epidemiologic exposures** of the patient and the organ donor including recent, nosocomial and remote exposures.
2. The patient's “**net state of immunosuppression**” including all factors contributing to the risk for infection.

Possible mechanisms of simultaneous loss of host reactivity to specific strains of endogenous bacteria and to the alien renal tissue

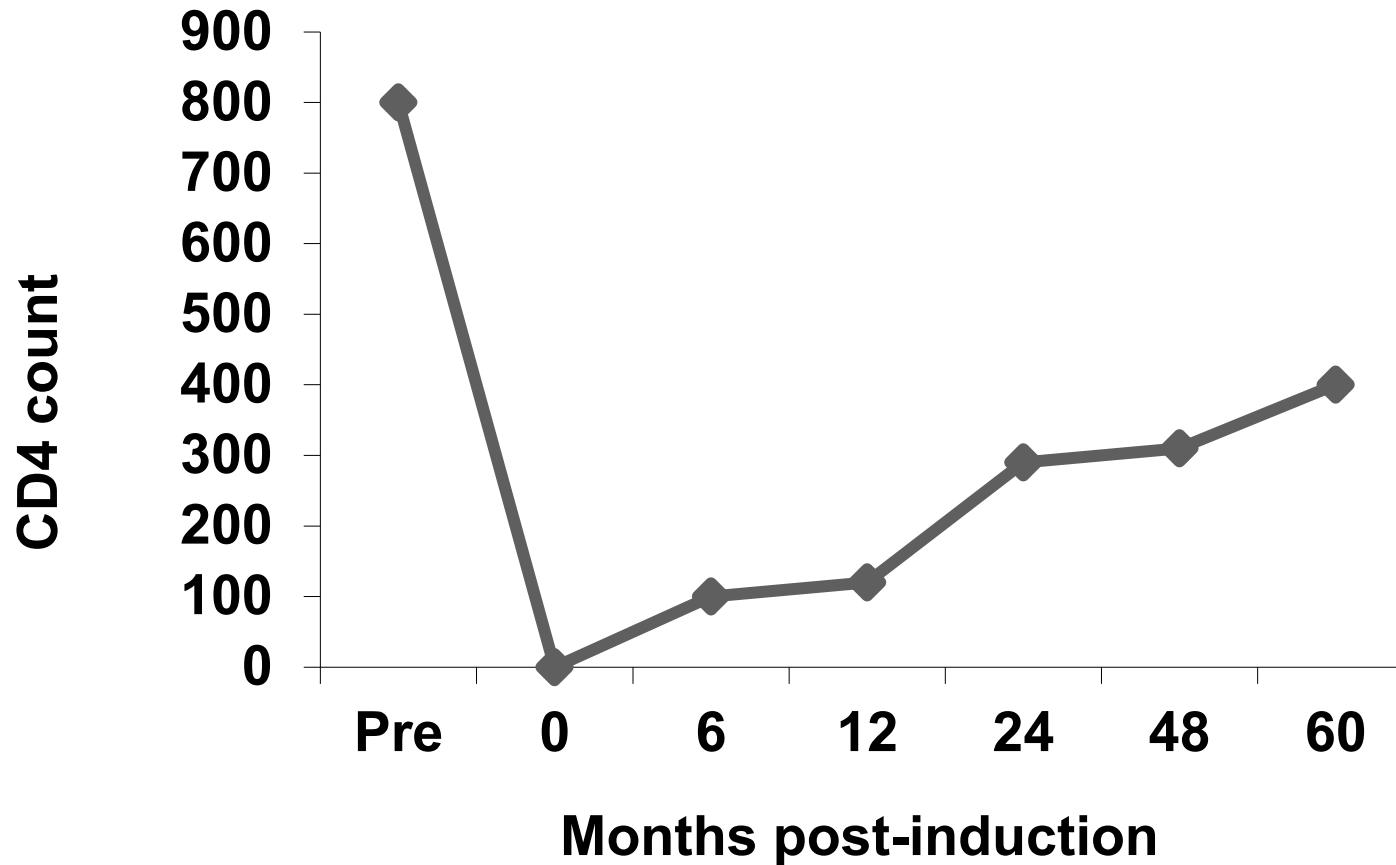


It was feared that chronic drug immunosuppression powerful enough to prevent organ allograft rejection would render the recipient hopelessly vulnerable to indigenous and environmental pathogens.

Immunosuppressive agents and their effect on the immune system

Farmaco	Neutrofili	Monociti circolanti	Macrofagi	Linfociti T	Linfociti B	Cellule NK	Risposta infiammatoria
Ciclosporina A				+			
Tacrolimus				+			
Steroidi	+	+	+	+	+	+	+
Acido micofenolico	+			+	+		
Azatioprina	+				+	+	
Sirolimus				+	+	+	
Everolimus				+	+		
ATG/OKT3				+	+		
Basiliximab				+			
Daclizumab				+			
Alemtuzumab		+		+	+	+	

Anti-Thymocyte Globulins and CD4+ T-cell Depletion



• *CD4/CD8 ratio remains persistently inverted*

New immunosuppressive strategies and the risk of infection

- New immunosuppressive agents have resulted in a **marked reduction of rejection**
- The improvement gained is jeopardized by a potential **increase in infectious complications.**
- The paradigm example is the recent emergence of BK-virus nephropathy, which has been strongly linked to enhanced immunosuppression.
- While BK-virus nephropathy has been studied very intensely, less is known about the role of newer agents and the risk of infections.

Factors determining the risk of infection in solid organ transplant recipients

➤ Epidemiological exposure

- Donor-derived infections
- Recipient-derived infections
 - Chronic infections (HIV, HBV, HCV,..)
 - Latent infections
 - Pre-transplant colonization
 - Nosocomial infections
 - Community acquired infections

Screening of donor and candidate prior to solid organ transplantation—Guidelines from the American Society of Transplantation Infectious Diseases Community of Practice

Maricar Malinis¹ | Helen W. Boucher² | on behalf of the AST Infectious Diseases Community of Practice

Recommendations for screening of donor and recipient prior to solid organ transplantation and to minimize transmission of donor–derived infections

O. Len^{1,*}, C. Garzoni^{2,3,*}, C. Lumbreras⁴, I. Molina¹, Y. Meije¹, A. Pahissa¹, P. Grossi⁵ on behalf of the ESCMID Study Group of Infection in Compromised Hosts (ESGICH)

- Pretransplant screening of potential organ donors and recipients is **ESSENTIAL to the success** of SOT
- The goals of pre-Tx infectious disease screening are:
 - to identify conditions which may disqualify either donor or recipient;
 - identify and treat active infection pre-Tx;
 - recognize and (if possible) define the risk of infection and develop strategies for preventing and mitigating post-tx infection;
 - **and implement preventative measures, including immunizations.**

Infectious disease screening for candidates and donors prior to transplantation

Test	Candidate	Deceased donor	Living donor
Viral			
HIV			
Human immunodeficiency virus (HIV) antibody/antigen (fourth Generation HIV screening test)	x	x	x
HIV nucleic acid amplification testing (NAT)		x ^b	x ^b
Cytomegalovirus (CMV) IgG antibody	x	x	x
Hepatitis B virus (HBV)			
HBV surface antigen (HBsAg)	x	x	x
HBV core antibody (HBcAb-IgM and IgG, or total core antibody)	x	x	x
HBV surface antibody (HBsAb)	x		
HBV NAT		x ^b	x ^b
Hepatitis C virus (HCV)			
HCV antibody	x	x	x
HCV NAT	x ^c	x	x
Epstein-Barr virus (EBV) antibody (EBV VCA IgG, IgM)	x	x	x
West Nile virus serology or NAT (seasonal)			x

Test	Candidate	Deceased donor	Living donor
Parasitic			
<i>Toxoplasma</i> IgG antibody	x	x	x
<i>Strongyloides</i> IgG (if from endemic areas)	x	x	x
<i>Trypanosoma cruzi</i> serology (if from endemic areas)	x	x	x
Fungal			
<i>Coccidioides</i> serology (if from endemic areas)	x	x	x
Bacterial			
Syphilis (any of the following)	x	x	x
Fluorescent treponema antibody absorption (FTA-ABS)			
T. pallidum particle agglutination (TPPA)			
T. pallidum enzyme immunoassay (TP-EIA)			
Rapid plasma reagin (RPR)			
Venereal Disease Research Laboratory (VDRL)			
Tuberculosis (any of the following)	x		x
Purified protein derivative (PPD)			
Interferon gamma release assay (IGRA)			
Urine culture		x	
Blood culture		x	

^aDonor required screening per the UNOS/OPTN policies.³⁵

^bPHS increased risk donors.

^cRenal candidates on dialysis.

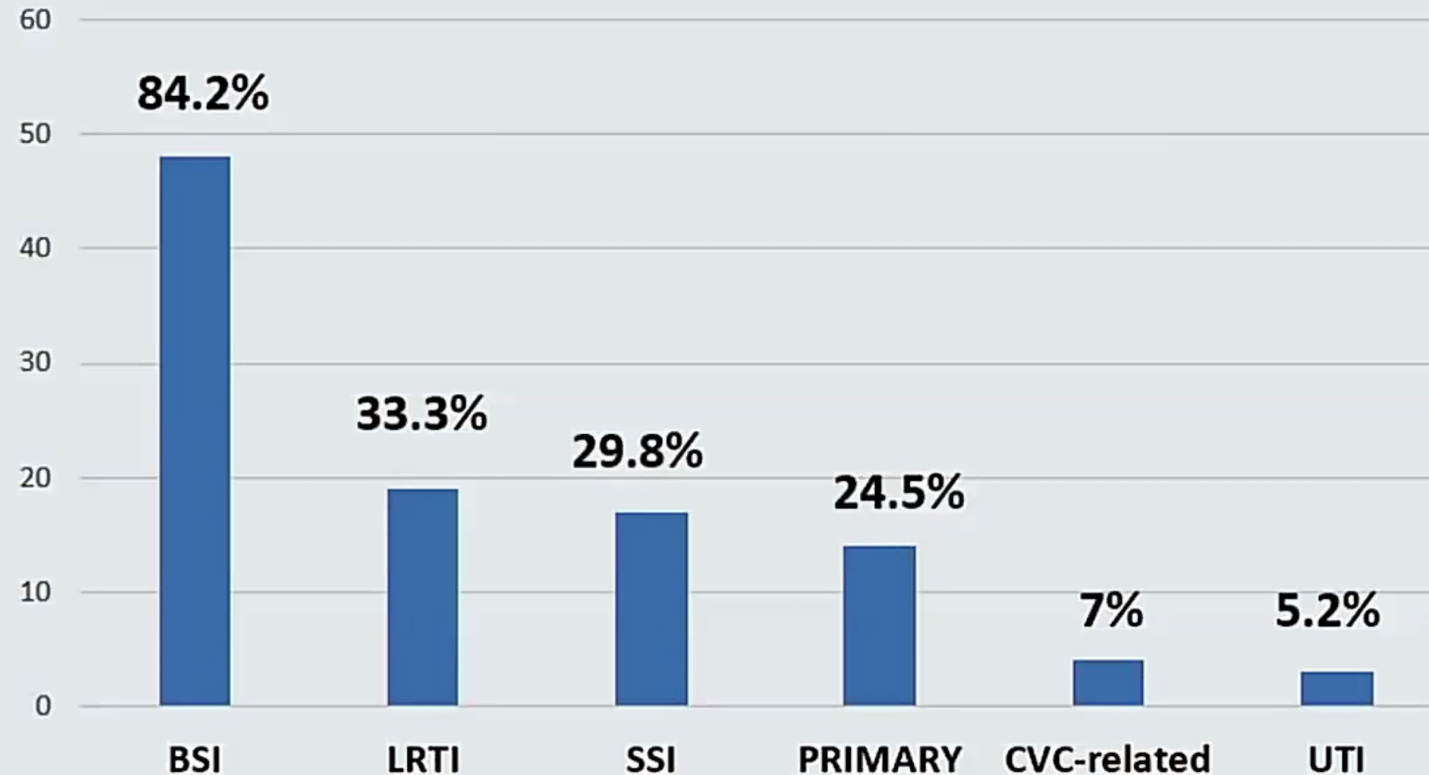
Transplant candidacy

- Given the complexities and complications of infection by MDR Gram-negative pathogens, should patients with evidence of carriage of carbapenem-resistant Gram-negative bacilli be offered transplantation?
- Institutions with active surveillance programs report high attack rates in patients discovered to have rectal carriage of carbapenem-resistant *K. pneumoniae*, and preliminary data suggest that posttransplant infection with KPC-Kp is associated with poor outcomes after liver transplantation
- Is decolonization feasible?

The impact of carbapenemase-producing Enterobacteriaceae colonization on infection risk after liver transplantation: a prospective observational cohort

CRE infections

Giannella M et al. Clin Microbiol Infect 2019;25:1525-1531



- Severe sepsis and septic shock were present at infection onset in 33.3% and 24.6% of cases, respectively

Oral decontamination with colistin plus neomycin in solid organ transplant recipients colonized by multidrug-resistant Enterobacterales: a multicentre, randomized, controlled, open-label, parallel-group clinical trial

Farinas MC et al. *Clin Microbiol Infect* 2021;x:1

- ❖ Multicenter, open label RCT 1:1
 - ✓ SOT were screened for MDR-E before tx and +7 and +14 days after tx

- ❖ 768 tx recipients, 105 colonized pts (ESBL 65, KPC 23)
 - ✓ 53 DT group: colistin sulfate + neomycin sulfate 14 days
 - ✓ 52 NDT group: no treatment

- ❖ MDR-E infection 30 days after treatment: 9.4% vs. 13.5%, $p=0.52$
- ❖ Colonization rate 30 days after treatment: 54.7% vs. 73.1%, $p=0.05$
- ❖ Colistin resistance: 6.1% vs. 2%, $p=0.62$
- ❖ Adverse events: 26.4% vs. 3.8%

Table 2
Main recommendation statements for management of gram-negative colonization in solid organ transplant recipients

	GESITRA (2018) ²¹	AST (2019) ²²	ESCMID (2022) ²³
ESBL-E/ESCR-E			
Screening	Yes	Controversial outside outbreaks	Yes in LT (conditional, low) GCP in all SOT ^a (expert opinion)
Targeted antibiotic prophylaxis	Yes, but avoid carbapenems	Undefined	Yes in LT (conditional, very low) GCP in all SOT ^a (expert opinion)
Decolonization	No	No	NA ^b
CRE/CPE			
Screening	Yes	Yes	Yes in LT (conditional, low) GCP in all SOT ^a (expert opinion)
Targeted antibiotic prophylaxis	No, but consider if high incidence of CPE SSI	Undefined	Insufficient evidence
Decolonization	No	No	NA ^b
MDR-PA			
Screening	No except in Lu-T recipients	NA	NA
Targeted antibiotic prophylaxis	No in non-Lu-T recipients	NA	NA
Decolonization	Nebulized antibiotics in Lu-T	NA	NA
CR-AB			
Screening	NA	In high-endemic settings or outbreak	Yes in LT ^a (conditional, low) GCP in all SOT ^a (expert opinion)
Targeted antibiotic prophylaxis	No	NA	Insufficient evidence
Decolonization	No	NA	NA

AST Recommended vaccinations for adult transplant candidates and recipients

Vaccine	Inactivated/live attenuated (I/LA)	Recommended before transplant	Recommended after transplant	Evaluate for serologic response
Influenza ⁴⁸⁻⁵²	I	Yes	Yes	No
	LA	See text	No	No
Hepatitis B ^{19,23,24,53,56}	I	Yes	Yes	Yes
Hepatitis A ^{a 57,58}	I	Yes	Yes	Yes
Tetanus ⁵⁹⁻⁶²	I	Yes	Yes	No
Pertussis (Tdap) ^b	I	Yes	Yes	No
Inactivated Polio vaccine	I	Yes	Yes	No
<i>H influenza</i> type B ^c	I	Yes	Yes	Yes
<i>S pneumonia</i> (conjugate vaccine) ^{25,26,28,29,64,65}	I	Yes	Yes	No
<i>S pneumonia</i> (polysaccharide vaccine) ^{25,26,28,29,64,65}	I	Yes	Yes	No
Rabies ^{a,d}	I	Yes	Yes	Yes
Human papilloma virus (HPV)	I	Yes	Yes	No
MMR	LA	Yes	No	No
Varicella (live attenuated; Varivax)	LA	Yes	No	Yes
Varicella (live attenuated; Zostavax) ⁶⁴	LA	Yes	No	No
Varicella (subunit; Shingrix)	I	Yes	Yes	No
Measles/Mumps/Rubella ^{60,71-74}	LA	Yes	No	Yes
BCG ^e	LA	Yes	No	No
Smallpox ^{f75}	LA	No	No	No
Anthrax	I	No	No	No

AST Recommended vaccinations for pediatric transplant candidates and recipients

Vaccine	Inactivated/ live attenuated (I/LA)	Recommended before transplant	Recommended after transplant	Evaluate for serologic response
Influenza ⁴⁸⁻⁵²	I	Yes	Yes	No
	LA	See text	No	No
Hepatitis B ^{19,23,24,53-56}	I	Yes	Yes	Yes
Hepatitis A ^{a 57,58}	I	See footnote	Yes	Yes
Pertussis	I	Yes	Yes	No
Diphtheria ⁵⁹⁻⁶²	I	Yes	Yes	No
Tetanus ⁵⁹⁻⁶²	I	Yes	Yes	Yes
Inactivated Polio vaccine ⁵⁹	I	Yes	Yes	No
<i>Haemophilus influenzae</i> type B ^{b63}	I	Yes	Yes	Yes
<i>Streptococcus pneumoniae</i> (conjugate vaccine) ^{25,26,28,29,64,65}	I	Yes	Yes	No
<i>S pneumoniae</i> (polysaccharide vaccine) ^{25,26,28,29,64,65}	I	Yes	Yes	No
<i>Neisseria meningitidis</i> (ACYW) ^{30,64,66} (MCV4)	I	Yes	Yes	No
<i>N meningitidis</i> B	I	Yes*	Yes*	No
Human papillomavirus (HPV) ⁶⁴	I	Yes	Yes	No
Rabies ^{a,c}	I	Yes	Yes	Yes
Varicella (live attenuated) ⁶⁷⁻⁷⁰	LA	Yes	No	Yes
Rotavirus	LA	Yes	No	No
Measles/Mumps/Rubella ^{60,71-74}	LA	Yes	No	Yes
BCG ^d	LA	Yes	No	No
Smallpox ^{e75}	LA	No	No	No
Anthrax	I	No	No	No

Vaccine-Preventable Infections (VPIs) in Solid Organ Transplant (SOT) Recipients and the General Population

A Incidence rates of VPIs in SOT recipients and the general population

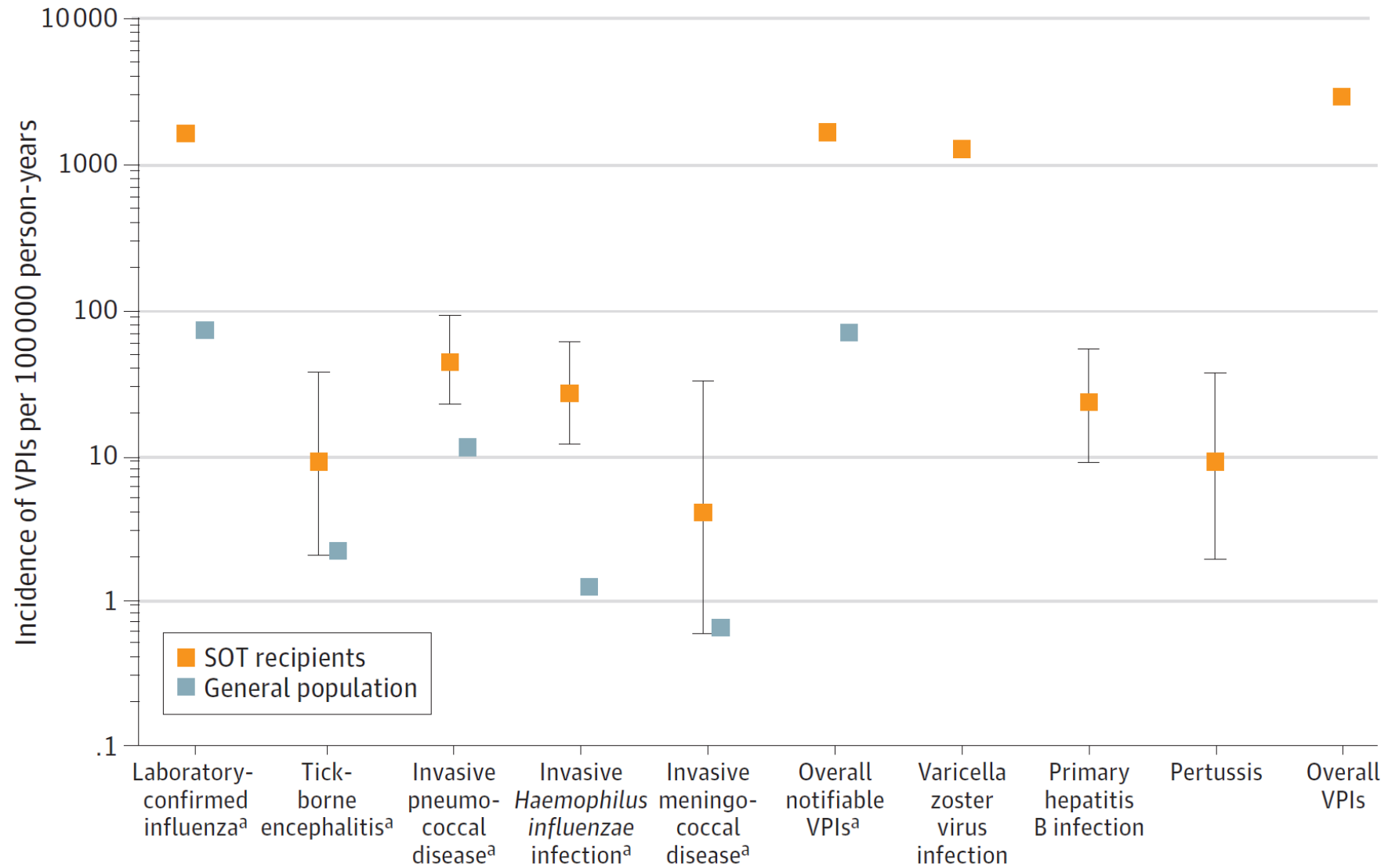


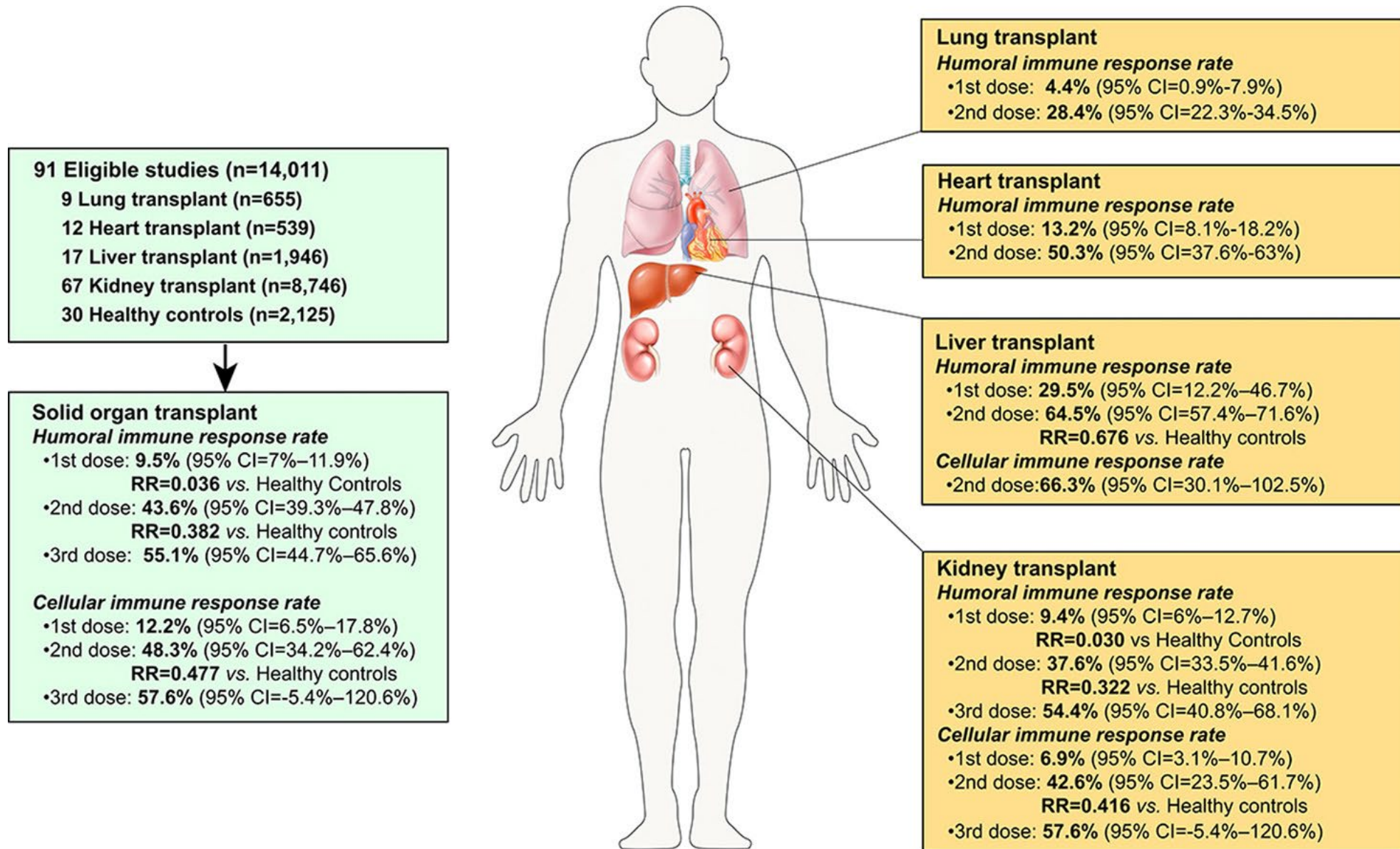
Table 2. Vaccine-Preventable Infection–Associated Morbidity and Mortality in 4967 Solid Organ Transplant Recipients

Disease	Episodes, No.	Patients, No. (%) (N = 4967)	Incidence rate, per 1000 person-years (95% CI)	Episodes, No./total No. (%)		
				Hospitalized for VPI ^a	Graft loss within 90 d after VPI	Death within 30 d after VPI
Overall	668	593 (11.9)	30.57 (28.24-33.10)	198/575 (34.4)	6/668 (0.9)	7/668 (1.0)
Viral VPI						
All	649	578 (11.6)	29.70 (27.41-32.18)	183/558 (32.8)	3/642 (0.5)	7/649 (0.1)
VZV	282	269 (5.4)	12.83 (11.40-14.44)	57/226 (25.2)	3/282 (1.1)	2/282(0.7)
Influenza	360	333 (6.7)	16.55 (14.85-18.46)	124/325 (38.2)	3/360 (0.8)	4/282 (1.4)
HBV infection	5	5 (0.1)	0.23 (0.09-0.54)	0/5	0/5	0/5
TBE	2	2 (<0.1)	0.09 (0.02-0.36)	2/2 (100)	0/2	1/2 (50.0)
Bacterial VPI						
All	19	18 (0.4)	0.87 (0.53-1.39)	15/17 (88.2)	0/19	0/19
IPD	10	9 (0.2)	0.45 (0.23-0.90)	10/10 (100)	0/10	0/10
IHI	6	6 (0.1)	0.27 (0.12-0.61)	4/4 (100)	0/6	0/6
IMD	1	1 (<0.1)	0.04 (0.01-0.32)	1/1 (100)	0/1	0/1
Pertussis	2	2 (<0.1)	0.09 (0.02-0.36)	0/2	0/2	0/2

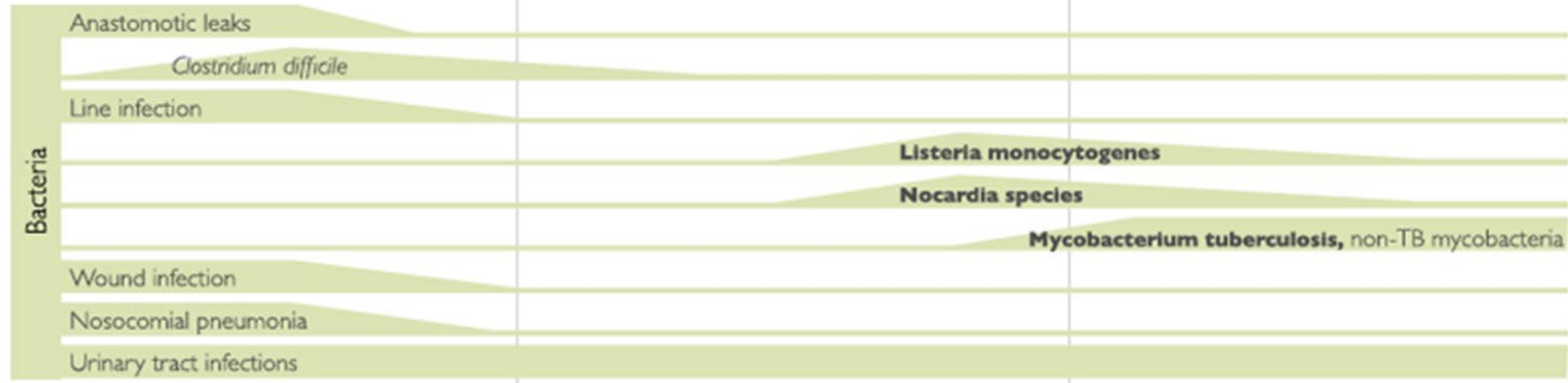
Abbreviations: HBV, hepatitis B virus; IHI, invasive *Haemophilus influenzae* infection; IMD, invasive meningococcal disease; IPD, invasive pneumococcal disease; TBE, tick-borne encephalitis; VPI, vaccine-preventable infection; VZV, varicella zoster virus.

^a Data on hospital admission were only available from December 2011 to December 2019 (575 patients).

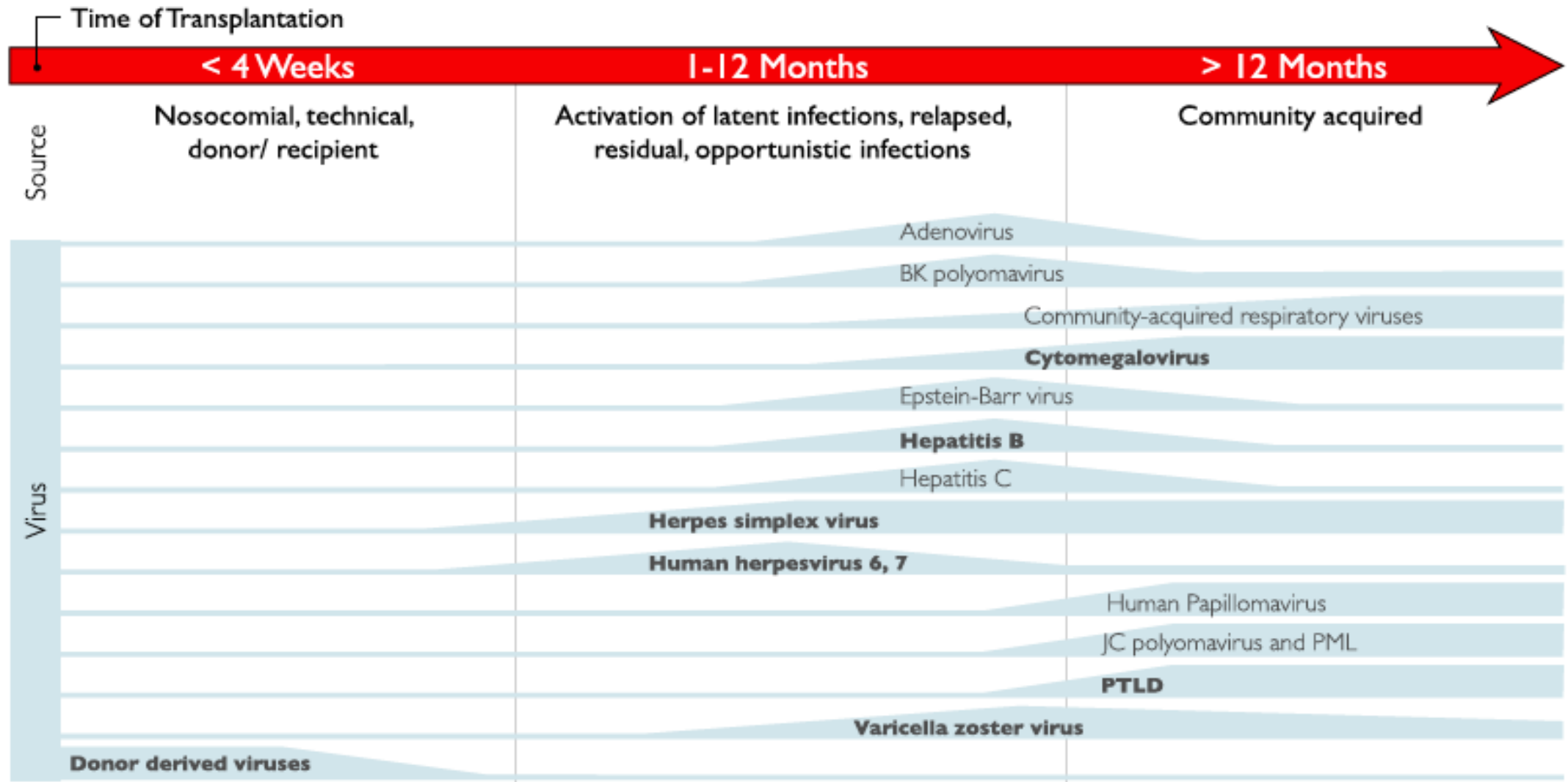
Meta-analysis of the HIR after 3rd vaccine dose in SOT (55.1%)



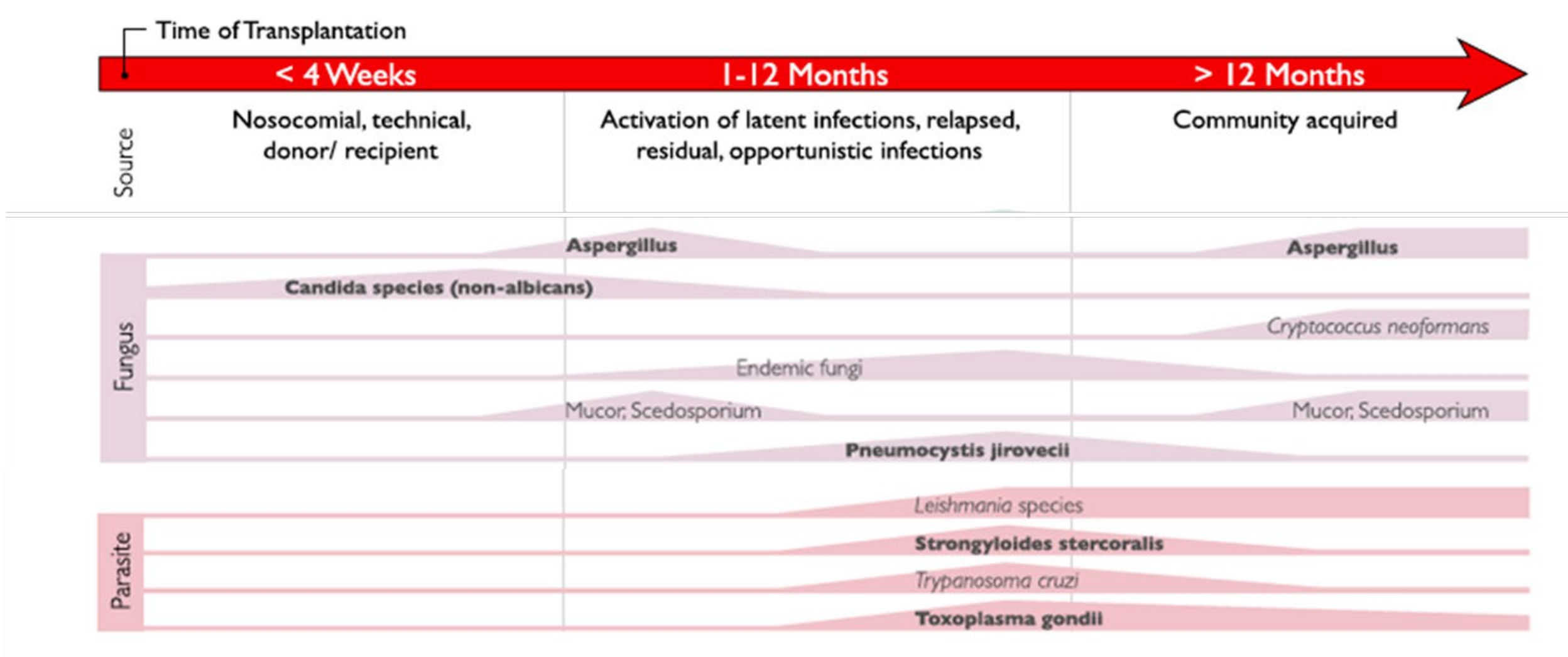
When do infections occur after solid organ transplantation ?



When do infections occur after solid organ transplantation ?



When do infections occur after solid organ transplantation ?



Fishman J. AJT 2017;17:856

Antimicrobial Prophylaxis in Solid Organ Transplant Recipients

Infection	Drug	Duration	Note
SSI	Antibiotics according to the transplanted organ	24-48 hours	
CMV	Valganciclovir	3-6 or 12 months	Duration varies according to the D/R match and the transplanted organ
	Letermovir	6 months	
Invasive fungal infections	Fluconazole or Itraconazole or Voriconazole or Isavuconazole Echinocandins Amphotericin B	According to the risk factors and the transplanted organ	
<i>Pneumocystis jiroveci</i>	TMP-SMX or Pentamidine, Dapsone, Atovaquone, Clindamycin+Pyrimethamine	6-12 months	TMP-SMX remains the drug of choice for PJP Prophylaxis
<i>Toxoplasma gondii</i>	TMP-SMX ± pyrimethamine, Dapsone + pyrimethamine in allergic patients	6 weeks to lifelong	If D+/R- TMP-SMX ± pyrimethamine remains the drug of choice

Other prophylaxis according to specific risk factors

- HSV prophylaxis if D+/R- or no ganciclovir prophylaxis
- Ivermectin 200ug/kg orally for 2 days with repeat 2 weeks later
 - if donor positive (serology or stools for ova and parasites) or
 - universal prophylaxis in highly endemic areas for *Strongyloides stercoralis*
- Early targeted antimicrobial treatment if unexpected donor's cultures or other tests positivity (blood, urine or BAL; malaria, Leishmania, etc.)

Risk factors for Invasive Aspergillosis

Liver transplant recipients

Early (0-3 mo)	<ul style="list-style-type: none">• Re-transplantation• Renal failure, particularly requiring renal replacement therapy• Fulminant hepatic failure• MELD > 30• Reoperation involving thoracic or intra-abdominal cavity
Late (>3 mo)	<ul style="list-style-type: none">• Cytomegalovirus infection• Creatinine > 3.3 g/dL

Kidney transplant recipients

- Pre-transplant diagnosis of COPD
- Acute rejection episode in last 3 mo
- Graft failure
- High and prolonged duration of corticosteroids

Risk factors for Invasive Aspergillosis

Lung transplant recipients

- Single-lung transplant
- Early airway ischemia
- Cytomegalovirus infection
- Rejection and augmented immunosuppression within last 3 mo, particularly in CF patients
- Pre-transplant *Aspergillus* colonization
- Post-transplant *Aspergillus* colonization within a year of transplant
- Positive intraoperative *Aspergillus* culture in CF patients
- Acquired hypogammaglobulinemia (IgG <400 mg/dL)

Heart transplant recipients

- *Aspergillus* colonization
- Airborne *Aspergillus* spores in ICU
- Reoperation (thoracic)
- CMV disease
- Post-transplant hemodialysis
- Existence of an episode of IA in the program 2 mo before or after heart transplant

Recommendations for peri-operative antibiotics prophylaxis in Liver Transplantation

- We recommend a third-generation cephalosporin plus ampicillin or piperacillin-tazobactam alone for up to 24 hours for peri-operative antibiotic prophylaxis in liver transplantation; antifungals may be considered based on individual patient risk (strong, low).
- Another alternative would be ampicillin-sulbactam or in countries where available intravenously amoxicillin-clavulanate for ≤ 48 hours; antifungals may be considered based on individual patient risk (strong, high).
- The use of selective bowel decontamination prior to liver transplantation is not recommended (strong, low).
- The use of pro-biotics is not recommended (strong, low).
- We recommend that if the patient is being treated for an active infection at the time of organ transplantation, the antibiotic regimen should be altered to target specific pathogens based on the current infection and individual risk factors (strong, moderate).

SSI: Risk factors and preventive strategies

- Reducing SSIs requires a multi-faceted approach; **antimicrobials alone are insufficient to prevent this complication.**
- Overall, minimizing surgical operative time and optimizing sterile technique, surgical technique, and peri-operative management of patient comorbidities as well as glucose and temperature regulation are imperative to limit SSIs.
- The 2017 Centers for Disease Control and Prevention Guideline for the Prevention of Surgical Site Infection provides evidence based graded recommendations for the general population that are applicable to solid organ transplantation

CMV Prevention

- The optimal approach to the prevention and treatment of infection due to CMV remains uncertain despite years of experience with antiviral therapies.
- Two approaches to the prevention of CMV disease have emerged:
 - **“universal prophylaxis”** and
 - **“preemptive therapy”**
- Although both can prevent tissue-invasive CMV disease, they are, in fact, quite distinct.

Cytomegalovirus management in solid organ transplant recipients: A pre-COVID-19 survey from the Working Group of the European Society for Organ Transplantation

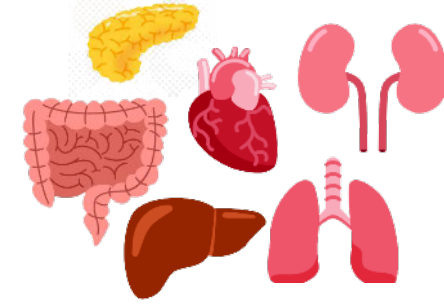
METHODS



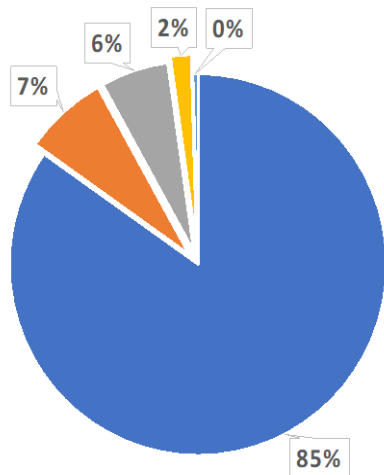
Online Survey
30–40-minute
From 19th Jul to 31st Oct 2019

Promoted via

- ESOT congress app
- ESOT social media posting
- European national transplant societies



RESULTS



- Europe
- South America
- Asia
- North America
- Australia

**Heterogenous approach
to CMV Diagnosis
and Management in SOT**

224
Responses
160 Centers
41 Countries



FUTURE PERSPECTIVE

Harmonize management approaches

- Optimizing immunosuppressive protocols'
- Long term impact of CMV on graft dysfunction and comorbidities
- Personalized anti-CMV strategies based on monitoring of CMV-specific T cell response
- Vaccination
- New drug discovery



PAOLO A. GROSSI, et al. *Transpl Int.* 2022 Jun 22;35:10332.
doi: 10.3389/ti.2022.10332



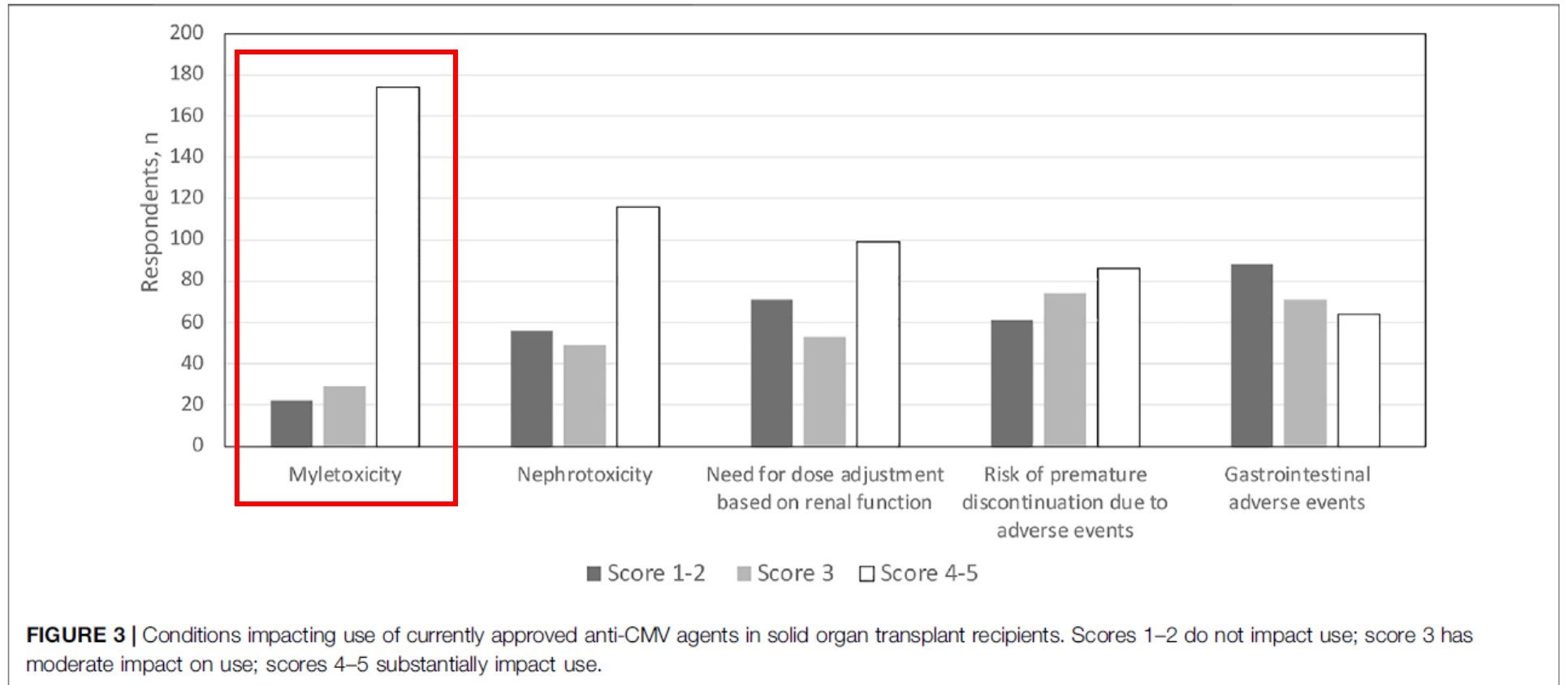
According to donor/recipient CMV serostatus, what is your preventive approach for prevention of CMV disease?

	D+R-	D+R+	D-R+	D-R-
Prophylaxis	173 (77.2%)	99 (44.1%)	87 (38.8%)	32 (14.2%)
PET	21(9.3%)	71(31.6%)	64 (28.5%)	47 (20.9%)
PET after Prophylaxis	28 (12.5%)	12 (5.3%)	14 (6.2%)	5 (2.2%)
none	2 (0.89%)	42 (18.7%)	59 (26.3%)	140 (62.5%)

Myelotoxicity is main condition impacting patients given VGCV

- ESOT survey conducted July 19th to October 31st 2019
- 224 responses, representing 160 hospitals and 197 SOT programs (41 countries; 167[83%] European programs)

- *Despite its widespread use, myelotoxicity was considered to have substantial negative impact on valganciclovir administration (leading to drug discontinuation in 10%–20% of SOT recipients)*



QUESTION Is letermovir noninferior to valganciclovir prophylaxis for cytomegalovirus (CMV) disease prevention in high-risk adult CMV-seronegative kidney transplant recipients who receive an organ from a CMV-seropositive donor?

CONCLUSION Letermovir was noninferior to valganciclovir for prophylaxis of CMV disease over 52 weeks among adult CMV-seronegative recipients who received an organ from a CMV-seropositive donor.

POPULATION

422 Men
167 Women



Adult CMV-seronegative kidney transplant recipients receiving an organ from a CMV-seropositive donor

Mean age: 50 years

LOCATIONS

94
Hospitals
worldwide



INTERVENTION



601 Patients randomized
586 Patients analyzed



301

Letermovir

480 mg of letermovir orally daily,
400 mg of acyclovir twice daily,
and a valganciclovir placebo

300

Valganciclovir

900 mg of valganciclovir orally daily with letermovir and acyclovir placebos

PRIMARY OUTCOME

CMV disease through 52 weeks after transplant

FINDINGS

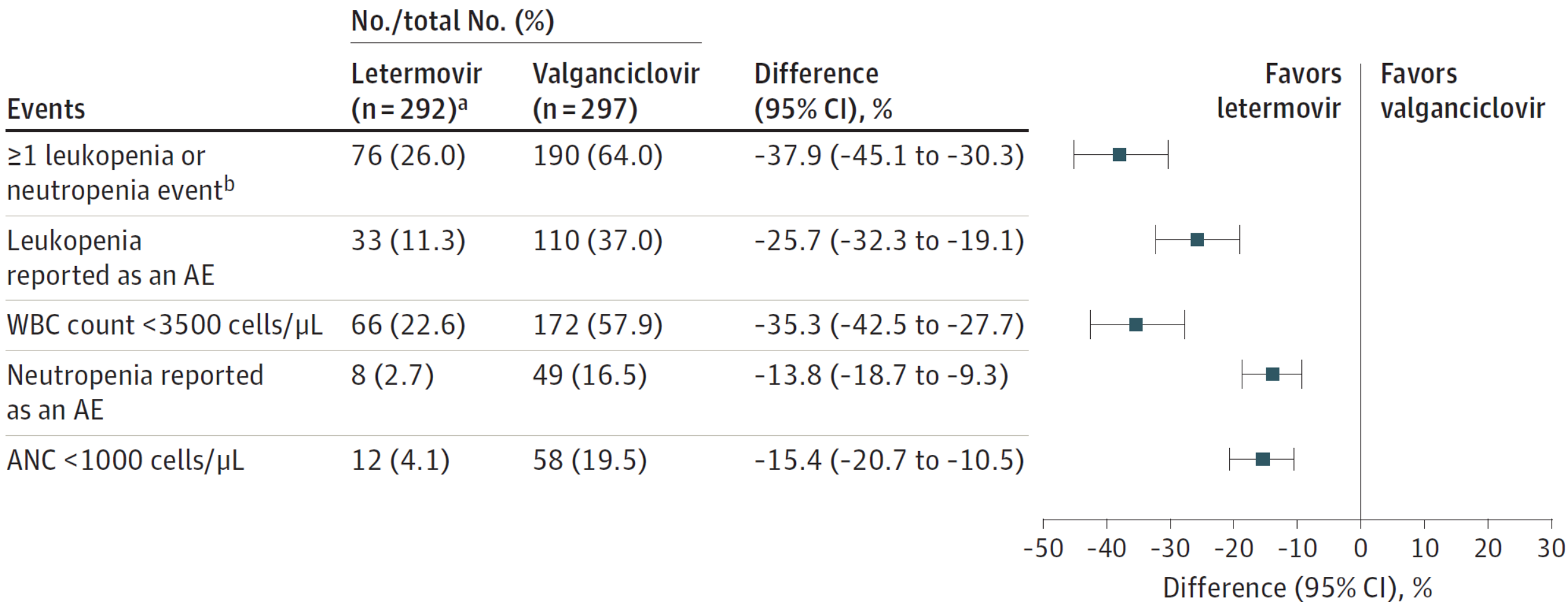
Patients with committee-confirmed CMV through week 52

Letermovir
10.4% (30 of 289 patients)

Valganciclovir
11.8% (35 of 297 patients)

Letermovir was noninferior to valganciclovir:
Stratum-adjusted difference, **-1.4%**
(95% CI, -6.5% to 3.8%)

Leukopenia or Neutropenia Events and Time to Onset Through Week 28 in the Safety Population



Conclusions

- Infections continue to be a major challenge in solid organ transplant recipients.
- Pre-transplant screening and vaccination together with peri- and post-transplant antimicrobial prophylaxis is essential to prevent infections.
- CMV prophylaxis is widely used despite some toxicity with the current drugs.
- The use of a preemptive strategy for prevention of CMV and invasive fungal infection is an alternative to universal prophylaxis.
- Letermovir might become the new standard for CMV prophylaxis in kidney transplant recipients.